

First Impressions Activity

1. Identify a partner to work with (please select someone you don't know/just met)

2. Partner A-

Please take three minutes to share the following information with Partner B.

- Your name
- What you do enjoy most about working in your specific field at UTHSC?
- What is most important for you to accomplish as a leader/contributor in your field at UTHSC?

1. Partner B

- Using the list provided, please select the three adjectives that best describe your first impression of your partner.
- Add her first name to the salutation at the top of the note to the left of the list.
- Sign off, present to your partner.

2. A & B reverse roles

Dear _____,

Please accept this note as a reminder of how you make your mark at UTHSC. As women on this journey together, it is our duty to continue to empower, uplift, and connect with each other.

Sincerely,



UTHSC
women's resource group

- | | | |
|---------------|---------------|----------------|
| Accommodating | Decisive | Objective |
| Accountable | Dedicated | Open |
| Adaptable | Empowering | Passionate |
| Advocate | Encouraging | Pleasant |
| Approachable | Energetic | Proactive |
| Authentic | Ethical | Problem Solver |
| Aware | Fearless | Progressive |
| Bold | Focused | Receptive |
| Brave | Goal Oriented | Respectful |
| Candid | Gracious | Responsible |
| Careful | Honest | Responsive |
| Caring | Humble | Role Model |
| Challenging | Inclusive | Skilled |
| Charismatic | Influential | Smart |
| Collaborative | Innovative | Steady |
| Compassionate | Inspiring | Strategic |
| Considerate | Intuitive | Supportive |
| Contemporary | Knowledgeable | Tireless |
| Courageous | Loyal | Traditional |
| Creative | Mindful | Transparent |
| Credible | Moral | Trustworthy |
| Curious | Motivating | Well-informed |