

University of Tennessee PGY1 Community-based Pharmacy Residency Program



Knoxville, TN

About the site: The Kroger Co. is a large supermarket chain with subsidiaries nationwide including City Market, Dillon's, Fred Meyer, Fry's, King Soopers, QFC, Ralph's, and Smith's Food and Drug. The Nashville Division of The Kroger Co. operates 93 pharmacies across Middle Tennessee, Kentucky, and Alabama. The division office is located in Nashville, TN and provides office space for the resident. In addition to this site, other Nashville Division Kroger Pharmacies provide a diverse practice experience for the UTHSC Community Pharmacy Resident. Kroger Health's Mission is to improve outcomes through simplified solutions that combine health, wellness, & nutrition; connecting with people on an emotional and personal level. Immunizations, Medication Therapy Management, and point of care testing are offered across the division. This program offers the resident the opportunity to develop an advanced clinical skill set in the community pharmacy practice setting.

About the site coordinator/preceptors:

- Dr. Kimberlee Kilgore Meade is the site coordinator for the Knoxville resident. Dr. Meade received her Pharm.D. from the University of Tennessee Health Science Center College of Pharmacy. She completed her PGY1 at Fort Sanders Regional Medical Center in Knoxville, TN. She is the Pharmacy Co-manager at Kroger Pharmacy #684 in Knoxville and serves as the Patient Care preceptor for the Knoxville Resident.
- Dr. Chris Pegg is the pharmacy manager for Kroger Pharmacy #684. He received his PharmD from Mercer University in Atlanta, GA. He serves as the Patient-Centered Dispensing preceptor for the Knoxville Resident.
- Dr. Jim Knight is the Pharmacy Practice Coordinator for Area 2 of the Nashville Division. Dr. Knight received his PharmD from Lipscomb University School of Pharmacy. He completed his PGY1 residency with St. Thomas Health in Nashville and has earned Board Certification in ambulatory care. He serves as the Pharmacy Management preceptor for the Knoxville resident.

Clinical learning experiences:

- The resident will participate in many clinical activities through the year-long learning experiences in a variety of settings including Kroger Pharmacies, the Kroger Nashville Division Office, and related off-site events
 - Provision and expansion of non-dispensing clinical services include the following:
 - Disease state coaching (diabetes, heart health, smoking cessation, fitness, nutrition, and weight management)
 - Immunizations
 - Medication Therapy Management (MTM)
 - Collaboration with division and enterprise level leadership on management issues
 - Regional and national patient-care events, sponsored by Kroger Health at surrounding area Kroger Pharmacies and community partner locations
- One day per week the resident will staff at a designated pharmacy
- Longitudinal learning experiences (e.g. research project, innovative service project)

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- Formal presentation experiences (e.g. journal club, patient case presentations, research presentation at APhA)
- Precepting and training of pharmacy students one-on-one and in small group settings
- University of Tennessee Teaching and Learning Program (teaching certificate awarded)

About the location: Knoxville is the third largest city in Tennessee. It is located just west of the Smokies. The city offers a wide variety of entertainment including hiking trails, a zoo, museums, breweries, The University of Tennessee and World's Fair park, and is home to the Sunsphere. The city is home to UT Vols football, so be sure to catch a game in the fall!

What makes this site unique: The PGY1 Community Pharmacy Residency Program at Kroger-Knoxville involves working very closely with the division's Pharmacy Practice Coordinators. The Pharmacy Practice Coordinator (PPC) is responsible for providing clinical and regulatory guidance to pharmacists and technicians across the area. Additionally, each PPC acts as a subject matter expert and provides guidance for the division around issues related to regulatory compliance, medication safety, academia, or clinical practice. They also provide professional development and serve as instructors for a number of certification programs offered to Kroger Pharmacists. The resident works with preceptors across the area to engage with students while on rotation, facilitating orientation to the experience, journal club discussion, and informal feedback on performance. The resident presents his/her research at the APhA annual meeting and will meet and network with other Kroger Health residents from across the country. Additionally, Kroger Health's goal is to coach and train the next group of leaders to help bring change to the practice of community pharmacy through innovative services and holistic care. Following residency, many residents transition into other roles within the company leading teams within stores or across the Enterprise.

About the current resident: Dr. Mariah Hubi was raised in Philadelphia, PA. She pursued her undergraduate education at Drexel University and earned her Doctor of Pharmacy at Saint Joseph's University Philadelphia College of Pharmacy (formerly known as University of the Sciences). In her free time, she enjoys exploring the town with her husband and learning new recipes.

About the resident's innovative service project: Kroger Health provides quality care to underserved communities and has a mission to connect with individuals on a personal level. Many Hispanic/Latinx patients experience a language barrier to accessing quality healthcare services, which leads to misinformation and improper administration of medications. Dr. Hubi is providing a service to counsel Spanish-speaking patients on proper inhaler device techniques in Spanish to improve adherence.

About the resident's research: The primary objective of Dr. Hubi's research is to study the impact of pharmacist intervention on patients with uncontrolled hypertension in the community pharmacy setting. The goal of this study is to provide evidence that the pharmacist intervention with hypertensive patients who are newly diagnosed or have poor adherence (as measured by PDC) contributes to the mission of Kroger Health and will lay groundwork to determine the feasibility for a new pharmacist-driven service line.

Residents' contact information:

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