

Chief Parental Checklist

Resident Name:

Estimated due date/adoption date:

Expected length of parental leave:

First day of leave (when known):

First day of work after leave (when known):

Prepartum	Completed?	Postpartum	Completed?
Determine length of leave			
Ensure all ACGME required rotations are completed – ICU, NF, ED, neuro, etc.			
Optimize rotations for fellowship			
Optimize last rotation before leave and first rotation back			
Plan coverage for leave			
Plan coverage in case of early leave			
Block clinic time for pumping			
		Adjust schedule if needed for early or extended leave	
Provide resident resource list		Welcome them back!	
Check in periodically		Check in periodically	

Resource List

Resources for Resident Parents

Physician Moms Group (PMG) – General support group on Facebook

Dr. Milk – Lactation support group for physicians on Facebook

**List of residents and junior faculty with young children for informal mentorship