

Curriculum Vitae

Anne H. Zachry, PhD, OTR/L

OFFICE

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PERSONAL

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EDUCATION

Bachelor of Arts, *with High Honors*, 1988, University of Tennessee at Knoxville
Bachelor of Science in Occupational Therapy, 1992, University of Tennessee Health Science Center
Master of Science, *Summa Cum Laude*, 1999, University of Memphis
Doctor of Philosophy, 2009, University of Memphis
Dissertation Title: Emotional transformation in the infant following early experience with independent locomotion.

HONORS & AWARDS

Award Nominee, University of Tennessee Educate President's Award (2019)
Zachry, A. H. Pediatric OT Tips Blog <http://drzachryspedsottips.blogspot.com/> ranked 12th of the Top 50 Pediatric Occupational Therapy blogs on the web. (2018)
Zachry, A. H. Pediatric OT Tips Blog <http://drzachryspedsottips.blogspot.com/> ranked 26th of the Top 75 Occupational Therapy blogs on the web. (2018)
Selected participant, University of Tennessee Leadership Institute (2017)
Award finalist, Memphis Business Journal Health Care Heroes Award (2016)
Awardee, SGAEC Excellence in Teaching Award (2016)
Awardee, University of Tennessee Health Science Center Alumni Association Public Service Award (2016)
Awardee, Benjamin Franklin Goal Medal Award, *Retro Baby*, Independent Book Publishers Association (2014)
Awardee, Honorable Mention for *Retro Baby*, The American Medical Writer's Association Book Awards (2014)
Awardee, Gold Medal Award for *Retro Baby*, Annual Midwest Book Awards (2014)
Zachry, A. H. Pediatric OT Tips Blog <http://drzachryspedsottips.blogspot.com/> - named one of the Top Ten Occupational Therapy Blogs by Horizon Healthcare (2013)
Zachry, A. H. Pediatric OT Tips Blog <http://drzachryspedsottips.blogspot.com/> - named one of the Best Educational Online Tools for Occupational Therapists by Career Moxie (2011)

CERTIFICATION & LICENSURE

Certification, DIR Floortime, 2018, The Interdisciplinary Council on Development and Learning, Inc.
Certified Provider, Interactive Metronome, 2018, Interactive Metronome, Inc.
Certification, Therapeutic Listening, 2018, Vital Links
Certification, Nurturing Parenting Program, 2017, Family Development Resources, Inc.
Certification, Level 1 Provider, Sequential Oral-Sensory Feeding Approach, 2017, Education Resources, Inc.
Certification, Integrated Listening Systems, 2012, Integrated Listening Systems
Certification, Sensory Integration and Praxis Test, 1995, Sensory Integration International
Certification, Occupational Therapist, Registered, 1993, National Board for Certification Occupational Therapy

Licensed Occupational Therapist, Tennessee Number 0000000648

PROFESSIONAL MEMBERSHIPS

American Occupational Therapy Association (AOTA)
Tennessee Occupational Therapy Association (TNOTA)
World Federation of Occupational Therapists (WFOT)

UNIVERSITY FACULTY APPOINTMENTS

University of Tennessee Health Science Center (UTHSC), College of Health Professions (COHP),
Department of Occupational Therapy Program, Memphis, TN
Assistant Professor (2013 - 2019)
Associate Professor (2019 – Present)

CLINICAL EXPERIENCE

Shelby County School System, Department of Special Education Occupational Therapist and
Adaptive Equipment Supervisor, Memphis, Tennessee (1999-2013)

- Provided Occupational Therapy services to children ages 3 to 22 with various diagnoses.
- Responsible for purchasing and managing district's inventory and distribution of adaptive equipment for the therapists.
- Served as a consultant to the district's Assistive Technology Team.
- Provided training of new and current staff members.
- Advised and educated staff therapists on students with Sensory Processing Disorders.
- Provided workshops/training parents of students related to school therapy services.
- Served on the advisory committee for the transition to a unified school district for SCS Department of Exceptional Children.

Rehab, Etc., Memphis, TN, Occupational Therapist (1992-1999)

- Supervised Certified Occupational Therapy Assistants, and provided occupational therapy services to school systems, and to adult and geriatric patients in hospitals, rehabilitation centers, skilled nursing facilities, and in home health settings.

LEADERSHIP EXPERIENCE

Selected participant, Harvard Medical School Global Clinical Scholars Program (2018-2019)

Selected participant, University of Tennessee Leadership Institute (2017)

Academic Leadership Council Member, American Occupational Therapy Association (2016 – Present)

Chair, UTHSC Department of Occupational Therapy (2015-Present, Appointed)

Chair, UTHSC Department of Occupational Therapy Faculty Search Committee (2015)

Chair, UTHSC Department of Occupational Therapy Scholarship Committee (2015-Present)

Developer & Faculty Advisor UTHSC Department of Occupational Therapy Rachel Kay Stevens
Therapy Center, (2015 – Present)

Vice Chair, UTHSC Department of Occupational Therapy (2014-2015, Appointed)

Admissions Chair, UTHSC Department of Occupational Therapy Admissions Committee (2013-
2019)

TEACHING EXPERIENCE

UTHSC, COHP, Department of Occupational Therapy, Memphis, TN (2013-Present)

OT 431 Leadership Development I: Course Director 2019, 15 contact hours

OT 431 Leadership Development I: Course Director 2018, 15 contact hours

OT 437 Perspectives of Early Development: Course Director 2018, 60 contact hours

OT 533 Occupation-Centered Practice in Pediatrics: Course Director 2018, 75 contact hours

OT 431 Leadership Development I: Course Director 2017, 15 contact hours
OT 437 Perspectives of Early Development: Course Director 2017, 60 contact hours
OT 533 Occupation-Centered Practice in Pediatrics: Course Director 2017, 75 contact hours
OT 431 Leadership Development I: Course Director 2016, 15 contact hours
OT 533 Occupation-Centered Practice in Pediatrics: Course Director 2016, 75 contact hours
OT 636 Research Project Implementation: Course Director 2016, 60 contact hours
OT 642 Leadership in Healthcare: Course Director 2016, 5 contact hours
OT 431 Leadership Development I: Course Director 2015, 15 contact hours
OT 536 Research Project Design: Course Director 2015, 15 contact hours
OT 537 Neurological Aspects of Occupational Performance: Course Director 2015, 60 contact hours
OT 641 Perspectives of Aging: Course Director 2015, 60 contact hours
OT 431 Leadership Development I: Course Director 2014, 15 contact hours
OT 537 Neurological Aspects of Occupational Performance: Course Director 2014, 60 contact hours
OT 641 Perspectives of Aging: Course Director 2014, 60 contact hours, 26 students
OT 537 Neurological Aspects of Occupational Performance: Course Director 2013, 60 contact hours
OT 431 Leadership Development I: Course Director 2013, 15 contact hours

University of Tennessee Health Science Center, COHP, Department of Occupational Therapy
Memphis, TN, Guest Lecturer (2010-2013)

University of Memphis, College of Education, Memphis, TN (2009)
EDPR 7511 Introduction to Educational Research, Instructor 2009, 45 contact hours (2009)

ADVISING ACTIVITY

University of Tennessee Health Science Center, Graduate Academic Advising (2013-Present)

EDITORIAL APPOINTMENTS

Pediatrics, Official Journal of the American Academy of Pediatrics (2016-Present)
Journal of Occupational Therapy Education, Eastern Kentucky University (2017-Present)
Maternal & Child Health Journal, Springer Science & Business Media (2017-Present).

SERVICE

University of Tennessee Health Science Center
Faculty Senate Member, at Large (2019-Present)
Faculty Senate Faculty Affairs Committee (2019–Present)
Teaching & Learning Center, Faculty Development Circle (2019-Present, invited)
Teaching & Learning Center, Team-Based Learning Committee (2018-Present, invited)
Public Service Award Committee (2017-Present, appointed)
Accessibility Task Force Committee (2015-Present, appointed)
Teaching Incentive Program Committee (2016-Present, appointed)

College of Health Professions

Member, College Council (2014-Present)
Search Committee Member, COHP, Associate Dean of Finance, Member (2018, invited)
Search Committee Member, COHP, Dean, Member (2016-2017, appointed)
Chair, Update Publication Committee (2014-2018, appointed)
Member, University Therapists Committee (2013-2014)

Department of Occupational Therapy

UTHSC Rachel Kay Stevens Therapy Center, Spearheaded project & faculty advisor (2015-Present)
Chair, Admissions Committee (2014-2017)
Member, Admissions Committee (2012-2013)

PROFESSIONAL SERVICE

Tennessee Occupational Therapy Association West Tennessee District Secretary (2018-Present)
Tennessee Occupational Therapy Association West Tennessee District Chair (2015-2018)
American Occupational Therapy Association Pediatric Workgroup Member (2013-Present)

PUBLIC SERVICE

Volunteer Consultant, KnowledgeQuest Literacy Mid-South (2017-Present)
Volunteer Consultant, St. George's Independent School (2017-Present)
Volunteer Consultant, Porter Leath Preschools (2016-2018)
Faculty Advisor, UTHSC MOT Student Occupational Therapy Association (2013-2016)
Secretary, Camp Conquest for Individuals with Special Needs (2013-2014)
Speaker, Exchange Club First Steps Parenting Program (2013-2018)

RESEARCH AND OTHER EXTERNAL SUPPORT

GRANTS SUBMITTED

UTHSC Rachel Kay Stevens Therapy Center Ready for Kindergarten Proposal. Research Grant. Alliance of Women Philanthropists - Giving Circle. \$7,000. **Anne Zachry, PI.** (2019)
Relaxed & Ready: A Classroom Program to Promote Health and Success in School and Life. Research Grant. William and Ella Owens Medical Research Foundation. \$104,430. **Anne Zachry, PI.** (2019)

GRANTS AWARDED

UTHSC Rachel Kay Stevens Therapy Center Kindergarten Readiness Grant. Research Grant. Urban Child Institute. \$24,759. **Anne Zachry, PI.** (2018)
UTHSC Rachel Kay Stevens Therapy Center Art Show Event Grant. Memphis Medical District. \$1,000. **Anne Zachry, PI.** (2018)
UTHSC Rachel Kay Stevens Therapy Center Grant. Research and Capacity Building Grant. Skelly Foundation. \$20,000. Jami Flick, Brittany Hoffer, Stephanie Lancaster, Anita Mitchell, **Anne Zachry, PI.** (2016)
Early STEPS Project. iRISE Pilot Project Grant. Internal Research Grant. \$10,774. Jami Flick, Brittany Hoffer, Stephanie Lancaster, **Anne Zachry, PI.** (2016)
Special Kids Gaining Skills. Collierville Education Foundation. Education Grant. \$2,000. **Anne Zachry, PI.** (2012)
Hand in Hand with Parents. Tennessee Education Association. Educational Grant. \$2,000. **Anne Zachry, PI.** (2011)

GRANTS NOT AWARDED

Monogram Foundation Grant (2019)
Tennessee-Clinical and Translational Science Institute (TN-CTSI) Research Pilot Proposal (2019)
Urban Child Institute Grant Application (2019)
UTHSC Cornet Grant Application (2017)
Ratcliffe Foundation Grant Application (2016)
Henry W. Bull Foundation Grant Application (2015)
Kemmons Wilson Grant Application for the UTHSC Rachel Kay Stevens Therapy Center (2015)

RKG letter of intent for the UTHSC Rachel Kay Stevens Therapy Center (2015)
Provident Foundation Application for the UTHSC Rachel Kay Stevens Therapy Center (2015)
iRISE Career Development Grant Application (2015)
The American Occupational Therapy Foundation Grant Application. The Effectiveness of
Ayres Sensory Integration Therapy (SIT) on Children with ASD (2013)

BOOKS AND BOOK CHAPTERS

- Mitchell, A. M. & **Zachry**, A. H. (in press). Promoting Upper Extremity Control. In B. Connolly & P. Montgomery (Eds.). *Therapeutic Exercises for Children with Developmental Disabilities* 4th Ed. (pp.). Thorofare NJ: Slack Inc.
- Zachry**, A. H. (2018). *Retro Toddler, More Than 100 Old-School Activities to Boost Development*, The American Academy of Pediatrics.
- Zachry**, A. H. (2013). *Retro Baby, Cut Back on All the Gear and Boost Your Baby's Development with Over 100 Time-Tested Activities*. The American Academy of Pediatrics.

PEER-REVIEWED RESEARCH ARTICLES (*Student names are underlined.*)

- Zachry**, A. H., Woods, L., Jones, T. (2019). Parental Perceptions of Competence Related to School Preparation for their Children after Participation in a Brief Kindergarten Readiness Workshop. *Journal of Occupational Therapy, Schools, & Early Intervention*. <https://doi.org/10.1080/19411243.2019.1700474>
- Zachry**, A. H., Lancaster, S. L., Robertson, E. (2019). The effects of a sound-based intervention on a seven-year old diagnosed with auditory processing disorder. *Annals of International Occupational Therapy*, 2(2), 91-100.
- Zachry**, A. H., Hand, S. B., Nolan, S. K., Slaughter, S. K. (2017). Infant positioning, baby gear use, and cranial asymmetry. *Maternal & Child Health Journal*, 21(12), 1-8.
- Zachry**, A. H., Nash, B. H., Nolen, A. (2017). Traditional lectures and team-based learning in an occupational therapy program: A survey of student perceptions. *Open Journal of Occupational Therapy*, 5(2).
- Lancaster, S. L., **Zachry**, A. H., Duck, A., Harris, A., Page, K. E., & Sanders, J. (2016). Delivery of The Wilbarger Protocol: A survey of pediatric occupational therapy practitioners. *Journal of Occupational Therapy, Schools, & Early Intervention*, 9(3), 281-289.
- Zachry**, A. H., Doan, A., Lancaster, S. B., Simmons, B., Smith, C., & Wicker, N. (2016). A comparison of manuscript and cursive handwriting speed in fifth and sixth grade students: A pilot study. *Open Journal of Occupational Therapy*, 4(2), 1-9.
- Zachry**, A. H., Chappell, L. H., Cox, V. H., Lopez, E. H., Mitchell, A. W., & Woodard, L. (2015). Differences in the angry behaviors of precrawling and crawling infants. *Journal of Education and Human Development*. 4(2), 67-72.
- Zachry**, A. H., Goldman, R. L., Gordon, N. F., Lancaster, S. L., Simpson, K. B., & Springer, S. K. (2015). Differences in happiness after early crawling experience. *Journal of Educational and Developmental Psychology*, 5(2), 8-13.
- Zachry**, A. H., & Mitchell, A. W. (2012). Goal-directed actions and early experience with crawling. *Occupation, Participation & Health*, 32, 48-55.
- Zachry**, A. H., & Kitzmann, K. M. (2011). Caregiver awareness of prone play recommendations. *American Journal of Occupational Therapy*, 65, 101-105.
- Zachry**, A. H., & Kitzmann, K. M. (2010). Disparities in sleep position awareness and compliance. *Southern Medical Journal*, 103, 311-15.

PEER-REVIEWED PRACTICE ARTICLES (*Student names are underlined.*)

- Fabrizi, S., Riley, B., & **Zachry**, A. H. (2017). Building Partnerships with Pediatricians, *OT Practice*, 22(13), 19-21.

- Zachry, A. H., Allen, K., Dickey, C., & Moore, H.** (2016). Opening a student-run pro bono occupational therapy clinic. *OT Practice*, 21(21), 22-24.
- Zachry, A. H., Booker, K., & Woods, L.** (2015). Innovation in action! Utilizing simulation experiences to enrich occupational therapy education. *OT Practice*, 20(15), 20 – 22.
- Zachry, A. H., & Flick, J.** (2015). Occupational therapists: Every day leaders. *OT Practice*, 20(1), 10-20.
- Zachry, A. H., & Slaughter, S.** (2013). Educating caregivers about the importance of tummy time. *OT Practice*, 18(2), 18-19.
- Zachry, A. H.** (2013). Key author of AOTA brochure: Establishing Tummy Time Routines to Enhance Your Baby's Development.
- Zachry, A. H.** (2011). Sensory writing: A team approach to handwriting instruction. *OT Practice*, 16, 7-8.
- Zachry, A. H.** (1999). Hand in hand with parents. *OT Practice*, Bethesda, MD.

OTHER PUBLICATIONS

- Zachry, A. H.** (2011 - present). *Pediatric Occupational Therapy Tips* Blog. Over 1.6 million site visits
- Zachry, A. H.** (2013). Six Things Preschool Teachers Won't Say. Parents.com, Invited
- Zachry, A. H.** (2012). Teaching Little Hands How to Use Scissors, Invited
- Zachry, A. H.** (2012). Crawl, Baby, Crawl. *Pregnancy & Newborn Magazine*, Invited
- Zachry, A. H.** (2012). Babies Love Mobiles. *BabyTalk*, Invited
- Zachry, A. H.** (2012). Ten Skills to Teach Your Preschooler Before Kindergarten. Babble.com
- Zachry, A. H.** (2012). Crawling is Crucial. Babble.com
- Zachry, A. H.** (2012). Why tummy time matters. *Advance*, 28, 27
- Zachry, A. H.** (2012). Safe Sleep Practices. *Pregnancy & Newborn*, Ask the Experts Panel, Invited
- Zachry, A. H.** (2012). Making Tummy Time Fun. *Charlotte Parent*
- Zachry, A. H.** (2012). Tummy Time Tips. *Western New York Family*
- Zachry, A. H.** (2011). Helmets help. *Advance*, 27, 27
- Zachry, A. H.** (2011). Handwriting: Starting with basic strokes and shapes, Guest blog post, Pediastaff.com, Invited
- Zachry, A. H.** (2011). Helping children with autism deal with transitions, Guest blog post, Pediastaff.com, Invited
- Zachry, A. H.** (2011). Correcting letter reversals, Guest blog post, Pediastaff.com, Invited

MEDIA APPEARANCES

NATIONAL

- Fox & Friends Weekend Show, New York NY *Retro Baby* (2013)
- Special Kids School Talk Radio Show, Interview, Assistive Technology: Bridge to Independence (2013)
- Chit Chat Café Radio Show, Interview, *Retro Baby* (2013)

REGIONAL

- FOX News Channel 24, Memphis TN, Local Memphis Live, Interview, Rachel Kay Stevens Therapy Center Art Show (2018)
- WREG News Channel 3, Memphis TN, Live at Nine, Interview, *Retro Toddler* (2018)
- FOX News Channel 24, Memphis TN, Local Memphis Live, Interview, Rachel Kay Stevens Therapy Center Art Show (2017)
- WREG News Channel 3, Memphis TN, Live at Nine, Interview, Rachel Kay Stevens Therapy Center Opening (2016)
- WREG News Channel 3, Memphis TN, Live at Nine, Interview, *Retro Baby* (2013)

FOX 13, Good Morning Memphis, Memphis TN, Interview, *Retro Baby* (2013)
FOX 13, Good Day Tampa Bay, Tampa FL, Interview, *Retro Baby* (2013)

REFEREED PRESENTATIONS

Delta Clinical and Translational Science Health Disparities Conference

Zachry, A. H., Flick, J., Jones, T.L., Richey, P. (2018). The early steps project: Occupational therapy in a pediatric primary care setting. Delta Clinical and Translational Science Health Disparities Conference, Jackson, MS.

Tennessee Occupational Therapy Association Annual Conference

Zachry, A. H., & Woods, L. (2018). Handwriting and Occupational Therapy in the Schools. Nashville, TN

Zachry, A. H. (2017). Opening a Student-Run Pro Bono Occupational Therapy Pediatric Clinic. Nashville, TN

Zachry, A. H. (2017). Creating a Stand-Out Resume. Nashville, TN

Tennessee Simulation Alliance

Lancaster, S. B., & **Zachry, A. H.** (2016). The Pathway to the use of a Structured and Supported Approach to Debriefing. Nashville TN

American Occupational Therapy Association National Conference

Zachry, A. H. (2019). Bridging the Gap Between Academia and Practitioners: Possibilities for Research Collaboration and Funding. New Orleans, LA.

Zachry, A. H. & Flick, J. (2018). OT in Pediatric Primary Care. Salt Lake City, UT.

Flick, J., Lancaster, S. B., & **Zachry, A. H.** (2016). Tune Up Your Teaching Toolbox. Chicago IL

Zachry, A. H. (2016). The Role of Occupational Therapy in the Prevention of Infant Torticollis & Plagiocephaly. Bethesda, MD

Zero to Three National Training Institute

Slaughter, S. L., & **Zachry, A. H.** (2014). A Multidisciplinary Approach to the Prevention of Infant Torticollis and Plagiocephaly, Ft. Lauderdale FL

Tennessee Occupational Therapy Association Annual Conference

Zachry, A. H. (2012). Prevention of Motor Skill Delays and Positional Plagiocephaly with Tummy Time. Nashville TN, Invited

LeBonheur Pediatric Research Day

Zachry, A. H. (2013). The Importance of Back to Sleep. Memphis TN

INVITED PRESENTATIONS

Flick, J. & **Zachry, A. H.** (2015). Occupational therapy strategies to support student performance, Porter Leath Annual Training Day. Memphis TN

Lancaster, S. L., & **Zachry, A. H.** (2015). Embedding OT into the preschool curriculum: Classroom-based strategies to support student performance, Shelby County Municipalities Annual Inservice, Collierville TN

Zachry, A. H. (2014). Understanding Sensory Processing Disorder, Mid-South Autism Conference, Memphis TN

Zachry, A. H. (2013). Implementing Home Programs, Shelby County Schools Parent Training, Bartlett TN

Zachry, A. H. (2012). Hand in Hand with Parents, Shelby County Schools Parent Training, Collierville TN

Zachry, A. H. (2011). ADHD and subtypes, Auditory Processing, Sensory Processing, Dyslexia...What are they? Advocates for Children's Education Meeting, Memphis TN

Zachry, A. H. (2010). Sensory Diets for Children & Adolescents, Shelby County Schools OT/PT Staff Inservice, Bartlett, TN

- Zachry, A. H.** (2009). Handwriting in the Classroom, Shelby County Schools System Wide Inservice, Bartlett TN
- Zachry, A. H.** (1998). Addressing Self-help Skills in the Home Setting, Shelby County Schools Parent Training, Germantown TN
- Zachry, A. H.** (1997). Home Activities to Address Handwriting, Shelby County Schools Parent Training, Germantown TN

CONTINUING EDUCATION PROVIDER

- Zachry, A. H., Weisser-Pike, O.** (2018). Promoting infant and child development. Friendship Community Care Therapist Training, online.
- Zachry, A. H.** (2018). Supporting development in infants, toddlers, & young children, Pediatrics Plus Training Day, Conway AR
- Zachry, A. H.** (2016). Instructor, AOTA Approved Provider CEU Course: Sensory Processing Disorder...Connecting the Dots, Memphis TN
- Zachry, A. H.** (2015). Instructor, AOTA Approved Provider CEU Course: Sensory Processing Disorder...Connecting the Dots, Memphis TN
- Zachry, A. H.** (2014). Developer and Instructor, AOTA Approved Provider CEU Course: Sensory Processing Disorder...Connecting the Dots, Memphis TN
- Zachry, A. H., & Rooke, L.** (2013). Pathways.org for Children: Tummy Time Webinar.

OTHER SERVICE

- Member, Maternal League (2013-Present)
- Deacon, Idlewild Presbyterian Church, Memphis, Tennessee (2007-2009)