

RESIDENT SUPPORT SERVICES

HEALTH AND WELLNESS

University Health Services

University Health offers a number of services to support all employees including housestaff. UHS is committed to providing a healthy and safe work environment for employees and students through education, prevention and treatment programs.

Some of the services of UHS include:

- Immunizations and other preventative services to protect against work-related exposures.
- Routine screening for exposure to work place hazards.
- Evaluation and treatment of work-related illness or injury.
- Facilitation of proper reporting and documentation of work-related illness or injury.
- **Student Assistance Program (SAP)** is available to all residents free of charge, 24 hours a day, 7 days a week. The number is toll free at 1-800-327-2255, option 3 and is answered by a professional counselor. The SAP is a confidential service available to all medical residents and students at UTHSC. SAP provides counseling for up to six free visits per year and is not recorded in any way on insurance or medical databases. Residents have a nationwide choice of providers including a number in the Memphis area. The SAP provides access to professional counseling for academic troubles, marital and family concerns, substance and alcohol abuse, stress, anxiety, depression and other issues that commonly occur throughout life.

University Health Location: 910 Madison Ave., Suite 922

Phone: 448-5630

Emergency Phone: 448-4444 (Campus Security)

Website: <http://www.uthsc.edu/univheal>

Aid for Impaired Residents Program (AIRS) (See GME Policy #260)

Other Mental Health Services

Counseling services and evaluation are also available in collaboration with the faculty of the University's Department of Psychiatry. Confidential counseling or referral will be provided and is covered by the residents' health insurance program.

UTHSC Campus Recreation

The Fitness and Wellness Program of Campus Recreation offers many opportunities that are available to residents. Programs offered include nutritional counseling, fitness assessments, exercise prescriptions, personal training, and various exercise programs including cardiovascular, strength, weight, stress and aerobic programs.

The Fitness Center is located in the Student Alumni Center located at 800 Madison Avenue. For complete information regarding the services, fees, facilities and hours of operation visit the Campus Recreation Website at <http://www.uthsc.edu/campusrec>.

ACADEMIC SUPPORT SERVICES

Student Academic and Support Services

Residents may utilize the services of the Student Academic Support Services Center which is located in the General Education Building, Room BB9. The staff of the SASS provides assistance in the areas of time management, test taking, reading efficiency, note information retention, organization for learning and board preparation. There may be charges for certain services provided at the SASS. Residents interested in the SASS should contact the GME Office at 448-5364.

Instructional Facilities and Support Services

Services provided by the Instructional Facilities and Support Services include audio-visual equipment, laboratory preparation and microscope check-out. IFSS is located in A106 of the General Education Building.

Educational Computing

All residents are provided a University e-mail account. E-mail is the official mode of communication used by the GME Office. The educational technology website serves as a repository for information on instructional technology, with information on pedagogy and practices as well as links to other useful information.

UT Library

The Health Sciences Library and Biocommunications Center is available to residents. Please contact the library to get an access code for use with all on-line services of the library. The website is: <http://library.uthsc.edu>. The phone number is 448-5634.

A clinical library is also available on the 5th Floor of Adams Pavilion of the MED. A resident lounge and computer laboratory with access to the entire UT library is available. Residents may access this site via card reader 24 hours per day.

CAMPUS SECURITY

The University of Tennessee provides campus-wide security 24 hours a day, seven days a week. The campus security officers are commissioned by the Memphis Police Department and have full police powers on the University campus. Call boxes linked directly to Campus Police are located

throughout the campus. In addition, each participating training hospital maintains a security department responsible for hospital security.

Escort Service

Campus security provides an escort service for persons traveling across campus during evening hours. Call 448-4444 for an escort.

The parking garage on N. Pauline St. provides secure night parking with 24/7 police presence and on-demand transportation that will transport and/or retrieve a resident to/from any teaching hospital when schedules or call responsibilities require travel between hospitals.