



## GRADUATE MEDICAL EDUCATION

### **2025 Incoming Residents: United Healthcare Benefits Enrollment Information**

All incoming residents are required to enroll/waive their benefits through our online enrollment platform, **BerniePortal**.

You'll be able to log in and complete your enrollment for a **July 1, 2025** effective date beginning **June 1, 2025**.

EMPLOYEE BENEFITS: HOW TO

## CREATE BERNIEPORTAL ACCOUNT

### **How to Enroll or Waive Coverage**

- 1. Visit:** <https://www.bernieportal.com>
- 2. Log in using your default credentials:**
  - Username: Your UT email address
  - Password: Last 4 digits of your Social Security Number + 2-digit birth month  
(Example: If your SSN ends in 1234 and your birth month is March, your password is 123403)
- 3. Follow the prompts to enroll in or waive your United Healthcare benefits.**

### **Questions?**

If you need assistance during the enrollment process, please contact us at:  
[benefits@hollandinsuranceinc.com](mailto:benefits@hollandinsuranceinc.com) or 662-895-5528