“Disease or Dis-Ease”

“Adapting to or Managing Life Changes”

48th Annual Family Medicine Review Course and the 9th Family Medicine/Psychiatry CME Conference

April 1 - 3, 2016

Fogelman Conference Center
Memphis, TN

Sponsored by:

Departments of Family Medicine and Psychiatry

Registration Form online at  uthsc.edu/fammed

The University of Tennessee is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA institution in the provision of its education and employment programs and services.
PROGRAM
FRIDAY, April 1, 2016

7:30 A.M. Registration and Breakfast Buffet
7:45 A.M. Pre-Test
8:00 A.M. Introduction and Orientation: James Greene, MD, Daniel Sumrok, MD, and Paul Hill, MD
8:15 A.M. Strokes and TIA's: Andrei Alexandrov, MD
9:00 A.M. Hypertension: Keith Ellis, MD
9:45 A.M. Women's Health Review: Beth Choby, MD
10:30 A.M. Break: Refreshments
10:45 A.M. Palliative Care and Cancer: Clay Jackson, MD
11:30 A.M. Luncheon with Keynote Presentation: Clinical Hypnosis & Relaxation Therapy: Allen Battle, PhD
1:30 P.M. Coronary Artery Disease Update: Gregg Mitchell, MD
2:15 P.M. Research Resources for Clinical Studies: Pam Connor, PhD, and Simonne Nouer, MD, PhD
3:00 P.M. Diagnosing Bipolar Disorder in a Family Practice Setting: J. Sloan Manning, MD
3:45 P.M. Break: Refreshments
4:00 P.M. HIV-Update: Neuropsychiatric Implications: Karl Goodkin, MD
4:45 P.M. Prescribing Guidelines for Pain Management and Patient Safety: Michael Baron, MD
6:45 P.M. End of Session

SATURDAY, April 2, 2016 (continued)

1:00 P.M. Geriatric Delirium: Rod Poling, MD
1:45 P.M. Geriatric Substance Abuse: Paul Hill, MD
2:30 P.M. Psychology of Pain: Renate Rosenthal, PhD
3:15 P.M. Break: Refreshments
3:30 P.M. Comorbidities in Bipolar Disorders with focus on Addictions: Radwan Haykal, MD
4:15 P.M. Dealing with Grief: Merry Miller, MD
5:00 P.M. End of Session

1:00 P.M. Coronary Artery Disease Update: Gregg Mitchell, MD
2:15 P.M. Research Resources for Clinical Studies: Pam Connor, PhD, and Simonne Nouer, MD, PhD
3:00 P.M. Diagnosing Bipolar Disorder in a Family Practice Setting: J. Sloan Manning, MD
3:45 P.M. Break: Refreshments
4:00 P.M. HIV-Update: Neuropsychiatric Implications: Karl Goodkin, MD
4:45 P.M. Prescribing Guidelines for Pain Management and Patient Safety: Michael Baron, MD
6:45 P.M. End of Session

SUNDAY, April 3, 2016

7:30 A.M. Breakfast Buffet
8:00 A.M. Asthma Update: Mary Mier, DO
8:45 A.M. Therapy: Syidah Abdullah, MS, MPH
9:30 A.M. Catatonia: Juan Jaramillo, MD

Brief Cognitive Evaluation: Renee Minirth, MD
10:15 A.M. Developmental Tasks of Late Adulthood, Now Comes Wisdom: Sandra Baltz, MD
11:00 A.M. Break – Refreshments
11:15 A.M. Drug Interactions: Clinical and Legal Implications: James Woods, MD
12:00 P.M. Out with the Old and in with the New: A Review of Novel Oral Anticoagulants: Morgan Jones, PharmD
12:45 P.M. COPD and Tobacco Cessation: Sheetal Patel, MD
1:30 P.M. Diabetes Update; Morgan Lisner, MD
2:15 P.M. End of Session

Don't forget to turn in the Course Evaluation Form and Declaration of Hours form
ACCREDITATION
The University of Tennessee, College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT
The University of Tennessee, College of Medicine designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

LODGING
A block of rooms has been reserved at the University Holiday Inn Hotel, 3700 Central Avenue, Memphis TN 38152, (901) 678-8200, directly across from the Fogelman Executive Conference Center. The special conference rate is $119.00 single/double plus taxes. Please make your own reservations if overnight accommodations are needed and ask for the group name: “University of Tennessee”. Special rates are available until March 17, 2016, or until the block is full, whichever occurs first. Once Holiday Inn’s block is full, Fogelman will be offered at $97.00 per room.

LOCATION
This symposium will be held at the Fogelman Executive Conference Center, 330 Innovation Drive, Memphis, TN 38152.

PARKING
For free parking participants should park in the parking garage next door to the Fogelman Executive Conference Center at 330 Innovation Drive. Please bring in your white ticket to exchange for an exit ticket. Parking in other locations will not be validated.

PURPOSE
The purpose of this joint program is to provide practicing physicians, nurse practitioners, physician assistants and other health care professionals an update regarding selected topics of importance integrating family medicine and psychiatry.

EDUCATIONAL OBJECTIVES:
Following this activity, participants should be able to

- Learn appropriate response methods to recognizing patients with symptoms of Stroke and TIA’s.
- Learn about the neuropsychiatric complications of HIV/AIDS and the methods of diagnosis and appropriate treatment for each.
- Improve screening for and arrangement for treatment of a greater portion of patients with Bipolar Disorder or depression.
- New and up-to-date skills for diagnosing and preventive treatment for Women’s Health Issues.
- Recognize Palliative Care and Cancer resources and dealing with grief aspects of medicine.
- Recognize a potential adverse effect of high stress competition: substance abuse.
- Diagnose Diabetes in its early stages to prevent secondary complications.
- Recognize new areas of research and treatment that will facilitate mental health services in future health systems.
- Select mental health services for rural practitioners.
- Argue for better patient outcomes by using in-house mental health services in your practice.
- Use a strategy to enhance access and utilization of your practice by adolescents with substance abuse.
- Ask questions of the experts to solidify understanding of issues covered in the sessions.
- Develop a public health perspective when considering Mental Health services and Substance Abuse Clinics.
- Arrange appropriate evaluation and treatment plans for suspected Substance Abuse Geriatric patients.
- Devise an office system for improving the number of anticoagulant patients achieving their target INR.
- Confidently counsel a family about the level of functioning of an elderly family member and suggest compensatory measures.
- Use some insights about family dynamics to structure an effective family counseling session.
- Devise treatment plans for the Recovering Physician.
- Diagnose Geriatric Delirium and become more familiar with new medicines for treatment.
- Updates with regard to COPD, Tobacco Cessation, Asthma, Catatonia, and Diabetes in the primary care setting.
- Become more knowledgeable about Therapies in the field of medicine for adolescents, adults, geriatrics from Substance Abuse illnesses.
- Use the strategy of Tele-psych medicine for treatments in substance abuse.
- Use the strategy of Hypnosis and relaxation efforts when dealing with substance abuse patients.
- Learn about the consequences legally and clinically of utilizing psychotropic drugs and approaches to minimize side effects.
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The University of Tennessee Health Science Center
College of Medicine

Department of Family Medicine
711 Jefferson, Suite 137
Memphis, TN 38105

Department of Psychiatry
920 Madison, 2nd Floor
Memphis, TN 38105
**COURSE DIRECTORS**

James A. Greene, MD, DLFAPA, FACP, Professor and Chair, Department of Psychiatry, UTHSC, Memphis, TN

Paul Hill, MD, ABPN, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN

Daniel Sumrok, MD, FAAFP, FASAM, Assistant Professor and Medical Director, Department of Family Medicine, UTHSC, Memphis, TN

**PRESENTERS**

Syidah Abdullah, MS, MPH, Instructor, Department of Psychiatry, UTHSC, Memphis, TN

Andrei Alexandrov, MD, Professor and Chair, Department of Neurology, UTHSC, Memphis, TN

Sandra Baltz, MD, Assistant Professor and Chief of Consultation Psychiatry and Geriatric Psychiatry, VA Medical Center, Memphis, TN

Michael Baron, MD, MPH, Medical Director, The Ranch, Nunnelly, TN; Member – Tennessee Board of Medical Examiners, Chair - Controlled Substance Monitoring Database Committee, Department of Health, Nashville, TN

Allen Battle, PhD, Professor, Department of Psychiatry, UTHSC, Memphis, TN

Iverson Bell, MD, Assistant Professor and Residency Program Director, Department of Psychiatry, UTHSC, Memphis, TN

Gary Carr, MD, Diplomate ABAM, Past President FSPHP, Board Registered Interventionist II, Medical Review Officer, DOT SAP, Southern Neurologic Spinal Institute, Jackson, MS

Beth Choby, MD, FAAFP, Associate Professor, Clinical Education, UTHSC, Memphis, TN

Pamela Conner, PhD, Professor, Chair of the Master of Science Epidemiology Program, Clinical Investigation Program, College of Medicine, UTHSC, Memphis, TN

Keith Ellis, MD, Assistant Professor, Department of Family Medicine, UTHSC, Jackson, TN

Karl Goodkin, MD, PhD, Professor and Chair, Department of Psychiatry and Behavioral Sciences, East Tennessee State University, Johnson City, TN

Omar L. Hamada, MD, MBA, FAAFP, FACOG, FICS, Physician Strategist, Emergency Department, Medical Director TeamHealth, Chief Medical Officer - RxGenomix, Executive Coach and Business Consultant - The Locker Room, Brentwood, TN

Radwan Haykal, MD, DLFAPA, Clinical Professor of Psychiatry, UTHSC & Director, Bipolar Spectrum Program, Lakeside BHS, Memphis, TN

W. Clay Jackson, MD, DipTH, FAAFP, Clinical Assistant, Department of Psychiatry; Fellowship Director, Palliative Care, UTHSC, Memphis, TN; Private Practice in Family & Palliative Medicine; President and Medical Director, Methodist Alliance Hospice, Memphis, TN

Juan Jaramillo, MD, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN

Morgan Jones, PharmD, UTHSC, College of Pharmacy, Memphis, TN

**PRESENTERS Continued**

Morgan Lisner, MD, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

J. Sloan Manning, MD, MRO, Medical Director, Novant Health Urgent Care and Occupational Medicine, Greater Winston Market, High Point, NC

Mary Mier, DO, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

Merry Miller, MD, Professor, Department of Psychiatry and Behavioral Sciences, East Tennessee State University, Johnson City, TN; Chief of Psychiatry, JH Quillen VAMC, Mountain Home, TN

Renee Minirth, MD, Chief Resident, Department of Psychiatry, UTHSC, Memphis, TN

Gregg Mitchell, MD, Co-Chair, Associate Professor, Director of Residency Program, Department of Family Medicine, UTHSC, Jackson, TN

Veronica Murphy, MD, Fellow, Department of Psychiatry, UTHSC, Memphis, TN

Simonne Nour, MD, PhD, Assistant Professor, Director of the Master of Science Epidemiology Program, Clinical Investigation Program College of Medicine, UTHSC, Memphis, TN

Sheetal Patel, MD, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

Alana Pearson, MD, Fellow, Department of Psychiatry; UTHSC, Memphis, TN

Rod Poling, MD, Psychiatrist, Maury County Regional Medical Center, Columbia, TN

Jyotsna “Jo” Ranga, MD, Assistant Professor, Program Director, Department of Psychiatry, UTHSC, Memphis, TN

Renate Rosenthal, PhD, Professor and Director of Medical Student Education in Psychiatry, UTHSC, Memphis, TN

James Woods, MD, Assistant Professor, Department of Psychiatry, UTHSC, The Psychiatry Group, Memphis, TN