

August 31, 2021

Dear Colleagues, Residents, Fellows, and Students:

The University of Tennessee College of Medicine Chattanooga (UTCOCMC) and its clinical partner and affiliated hospital, Erlanger Health System (EHS), value the importance of professional fulfillment and are committed to promote a culture of well-being that fosters efficiency of practice and individual resilience. This issue is of a high priority for us. With the assistance of the Well-Being Task Force, which draws on the experience and participation from the UTCOCMC Graduate Medical Education (GME) leadership, the Erlanger CEO and Chief Medical Officer, Erlanger Chief Nurse Executive, Past Chief of Staff, and a champion from most departments, we have initiated a program that is dedicated to:

- Understanding and promoting healthcare professionals, physicians, and trainees engagement and well-being
- Providing resources for healthcare professionals, physicians, and trainees that help them promote their own well-being
- Discovering personal and organizational approaches to prevent and address healthcare professionals, physicians, and trainees distress
- Creating a workplace culture that is energy replenishing and professionally fulfilling

The UT and Erlanger Well-Being Task Force membership is on the next page.

Approval Signatures:



R. Bruce Shack, MD, FACS
Dean



Williams Jackson, MD, MBA
President and Chief Executive Officer
Erlanger Health System



Mukta Panda, MD, MACP, FRCP-London
Assistant Dean, Medical Students and Well-Being



Rachel Harris, BSN, RN
Senior Vice President and Chief Nurse Executive
Erlanger Health System



Well-Being Task Force

Chair

Mukta Panda, MD, MACP, FRCP-London, Professor and Assistant Dean, Well-Being and Medical Student Education

Task Force Members

Natasha Amjed, DO , PGY-3 Resident, Internal Medicine; Chair, Resident Wellness Committee and Resident Advisory Board	William L. Jackson, Jr, MD, MBA , President and Chief Executive Officer, Erlanger Health System
Elizabeth Appling , Chief Diversity Officer, Erlanger Health System	Kimberly Judd, MEd, C-TAGME , GME Lead Coordinator
Donald Barker, MD, FACS , Interim Chief Medical Officer, Erlanger Health System	Jessica Lange, MD , Instructor, Urology
Stacey Blanks, C-TAGME , Urology Residency Coordinator	Sudave Mendiratta, MD, FACEP , Chair, Emergency Medicine
Douglas Brewer, MD, MS, FASCRS, CPE , Chief Medical Officer, Erlanger Medical Group (EMG)	Sharif Murphy, MD , Assistant Professor, Gastroenterology (representing the Medicine Specialty Fellowships)
Steve Burkett , Vice President, Network Development and the Erlanger Medical Group (EMG)	Jetina Okereke, MD , Instructor/Administrative Chief Resident (Representing the Internal Medicine Residency)
Floyd Chasse, MS, MPHR , Vice President Human Resources, Erlanger Health System	Christopher Poole, MD , Medical Staff Representative, Erlanger Health System
Alexandria Cooke, MD , Faculty, Family Medicine	Charlean Roberson , Behavioral Health SS/DA
Gregory Daniel , Chaplain Services, Erlanger Health System	Pamela Scott, C-TAGME , Director, Graduate and Medical Student Education
Nico Domingo, MD , Faculty, Plastic Surgery	Jeremy Screws, MD , Chief Medical Information Officer, Erlanger Health System
Haley Everett, MD , PGY-4 Resident, Surgery; and President, House Staff Association	R. Bruce Shack, MD, FACS , Dean, UT College of Medicine Chattanooga
Robert C. Fore, EdD, FACEHP, CHCP , Associate Dean and Designated Institutional Official	Laurie-Anne Swaby, MD , Assistant Professor, Gastroenterology
W. Heath Giles, MD, FACS , Program Director, Surgery Residency	Julie Taylor , Vice President and Development Officer, Medicine (Representing the Medicine Fellowships) Erlanger Foundation
Charles Gober, MD , PGY-2 Resident, Family Medicine	Heather Urrego, DO , Faculty, Obstetrics and Gynecology
W. Douglas Gregorie, MD, FACEP , Program Director, Emergency Medicine Residency	Ravi Viradia, MD , PGY-7 Resident, 2 nd Year Plastic Surgery
Rachel Harris, BSN, RN , Senior Vice President and Chief Nurse Executive, Erlanger Health System	Amy Wells, MD , Assistant Program Director, Pediatrics
Jacqueline Hogan, CAP , GME Financial Specialist	Charles Woods, MD, MS, FAAP , Chief Medical Officer, Children’s Hospital at Erlanger
Jessica Howell, RN , MIGS Fellowship Coordinator	Chris Young, MD , Erlanger Chief of Staff
	Robert Zylstra, EdD, LCSW , Assistant Program Director, Family Medicine