Faculty Advising Workshop Part 2

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QUIZ



ERAS v. NRMP

- A. These are the same
- B. These are different
- C. Students need only apply to one or the other
- D. These are components of the Match
- E. ERAS has four components including LorP

ERAS and NRMP

- These are separate services offered by <u>two</u> different organizations, and each requires its own registration
- FAQ's:
 - I have already registered with ERAS; do I still need to register with NRMP? <u>YES</u>
 - Am I required to have an NRMP ID to submit with my ERAS application? <u>NO</u>

When should I take my Step 2 exams?

- A. Anytime before graduation
- B. Third year just to get it over with
- C. During internship
- D. Early in the 4th year <u>before</u> November 1

What do I do with my letter of recommendation once it is written?

- A. Fax it to each program the student is applying to
- B. Send it to Memphis
- C. Give it back to the student to edit
- D. Upload it to ERAS through the LorP

NRMP Main Match Calendar

https://www.nrmp.org/calendar/main-residency-applicants/

- September 15, 2021 January 31, 2022 Applicants must register for the NRMP MATCH
- October 1, 2021 Medical Schools upload MSPE packets into ERAS
- February 1 March 2, 2022 Applicants must enter Rank Order List and Certify within the NRMP ROL System
- March 14, 2022 MATCH Week begins
 - March 14 Applicant Match Status and Program Fill Status are available at 9 AM ET
 - Supplemental Offer & Acceptance Program (SOAP) begins at 10 AM ET (Applicants can begin preparing applications in ERAS if unmatched. They cannot communicate with a program until contacted by the program.)
- March 17, 2022 SOAP Round 1 (9 11 AM ET)
- March 17, 2022 SOAP Round 2 (Noon 2 PM ET)
- March 17, 2022 SOAP Round 3 (3 5 PM ET)
- March 17, 2022 SOAP Round 4 (6 8 PM ET)
- March 17, 2022 SOAP Ends with posting of final unfilled positions (9 PM ET)
- March 18, 2022 MATCH Results Released at Noon ET and MATCH Celebrations across the country.



Interview Season

Interviews

Timing

- Most between October and January
- Students will not be able to go for all interviews

Match etiquette and professionalism

• Expense/travel/time away from school

Post Interview Communication and "Thank you" notes

Interviews

<u>Anxiety</u>

What if I don't get invited for an interview?

Reality

• Most interviews are virtual due to the pandemic and changing trends. How will I pay for the travel if in-person travel is permitted?

Second visits?

The GRAPEVINE!

(extremely powerful "media" amongst students on the interview trail)

Surgery PD

- Why do you want to be a surgeon?
- How do you know you have what it takes to be a surgeon?
- What do you like most about our program?
- If for some reason you couldn't be a surgeon, what else would you do?
- Describe your ideal practice after residency.

Family Medicine PD

- What about our program interested you?
- What type of hospitals did you rotate at? Academic Centers, Community Hospitals, etc., follow up: what were you responsible for ..., i.e., shadowing or seeing patients independently with oversight?
- What procedures were you exposed to? i.e., OB deliveries, suturing, gyn procedures, paracentesis, central lines, etc.?
- Who influenced you the most in regards to your specialty decision and why?
- Describe your perfect residency ...
- What are your plans post residency?

Emergency Medicine Chair and PD

- Why are you going into Emergency Medicine?
- What are you looking for in an EM Residency Program?
- What are your future plans? Where do expect to be in 10 years from now?
- Tell me about a mistake you made or a patient's care that did not go well – and tell me what you learned from the case?
- Dr. Mendiratta
- How do you learn best?
- What was the most challenging part of your training? Why?
- Why EM?
- What are your wellness habits?
- What kind of program do you need to succeed?

More:

- Tell me about yourself
- Tell me about a recent case you had which went well and one that did not
- Tell me about the research/meeting presentation/posters you have listed in your CV; know your own research
- Do you have any questions about our program?
- What are your weaknesses and your stengths?

And More:

- Social media footprint
- Thank you notes
 - Send a note to those who interviewed you and the PD to reaffirm your interest in the program
- Second look

– What if you cannot take advantage of this?

Match Etiquette

It is a breach of Match Agreement if:

- A program requests an applicant to reveal specifics of where they are applying
- A program to request an applicant to reveal ranking preferences
- A program/applicant to suggest or inform an applicant that placement on a rank order list is contingent upon submission of a verbal or written statement indicating the program/applicant's preference

Rank List

- Where to start?
- The Match favors the student
- Don't try to outwit the Match
- No interview \rightarrow no rank
- Make sure the student is happy with <u>ALL</u> rank list entries (there is a finite chance that the student could Match with the last program on the rank list)
- **ONLY rank programs in the specific order of your true preference
- **DO NOT rank programs your do not want to consider

Rank List: more

- How long should my rank list be?
 - Length depends on multiple factors:
 - Your competitiveness and the competitiveness of the programs to which you are applying
 - The types of programs to which you are applying (academic vs. community-based vs. rural)
 - Rank list not too short and not too long
 - "Safety" programs?
 - Would I be better off unmatched and enter the SOAP?

Rank lists: more



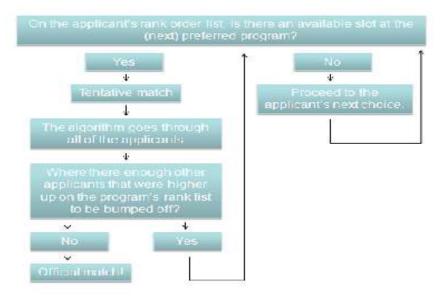
What is Plan B?

- A. Match protection
- B. All students need a plan b
- C. Only surgery students need a plan b
- D. "I won't need plan b; I'll just enter the SOAP"



Medical MasterMind Community "Mentoring the next generation of physicians."

How the NRMP Match Day Algorithm Works



Listen to the full Audio Podcast explanation here:

http://medical-mastermind-community.com/blog/how-the-nrmp-match-day-algorithm-works



$M3 \rightarrow M4$ students seek advice about:

- Academic schedules (January)
 - When do I do my JI?
 - Should I do an away rotation?
 - When should I take Step 2 CK/CS?
- Career interests
- Research advice
- HONEST advising

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- Any two applicants who wish to be matched as a couple can link their rank order lists in the Match
- <u>EACH</u> partner of the couple must enroll individually in the Match and indicate in the R3 system that they want to participate as a couple

 The couple will match to the most preferred <u>pair</u> of programs on the rank order lists where <u>each</u> partner has been offered a position

 If applicants do not obtain a match as a couple, the algorithm does NOT process their lists separately to find possible match for each individual

 The Match algorithm considers only a couple's primary rank order lists when attempting to find a match and does NOT consider a couple's supplemental rank order as a unit

 There are additional Match fees for each member of a couple which are nonrefundable even if the applicants decide to uncouple

Creating Rank Order Lists as a Couple

- The partners must have the same number of ranks
- Each program ranked by one partner must be paired with an active program and or with an indication of "No Match" by the other partner
- Using the "No Match" option means that one partner is willing to be unmatched if the other partner matches to a position in the program designated at that rank

Rank Order Lists

- A program can be ranked more than once on a partner's rank order list provided the corresponding rank on the other partner's list is different
- Rank order lists should NOT be certified at the same exact moments (the system must check the second partner's list for duplicate pairing)
- Couple's rank order lists should be "certified" well before the ROL deadline

Uncoupling

- If a couple chooses to participate in the Match as individuals or if one partner wants to withdraw from the Match, <u>BOTH</u> first must uncouple in the R3 system
- Once uncoupled, each remaining partner must adjust their rank order list by removing duplication programs and re-certifying it before the ROL deadline

2021 Couples Match Data**

- Number of couples: 1,224*
- This means that the Couple Match rate was <u>93.4%*</u>
- * Indicates the highest on record**Numbers do not include SOAP results.

When to inform programs that you are couple's matching?

- Personal Statement
- When scheduling an interview
- During an interview
- In the "thank you" or follow up notes
- Students are NOT required to tell programs they are couples matching



- Military Match is <u>much</u> earlier than the civilian match
- Applications are submitted in September of the M4 year
- Interviews completed by November
- Away rotations MUST be done before then to be helpful
- The Joint Service GME Selection Board ranks and "matches" everyone

- If a student has a military obligation, he/she <u>must</u> apply to the Military Match and the civilian match (ERAS)
- 3 outcomes:
 - A military residency is obtained
 - A civilian residency is obtained with military deferment
 - A military transitional internship is obtained

- If the student is selected for a military residency, he/she will serve as an active duty physician
- Time in residency does NOT count towards any service commitment
- Student will be withdrawn from the civilian match (ERAS) is he/she matches in the military
- Civilian interviews should be done in late December/January
- The JSGMESB uses a structured point system to rank all applicants

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 - Success in med school (class rank, etc)
 - Suitability (letters of recommendation, clerkship evaluations
 - Prior military service
 - Research

What if I don't match?

- Military medical students who do not match in their chosen field may reapply the next year during their internship
- Consider switching into a military residency in another field if available
- Do a one year civilian or military internship (Transitional PGY-1 year)
- Afterwards, the student may:
 - Reapply to a residency
 - Serves as a General Medical Officer (GMO) which fulfills active duty service obligation

REFERENCES: Couples Match

- NRMP Couples Match -- <u>https://www.nrmp.org/residency-applicants/get-ready-for-the-match/couples-in-the-match/?utm_source=search_results_page&utm_campaign=nrmp_search_page&utm_term=couples%20match
 </u>
- <u>https://youtu.be/5TXsLmGTFFQ</u> (Couples Match Videos)

References: Military Match

- <u>http://medicineandthemilitary.com/officer-and-medical-training/residency-and-match-day</u>
- <u>http://medicineandthemilitary.com/officer-and-</u> <u>medical-training/medical-school-timeline</u>
- <u>http://www.gsacep.org/aws/GSACE/pt/sp/studen</u>
 <u>ts</u>
- <u>https://www.emra.org/students/Military/?terms</u>
 <u>=military%20match</u>
- http://www.amsus.org