

RELEASING CASES AND CONTACTS FROM ISOLATION AND QUARANTINE

V2.1 - March 19. 2020

CASES

Must be isolated for a minimum of 7 days after onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours.



isolation

Note: Lingering cough should not prevent a case from being released from isolation.

Examples:

- A case that is well on day 2, and afebrile and feeling well for 72 hours, can be released from isolation on day 7.
- A case that is well on day 6, and afebrile and feeling well for 72 hours, can be released from isolation on day 9.
- A case that is well on day 14, and afebrile and feeling well for 72 hours, can be released from isolation on day 17.

HOUSEHOLD CONTACTS

Must be guarantined for 14 days after the case has been Case's onset date afebrile and feeling well (because exposure is considered 14 days ongoing within the house). Household Case is contact is released If a household contact develops symptoms, they should be afebrile and from quarantine tested. feeling well This means that household contacts may need to remain at home longer than the initial case. **Examples:**

- A case is well 3 days after onset. The household contact must remain guarantined until day 17.
- A case is well 7 days after onset. The household contact can be released on day 21.
- A case is well 14 days after onset. The household contact can be released on day 28.

NON-HOUSEHOLD CONTACTS

Must be guarantined for 14 days from the date of last contact with the case.

