

UT Health Science Center - RETIREES ASSOCIATION

POSTSCRIPTS

www.uthsc.edu/retirees

March, 2016

General Membership Meeting



WHEN: Thursday, March 17, 2016

TIME: 11:30 AM - 1:30 PM

WHERE: Room 305, Student Alumni Center

LUNCH: Reservations Only: Call **Andrea Crisler** (870) 732-4811, email acrisler@uthsc.edu to **make reservations on or before Monday, March 14**. Family members and guests are welcome.

COST: \$9 (First time attendees receive free meal.)

PARKING: Free parking in the garage next to SAC. UTHSC ID required to enter garage.

GUEST SPEAKER:

DR. WILLIAM M. YOUNG, SR.
(please see page 4)

DO YOU HAVE NEWS?

Please send any items of interest for Postscripts to

Andrea Crisler, Editor. Email to acrisler@uthsc.edu or mail to

P O Box 254, West Memphis, AR 72303

From the President

Many of us have our own way of getting started in the morning...usually after coffee, of course. I don't know everyone's method, but each morning I announce to no one in particular, "Well...it's a brand new day!" Most of us are amazed at how time flies.

The Retirees Association is proud of the accomplishments made over the years, but there is much yet to be accomplished. I would like to take this opportunity to formally invite you to join our association.

Goals of the association are to establish opportunities for retired members to address and pursue issues of common concern, create avenues to safeguard and strengthen retirement benefits, and provide forums for information sharing and social interaction.

Membership shall be open to any member who has retired and is eligible to receive benefits under a retirement system, the decision to retire requires many adjustments: physical, mental and emotional.

Enjoy these **Reasons to Embrace Retirement:**

1. Retirement forces you to stop using the excuse that it is your job that is holding you back from doing the things that you have always wanted to do.
2. Retirement allows you to move to a smaller house knowing that you no longer have to waste so much time, energy, and money trying to maintain the biggest house that your credit rating will allow. Truth be known, a small house can hold as much happiness as a large one. Sometimes it will hold even more.

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ID BADGES REQUIRED !!

Retirees must have UT ID Badges to enter the SAC and the Parking Garage. Badges are free and may be procured at the UT Campus Police Office.

RECENT RETIREES

CONGRATULATIONS AND WELCOME!!

Sahar Khalifa Counselor, Student Affairs

Mary Peterson Staff Research Nurse,
Endocrinology

Geraldine Busell Director, Finance and
Operations

Mary Jane Viar Manager, Physiology

Becky Adams Admin. Aide, Orthopedic Surgery

Lloyd George Associate Dean, Dentistry

Diane Weber Administrator, Dentistry

Elaine Stegman Asst. Professor, Dental Hygiene

Jane Castellaw Research Asst., Clinical Pharmacy

Renate Rosenthal Professor, Psychiatry

Leonard Johnson Professor, Physiology

Ann Nolen Chair, OTC

Susan Pfeffer Research Associate, Pathology

Karen Wilson Research Nurse Director, Preventive
Medicine

Martha Howe Professor, Molecular Sciences

Wanda Thompson Data Control Clerk, Campus
Police

Sharon Richardson Business Manager, Academic
Affairs

Alice Shields Accounting Assistant, College of
Dentistry

Polly Edwards Sr. Data Integrity Clerk, Preventive
Medicine

In Memoriam

Hazel Capps November 21, 2015

Staff Psychologist, BCDD (Boling Center
for Developmental Disabilities)

Steven Charles Buckingham, M.D., Pediatrician
November 24, 2015

From his obituary:

“Dr. Steven Charles Buckingham, a man who disliked frivolous euphemisms, passed away on November 24, 2015. Among his many accomplishments as a doctor, I wish to extol his lesser-known achievements. Steve flossed his teeth daily; he did not put Q-tips into his ear canal; he filed the family taxes in a timely manner; he used his blinker when driving, although he was less observant of speed limits; Steve always ate breakfast (Raisin Bran Crunch, black coffee), respecting the most important meal of the day. He will be remembered by his sly, sideways smile as he asked snarky questions, proving a point with not only the residents at LeBonheur but also with his children at home. His knowledge of medicine was rivaled only by his uncanny ability to reference

esoteric movies and music in every situation; his bedside manner surpassed only by his dry with and corny jokes. Steve was not only a giant in the Memphis pediatric infectious disease world, he had an impressive plans for the future. He was going to reach a PhD in American colonial history, he was going to be an actor, he was going to be a star, he was going to shake his ass on the hood of Whitesnake's car. If you wish to honor Dr. Buckingham's memory, drink good coffee, read important books, spend time outside on walks and in the garden, listen to music, tell your wife how hot she is, eat leftovers on Sunday afternoons, attend school-sanctioned events for your kids, watch sports with friends, and, if you so desire, donate to the American Heart Association or LeBonheur Children's Hospital.”

Frank H. Morgan, D.D.S.

November 26, 2015

Dr. Morgan served as a Marine from 1951-54, served at the VA Hospital in New York after graduating from UT College of Dentistry. In 1980, he created TiMesh, Inc., a medical hardware company. Using titanium bone plates and titanium bone screws, this business was dedicated to correcting cranio-facial defects in adults and children.

Thomas Jefferson Jefferson White, III, M.D.

November 27, 2015

Dr. White was a radiologist, member of UTHSC faculty, an officer in the US Air Force, and played bass guitar in the Doctor's Band.

Ernest Lowery Cashion, Jr., M.D

November 28, 2015

Dr. Cashion served in World War II; he became the Chief of Neurosurgery at the Memphis VA Medical Center where he remained until his retirement.

Richard Jefferson Oglesby, DDS

December 3, 2015

Dr. Oglesby was a former faculty member at UT, and also taught at the Dental schools of Northwestern University in Chicago, and at Fairleigh Dickinson University in Teaneck, N.J. where he also served as Associate Dean and Dean of Students.

Bernard LeRoy Rainey, DDS

December 27, 2015

During his years at UTHSC, Dr. Rainey served as Director of Graduate Program, Chairman of Periodontology, and Professor Emeritus.

(President's Message - continued from page 1)

3. If you were a go-getter in the workplace, you no longer have to listen to co-workers belittle your accomplishments with statements such as, "With your territory, anyone could be the number one salesperson in the country."
4. You can lean back with your copy of the international bestseller *How to Retire Happy, Wild, and Free* and care not what happens because you know this: Retirement is the beginning of life — not the end.
5. You can call your former co-workers while they are at work and tell them that you have just gotten out of bed and might go back for a nap after your midday breakfast.

Looking forward to seeing you at our luncheon,

Earl Terrell, President

REMINDERS:

- * UT Retirees may use the UT Recreation and Fitness Center free of charge. For hours of operation and other information, call 448-5612.
- * ID Badges are required to enter the SAC and the UT Parking Garage. Retirees may obtain badges at no charge at the UT Campus Police Office. See Sgt. Avis before any Thursday luncheon meeting to have your free ID Badge made.
- * Visit the UT Retirees webpage for current notices and for past issues of PostScripts. Go to: <http://www.uthsc.edu/retirees>
- * An office has been established on-campus for the Association in the SAC building for assistance to those considering retirement or more information about the Retirees Association.

**2016 Board Meeting
And
Luncheon Schedule
Mark your calendars**

March 17, 2016 Luncheon Meeting
May 19, 2016 Board Meeting
June 16, 2016 Luncheon Meeting
August 18, 2016 Board Meeting
September 15, 2016 Luncheon Meeting
November 17, 2016 Board Meeting
December TBA (to coincide with
Chancellor's Holiday Party)

**UTHSC RETIREES ASSOCIATION
OFFICERS AND BOARD MEMBERS
2015 - 2016**

*Past President and
Chairman of the Board* Bobby Thomas
President Earl Terrell
Vice President Pam Vaughn
Secretary Andrea Crisler (2016)
Treasurer Marsha Ewart (2016)
HR Support Debbie Jackson (ex officio)
Administrative Support Liz Roemer (ex officio)

AT LARGE BOARD MEMBERS

Terms expire in 2016
Roni Engle
John Crisler

Terms expires in 2018
Lue Ida Walls-Upchurch
Larry Qualls
Vic Crutchfield
Barbara Culbreath

Newsletter Editor
Andrea Crisler (appointed)

Retirees Office Now Open

The NEW Retirees Office in the SAC, Room 312 B, will be open 2nd and 4th Wednesday's of the month (unless UTHSC is closed), 11:30 am to 1:30 pm. The phone number is (901) 448-5069. We want to be available to retirees and those considering retiring to answer questions, relate pros/cons from our experiences or to refer people to the person knowledgeable to answer your questions.

If you know someone with questions about retiring from UT, please refer them to this new service.

Guest Speaker for March Luncheon



Dr. William Young has over 42 years in ministry and over 35 years in counseling and goes across the country speaking about suicide, mental health, and emotional issues. He is a licensed Professional Counselor and serves as Bishop of Greater Fellowship

Ministries, Inc., founder of Greater Fellowship Faith Tabernacle, Bolivar, Tennessee and The Healing Center Full Gospel Baptist Church, Memphis, Tennessee. Dr. Young is a Veteran with the United States Army, having served his country during the Vietnam War, stationed in the Central Highlands of Vietnam (June, 1969-July, 1970). He was the first African American Staff Chaplain to serve at Methodist Health Systems in Memphis from June 1981 to July 1994. Before accepting that assignment, he served as Staff Chaplain at Western State Mental Institute in Bolivar, Tennessee. Young is a Clinical Member of The American Association of Marriage and Family Therapy since 1990. He is licensed by the State of Tennessee in three areas: Marriage and Family Therapist; Professional Counselor; and as a Clinical Pastoral Therapist. He is a graduate of Lemoyne-Owen College. He earned his M. Div. in Pastoral Care and Counseling from Memphis Theological Seminary and did doctoral work on his D. Min at Louisville Presbyterian Seminary completing the doctorate of Ministry at Carolina Theological Seminary. He is a charter member of Kappa Alpha Psi Fraternity. The 30 years of experience in the field of counseling has allowed Dr. Young to be a pioneer in the field among African American Clinicians. He specializes in marriage and family, grief, stress and burnout.

He and his wife hosted the first National Suicide and the Black Church Conference at The Healing Center in Memphis, Tennessee, in 2003.

Dr. Young has partnered with numerous agencies, churches, and community leaders in regards to making aware the needs of the African American community including:

- The National Pregnancy and Infant Loss Awareness Day
- Faith-based Domestic Violence Program
- He has served as Co-Chair for the Shelby County African American Mental Health Summit.
- Member of the faith-based Council to assist the County Mayor.

- Appointed by Governor Phil Bredeson to the Suicide Prevention Network Advisory Board for the State of Tennessee.
- Recipient of the Outstanding African American Alumni Award from Memphis Theological Seminary in January, 2005.
- On October 25, 2007, he was the recipient of the Distinguished Living Award From Methodist Foundation, becoming the first Pastor given this award because of his ability to combine faith and health through the church.
- National Advisory Board Member, for National Study of Determinants of Early Diagnosis, Prevention, and Treatment of TB in the African-American Community, January, 2008.
- Emotional Fitness Centers of Tennessee, visionary for new faith-based project designed to de-stigmatize the mental health needs in the African-American community utilizing the trusted institution of the church.
- National Suicide Hotline Advisory Board Member,
- Suicide Workshops and Presentations,
- Clergy Consortium on Mental Health World Council of Churches and Faith Communities, Suicide Prevention Resource Center Steering Committee,
- Senior Scholar, Faith & Health Division, Methodist Healthcare, Memphis, Tennessee.
- Action Alliance For Suicide Prevention, Dr. Young is the author of a book: ***The Mourning After***. This book is an accumulation of his many years of experience in the area of grief and loss. It is a guide to recovery from the losses of life: death, aging, homicide, suicide, war experience, retirement, divorce, separation, health/body image, and miscarriage/abortion. He also gives information that enables individuals to help those grieving a loss.

Highlights from December Retirees Luncheon

Chairman Bobby Thomas gave a short update on the state of the Retirees Association:

- ❖ Produced new brochure for prospective retirees to be included in HR packets
- ❖ Membership increased 10%
- ❖ Retirees Association Office has opened in the SAC.

New ideas are welcome, let us know yours!

<p>Retirees Association Membership dues Annually - \$5.00 Lifetime membership - \$50.00</p>

Again, thanks to everyone who has responded to this appeal.

We are updating the UTHSC Retirees Association member information. Many of you have responded to this request and it is much appreciated. If you have not filled out the form, please do so and bring it with you to the next Luncheon or mail it to

Andrea Crisler
PO Box 254
West Memphis, AR 72303

Thank you for assisting us with this effort.

UTHSC RETIREES ASSOCIATION
MEMBERSHIP INFORMATION UPDATE

Name: _____

Address: _____

Primary Phone: _____

Add'l Phone: _____

Primary Email Address: _____

Additional Email Address: _____

_____ Check here if you are a paid Lifetime member

