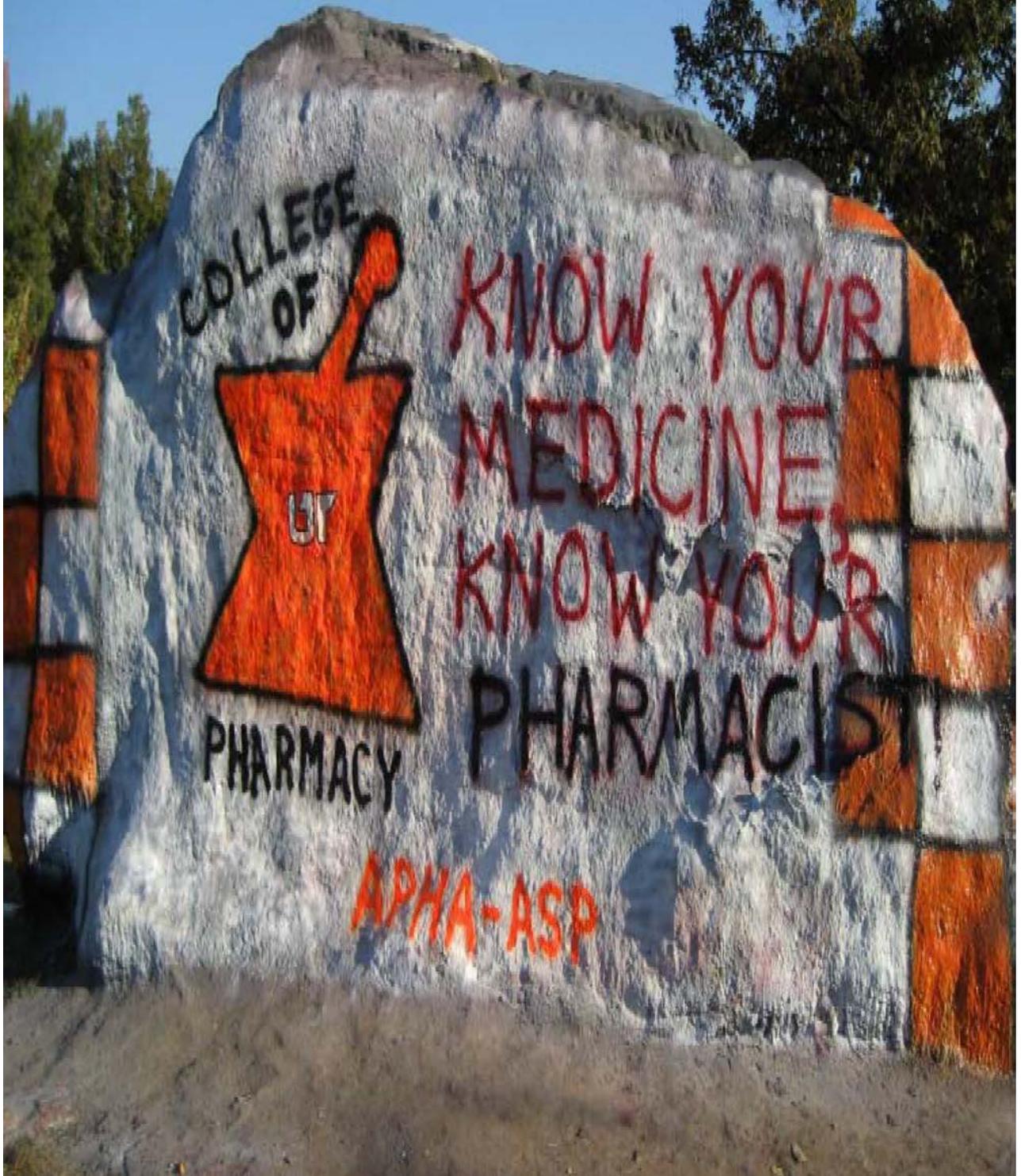
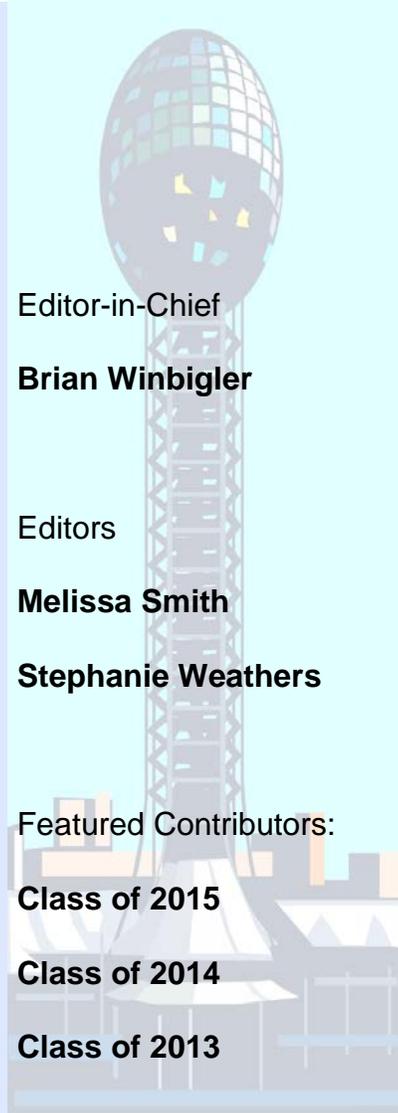


# THE ROCK



# TABLE OF CONTENTS

<b>3</b>	<b>GENERAL INFORMATION</b>	
	3	Building/Parking/Map
	4	Security
	4	Libraries
	4	Networking
	5	Textbooks
	5	TRECS
<b>6</b>	<b>STUDENT SERVICES</b>	
	6	Student Health Services/Counseling
	6	VolCard Info
	6	Football Ticket Info
<b>8</b>	<b>KNOXVILLE AREA INFORMATION</b>	
	8	Outdoor Activities
	8	Attractions
	9	Movie Theaters
	9	Banks
	10	Hospitals
	11	Map of Downtown Knoxville
<b>12</b>	<b>SHOPPING/RETAIL</b>	
	12	Knoxville Center Mall, West Town Mall
	13	Turkey Creek/Tanger Outlets/Specialty/Office Supply
	14	Discount/Grocery
	15	Home Improvement/Hobby
<b>16</b>	<b>RESTUARANTS</b>	
	16	On the Strip
	16	Italian
	17	Mexican
	17	Oriental/Sushi
	18	American
<b>19</b>	<b>NIGHTLIFE</b>	
	19	The Strip
	19	Downtown Knoxville
	20	Old City
	20	Central/West Knoxville
	21	Clubs
	22	Concert Venues
<b>23</b>	<b>HOUSING</b>	
<b>28</b>	<b>WORSHIP CENTERS</b>	
<b>29</b>	<b>HELPFUL KNOXVILLE TERMINOLOGY</b>	
<b>30</b>	<b>WORDS OF WISDOM</b>	



Editor-in-Chief

**Brian Winbigler**

Editors

**Melissa Smith**

**Stephanie Weathers**

Featured Contributors:

**Class of 2015**

**Class of 2014**

**Class of 2013**

**Thank you Dr. Chyka and  
Dr. Byrd for your support**

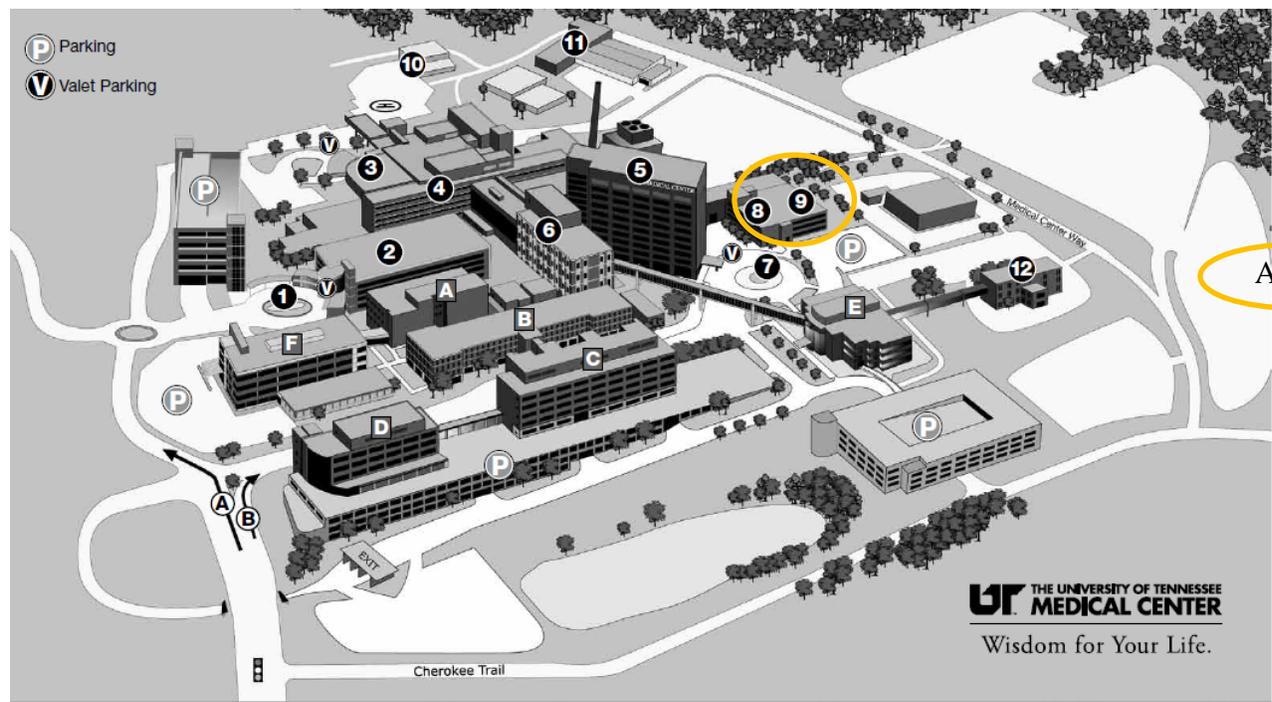
# GENERAL INFORMATION

Welcome to Knoxville and to East Tennessee!!! We know that you have made a great decision to finish out your pharmacy career here and “The Rock” is a guide to make your transition as smooth as possible. You are now embarking on yet another year filled with challenges, but hopefully some much needed fun time awaits. Good luck and enjoy!

## UTCOP Building/Parking

- ~ The College of Pharmacy building is located at the University of Tennessee Medical Center (UTMC). UTMC is at 1924 Alcoa Highway, Knoxville, TN 37920.
- ~ You will be given your parking tag during orientation and will park in A lot.
- ~ Lockers are located on the second and third floors and are available upon request.
- ~ Parking permits for UTK are available and are OPTIONAL
  - o UTK Parking Maps: [www.utk.edu/maps/](http://www.utk.edu/maps/)
  - o Commuter parking permit: **\$182.00** (August-May)
  - o Evening Parking Permit: after 3:00 pm in commuter lots and after 4:00 pm in staff lots: **\$38**(August-May)

**UTCOP Building Hours**  
**M-F: 7:30am-5:30pm**



**Route A:** To Hospital/Main Entrance, Parking Garage, Emergency Dept, MRI, Endoscopy and Cancer Institute  
**Route B:** To Medical Offices and Parking Garage

- 1** Fountain Circle
- 2** Heart Hospital, Endoscopy Center, MRI
- 3** Emergency/Trauma
- 4** North Tower
- 5** Boling Patient Pavilion

- 6** South Pavilion
- 7** Flag Circle
- 8** UT Graduate School of Medicine  
University Family Medicine
- 9** UT College of Pharmacy
- 10** UT LIFESTAR
- 11** Human Resources/  
Facilities Planning
- 12** Cherokee Trail Building

### Medical Office Buildings

- A** Medical Building A
  - B** Medical Building B
  - C** Medical Building C-Brain and Spine Institute
  - D** Medical Building D-UT Day Surgery
  - E** Medical Building E-Heart Lung Vascular Institute
  - F** Medical Building F-New Cancer Institute
- Opening Fall 2012*

## **Security**

- ~ All security is provided by the UT Medical Center
- ~ There are emergency phones with a direct line to UTMC security dispatcher
- ~ There are 2 phones on every floor
- ~ Emergency phone number: **(865) 305-9110**. Non-emergency phone number: **(865) 305-9540**
- ~ UT Alert is a text messaging service used for UTK campus emergencies and university closings. Sign up by going to [www.utk.edu/utalert](http://www.utk.edu/utalert) and type in your UTHSC net ID and password
- ~ Monthly UT Medical Center security reports are posted in Room 309 on one of the bulletin boards

## **Libraries**

- ~ The UTHSC Memphis library is available online at <http://library.uthsc.edu>.
- ~ The Preston Medical Library at UTMC has wonderful staff and professional librarians available during the hours listed to the right to help you find print and electronic resources within the UT system. All journals, books, articles, etc. are available to College of Pharmacy students. Students will also be able to print for free using the student copy code (117). Copies of student textbooks are also kept here for your use.
- ~ For UTK library hours please visit [www.lib.utk.edu/hours](http://www.lib.utk.edu/hours). Your UTHSC ID will be used to check out books and your VolCard will be used to print. There are machines located in the library so you can deposit money on your VolCard.

**Preston Medical Library Hours**  
Monday-Thursday: 8:30am-9:00pm  
Friday: 8:30am-5:00pm  
Saturday: 9:00am-5:00pm  
Sunday: 1:00pm-9:00pm

## **Internet Networking**

- ~ You will need to register your personal computer and PDA with the UTK network if you plan on using wired or wireless connections while at the UTCOP building as well as the UTK campus. First, call the UT OIT HelpDesk at (865)974-9900. They will help you get everything set up. See Rick Frost if you need additional help. (He is AWESOME!!)

## **Textbooks**

- ~ All UTCOP textbooks can be ordered through the UTHSC bookstore online.
- ~ The UTK Book and Supply store does not sell the UTCOP textbooks, but for additional resources and UT apparel this is a good place to look. The store is two floors, the apparel and gifts are on the first (top) floor and the textbooks are on the bottom floor. You can pay with cash, check, or credit card.
- ~ It is also great to look at Amazon.com, Half.com, and other websites for great deals on books.

## **TRECS (Recreational Sports Facility)**

- ~ Your VolCard is needed to access the center and all other athletic facilities.
- ~ Fitness classes are Free to all UT students and schedules/descriptions can be found on their website: <http://recsports.utk.edu/>.
- ~ Hours and locations of all athletic facilities are also located on their website.
- ~ (865)974-5165
- ~ Four basketball courts, Indoor golf simulator, Indoor walking track, Aerobics Rooms (classes offered)

### **Hours of Operation**

**Monday-Friday**

**6 AM – 11 PM**

**Saturday**

**10 AM – 9 PM**

**Sunday**

**12 PM – 11PM**

**For Holiday Hours:**

**<http://recsports.utk.edu/>**

# STUDENT SERVICES

## ***Student Health Services/Counseling***

- ~ All College of Pharmacy students have access to Student Health Services on the UTK campus. You will need your VolCard to access this service.
- ~ The address: 1800 Volunteer Blvd., Knoxville, TN 37996 (865)974-3648. Services include primary care, allergy, family planning, and others which can be found at <http://studenthealth.utk.edu/>.
- ~ Remember to get your TB skin test taken this fall!!
- ~ For after hours emergencies, go directly to the UT Med Center Emergency Room and show them your VolCard. Your insurance will be billed and depending on the insurance coverage, there could be a charge.
- ~ Counseling services are also available at no cost, as long as you have your VolCard, at the Student Health Center. Services include crisis intervention, individual, couples, and group counseling, and psychotherapy.

**Campus Clinic Hours**  
M, Tu, Th, Fri  
8:00 am – 4:30 pm  
Wednesday  
9:00 am – 4:30 pm

## ***VolCard***

- ~ Just like your ID was needed in Memphis for everything, the same is true for the VolCard if not more.
- ~ The VolCard office is located in Neyland Stadium between gates 12 and 13. Tell them you are a College of Pharmacy student when you get your ID made.
- ~ The VolCard is needed for any sporting event, health services, counseling, printing, TRECS, so be sure to keep this with you at all times.
- ~ VolCard services however are not available during the summer, unless it is the summer between your P3 and P4 year, since you will be on rotation.
- ~ Visit <http://web.utk.edu/~volcard/studaccount.html> for more information about AllStar Accounts. This is a way for you to put money on your card to use the printers/copiers at the UTK libraries, as well as snack and drink machines throughout the UTK main campus.
- ~ Your VolCard will not be used much at the UT Medical Center or at the College of Pharmacy building. You will still need your UTHSC ID from Memphis with you, especially when Applied Therapeutics and rotations begin.

## ***Football Tickets***

(All prices are based on the 2012 season.)

- ~ Students may purchase home football tickets for \$10. Away football tickets are sold at face value.
- ~ Each student may request up to 2 guest tickets for home games. Guest tickets are sold at face value and can cost anywhere between \$40 and \$70 per game, depending on the game.

- ~ The opportunity to purchase tickets and the seat location of those tickets are based on what is called “loyalty points.” [http://bigorangetix.utk.edu/football/How\\_It\\_Works.pdf](http://bigorangetix.utk.edu/football/How_It_Works.pdf).
- ~ Seating: (This is important!) In order to sit with your friends, you must form a group and have a designated “Group Leader.” The maximum group size is 12.
  - Group leaders must identify themselves by checking a box in their online account. They must also enter their NetID in the group field.
  - Students wanting to sit with the “Group Leader” must enter the group leader’s NetID in the group field.
  - Seat location is based on a weighted loyalty point selection, which takes the average of loyalty points held by the group.
- ~ **Purchasing Home Football Tickets;** go to [www.bigorangetix.com](http://www.bigorangetix.com) to purchase tickets. The first time you log in, you need to use your NetID username and the password is ‘guest’ (password is case-sensitive). Once you log in, you will be prompted to change your password. It is also recommended to sign-up for the email reminders. This way, you will reduce the chances of missing out on tickets. Now for the important part:
  1. Request a ticket: The request period begins about 10 days prior to the game (this is usually a Wednesday night at 12:01am) and the request period will end 48 hours later (usually a Thursday night at 11:59pm). Make sure to include your group leader’s name, if you are sitting in a group, and the number of guest tickets you are requesting if any. \*If you forget to request a ticket during this time, you may still request one during the next request period, but **YOU WILL NOT BE ABLE TO JOIN OR CREATE A GROUP.**
  2. Purchase ticket: There are 3 different claim periods: Claim Period #1 (means you received the ticket you requested), Claim Period #2 (you are on the waiting list), and Open Sales (you are last in line to get a ticket). Most, if not always, you will be in Claim Period #1. You will have until the Monday night before the game at 11:59pm to purchase the ticket. If you miss this deadline, you lose your ticket and will have to wait until the Open Sales period to buy another one. Once you purchase your ticket, you will be given a ticket to print that you must bring with you to the game. If you do forget, print another one out at Hodges Library on your way to the stadium.
- ~ **Away Football Tickets:** This is very similar to the process of purchasing home tickets. There is a Request Period, Claim Period #1, Claim Period #2, and Open Sales. The away tickets are awarded based on loyalty points. You may request a guest ticket, but it is not always awarded to you. Ticket prices vary for each away game and are based on face value, which can range from \$55 to \$70.

# OUT 'N' ABOUT IN KNOXVILLE

## Outdoor Activities

- ~ Fort Loudon Lake, Norris Lake, Watts Bar Lake: boating, swimming, fishing
- ~ Great Smoky Mountain National Park: hiking, tubing
- ~ Ocoee and Little Pigeon Rivers: whitewater rafting and kayaking
- ~ Third Creek Trail: For jogging, walking, or biking; runs through UT Knoxville campus
- ~ Lakeshore Park: walking/running trail and ball fields (FYI: the former Lakeshore Mental Health Institute is in the middle of the property)
- ~ Cherokee Boulevard: a nice walking/running trail through a beautiful neighborhood called Sequoyah Hills
- ~ Ijams Nature Center: located in South Knoxville at 2915 Island Home Ave [www.ijams.org](http://www.ijams.org). They offer educational programs as well as nature trails.
- ~ Ober Gatlinburg: skiing, snowboarding, tubing, ice skating. Ober is definitely the cheapest, closest option to hitting the slopes. During week nights from 6:00-10:00pm, lift tickets are only \$15! See [www.obergatlinburg.com](http://www.obergatlinburg.com) for more info.
- ~ North Carolina Ski Mountains: Cataloochee, Beech, and Sugar are all other great skiing options. The prices are not too expensive and are only about 2 and ½ hours away. They all offer student discounts throughout the week, so make sure to check their websites before you go!

## Attractions

### Knoxville Museum of Art

1050 World's Fair Park Drive  
(865)525-6101

[www.knoxart.org](http://www.knoxart.org)

Admission: \$5.00

Hours: Tues-Wed. 12:00-8:00pm  
Thurs-Fri. 12:00-9:00pm  
Sat-Sun. 11:00am-5:00pm

### Women's Basketball Hall of Fame

700 Women's B-ball Hall of Fame Dr  
(865)633-9000

[www.wbhof.com](http://www.wbhof.com)

Admission: \$7.95

Hours: Mon-Fri. 12:00-8:00pm  
Sat. 10:00-6:00pm  
Sun. 1:00-5:00pm

### Knoxville Zoo

3500 Knoxville Zoo Drive  
(865)637-5331

[www.knoxville-zoo.org/information.htm](http://www.knoxville-zoo.org/information.htm)

Admission: \$19.95

Hours are seasonal.

### WDVX Blue Plate Special

301 S. Gay St.

(800)727-8045

Hours: Weekdays from 12:00-1:00pm  
are free live music performances

## Movie Theaters

**Carmike Theaters** [www.carmike.com](http://www.carmike.com)

**Carmike Wynnsong 16**  
200 N Peters Road  
Knoxville, TN 37923  
(865)691-0903

**Carmike Movies 7**  
175 North 7 Oaks Dr  
Knoxville, TN 37922  
(865)694-3097  
*(This is the dollar theatre)*

**Regal Cinemas** [www.regmovies.com](http://www.regmovies.com)

**Downtown West Cinema 8**  
1640 Downtown West Boulevard  
Knoxville, TN 37919  
(865) 693-6327

**Regal Riviera Stadium 8**  
510 S. Gay St  
Knoxville, TN 37902  
(865)522-5160

**Regal Pinnacle Stadium 18 & IMAX**  
11240 Parkside Drive  
Knoxville, TN 37922  
(865)671-3311

**Regal West Town Mall 9**  
7600 Kingston Pike Ste 1520  
Knoxville, TN 37919  
(865)769-4230

## Banks

**SunTrust**  
625 South Gay Street  
Knoxville, TN 37902  
(865)546-9405

128 N. Northshore Drive  
Knoxville, TN 37919  
(865)330-6982  
[www.suntrust.com](http://www.suntrust.com)

**First Tennessee**  
1830 W Cumberland  
Knoxville, TN 37916  
(865)549-1760

7508 Kingston Pike  
Knoxville, TN 37919  
(865)450-5610  
[www.firsttennessee.com](http://www.firsttennessee.com)

**Bank of America**  
9375 Kingston Pike  
Knoxville, TN 37922  
(865)541-6130

550 W. Main St  
Knoxville, TN 37920  
(865)541-6000  
[www.bankofamerica.com](http://www.bankofamerica.com)

**Regions Bank**  
1831 Cumberland Ave  
Knoxville, TN 37916  
(865)521-5295

70 N Broadway  
Knoxville, TN 37917  
(800)267-6884  
[www.regions.com](http://www.regions.com)

## **Hospitals**

**University of Tennessee Medical Center**

1924 Alcoa Highway  
Knoxville, TN 37920  
(865)305-9000

[www.utmedicalcenter.org](http://www.utmedicalcenter.org)

**Parkwest Medical Center**

9352 Park West Blvd.  
Knoxville, TN 37923  
(865)373-1000

[www.treatedwell.com](http://www.treatedwell.com)

**Blount Memorial Hospital**

907 E Lamar Alexander Parkway  
Maryville, TN 37804  
(865)983-7211

[www.blountmemorial.org](http://www.blountmemorial.org)

**Tennova Physicians Regional Medical Center**

900 E Oak Hill Avenue  
Knoxville, TN 37917  
(865)545-8000

[www.tennova.com](http://www.tennova.com)

**Tennova Turkey Creek Medical Center**

10820 Parkside Drive  
Knoxville, TN 37934  
(865)218-7011

[www.tennova.com](http://www.tennova.com)

**Fort Sanders Regional Medical Center**

1901 Clinch Avenue  
Knoxville, TN 37916  
(865)541-1111

[www.fsregional.com](http://www.fsregional.com)

**East Tennessee Children's Hospital**

2018 Clinch Avenue  
Knoxville, TN 37901  
(865)541-8000

[www.etch.com](http://www.etch.com)

**Methodist Medical Center Oak Ridge**

990 Oak Ridge Turnpike  
Oak Ridge, TN 37831  
(865)835-1000

[www.mmcoakridge.com](http://www.mmcoakridge.com)

**Tennova North Knoxville Medical Center**

7567 Dannaher Way  
Powell, TN 37849  
(865)859-8000

[www.tennova.com](http://www.tennova.com)



 **CITY OF KNOXVILLE**  
**Map of Downtown Knoxville**  
**Public Parking**

<http://www.cityofknoxville.org/map/>

-  PUBLIC PARKING
-  FREE PARKING AFTER 6 p.m. on weekdays & anytime on weekends (excluding some special events.)
-  FREE PARKING ALL DAY/NIGHT & parking for oversized vehicles

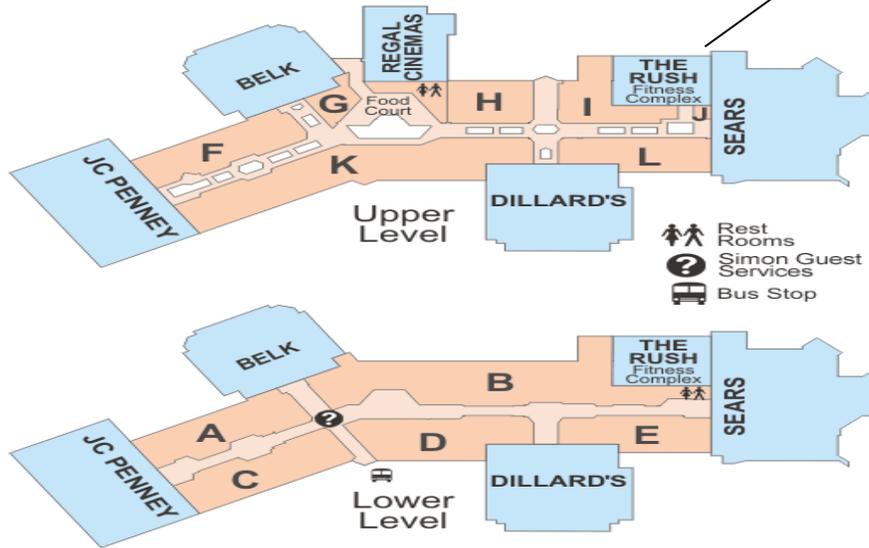
## Shopping/Retail Stores

### Knoxville Center Mall

3001 Knoxville Center Dr.

Knoxville, TN 37924

[www.simon.com/mall/default.aspx?ID=195](http://www.simon.com/mall/default.aspx?ID=195)



This is an older mall and sometimes referred to as East Town Mall. Please note that Dillard's has closed. Here is a list of a few stores:

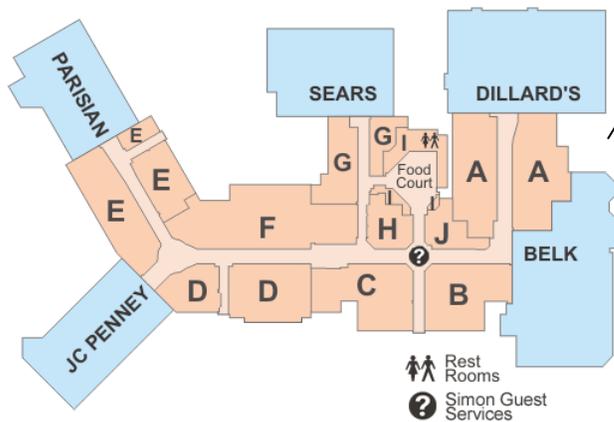
- American Eagle
- Bath 'n' Body Works
- The Body Shop
- Finish Line
- Hollister
- Journeys
- Victoria's Secret
- Yankee Candle

### West Town Mall

7600 Kingston Pike

Knoxville, TN 37919

[www.simon.com/mall/default.aspx?ID=202](http://www.simon.com/mall/default.aspx?ID=202)



This mall is more up to date with popular stores. Please note that Parisian is no longer in the mall and Belk home store and men's is in its place.

- American Eagle
- Banana Republic
- Bath 'n' Body Works
- Express
- White House/Black Market
- Coach
- Forever 21
- Sephora
- Pottery Barn
- Williams-Sonoma
- J Crew
- Hollister
- Journeys
- Victoria's Secret
- Coco and Lily's

### Turkey Creek

This is an outdoor shopping area located in West Knoxville on Parkside Drive. The stores located here are similar to the ones in West Town Mall, but with much, much more. There are also several restaurants including Calhoun's, Abuelo's, Pei Wei, and Five Guys Burgers. Google this area for more information or look at [www.turkeycreekknoxville.com](http://www.turkeycreekknoxville.com)

### Tanger Outlets

1645 Parkway  
Sevierville, TN 37862

These are the closest outlets to Knoxville. Tanger is about 30 minutes away in Sevierville, TN. It has over 100 different shopping venues. For a complete list of stores go to <http://tangeroutlet.com/sevierville>

### *~Specialty~*

<b>Dicks Sporting Goods</b> The Commons 221 North Peters Road Knoxville, TN 37923 (865)531-2221 <a href="http://www.dickssportinggoods.com">www.dickssportinggoods.com</a>	<b>Bliss</b> Downtown Knoxville 24 Market Square Knoxville, TN 37902 (888)809-2424 <a href="http://www.shopinbliss.com">www.shopinbliss.com</a>	<b>Earth to Old City</b> Downtown Knoxville 22 Market Square Knoxville, TN 37902 (865)522-8270
<b>Old Navy</b> 218 Morrell Rd Circle Knoxville, TN 37919 (865)690-8522	<b>Petsmart</b> 214 Morrell Rd Knoxville, TN 37919 (865)691-2194	<b>Best Buy</b> 8925 Towne & Country Knoxville, TN 37923 (865)769-5358
Turkey Creek 11028 Parkside Dr Knoxville, TN 37922 (865)675-1714 <a href="http://www.oldnavy.com">www.oldnavy.com</a>	Turkey Creek 11134 Parkside Drive Knoxville, TN 37922 (865)675-1191 <a href="http://www.petsmart.com">www.petsmart.com</a>	Turkey Creek 11941 Parkside Drive Knoxville, TN 37934 (865)218-9899 <a href="http://www.bestbuy.com">www.bestbuy.com</a>
<b>HHGregg</b> 11370 Parkside Drive Knoxville, TN 37922 (865)675-1211 <a href="http://www.hhgregg.com">www.hhgregg.com</a>		

### *~Office Supply~*

<b>Office Depot</b> 7111 Kingston Pike Knoxville, TN 37919 (865)687-3882 <a href="http://www.officedepot.com">www.officedepot.com</a>	<b>Office Max</b> 11012 Parkside Drive Knoxville, TN 37922 (865)966-6868 <a href="http://www.officemax.com">www.officemax.com</a>	<b>Staples</b> 8913 Town and Country Circle Knoxville, TN 37922 (865)560-3150 <a href="http://www.staples.com">www.staples.com</a>
---	---	--

*~Discount/Bulk Items~*

<b>Target</b> 8040 Ray Mears Blvd Knoxville, TN 37919 (865)693-2203  11100 Parkside Drive Knoxville, TN 37934 (865)675-8200  4700 New Harvest Ln Knoxville, TN 37918 (865)291-0086 <a href="http://www.target.com">www.target.com</a>	<b>Walmart</b> 8445 Walbrook Drive Knoxville, TN 37923 (865)690-8986  10900 Parkside Drive Knoxville, TN 37934 (865)777-5171 <a href="http://www.walmart.com">www.walmart.com</a>	<b>Sams</b> 8435 Walbrook Drive Knoxville, TN 37923 (865)694-2168  2920 Knoxville Center Knoxville, TN 37924 (865)637-2582 <a href="http://www.samsclub.com">www.samsclub.com</a>
---	---	---

*~Grocery~*

<b>Kroger</b> 4918 Kingston Pike Knoxville, TN 37919 (865) 584-0201  9161 Middlebrook Pike Knoxville, TN 37923 (865)670-9940 <a href="http://www.kroger.com">www.kroger.com</a>	<b>Food City</b> 5941 Kingston Pike Knoxville, TN 37919 (865) 588-1216  284 Morrell Rd Knoxville, TN 37919 (865)769-4350 <a href="http://www.foodcity.com">www.foodcity.com</a>	<b>Publix</b> 1656 Parkside Drive Knoxville, TN 37934 (865)675-3018  2010 Town Center Blvd Knoxville, TN 37922 (865)470-0720 <a href="http://www.publix.com">www.publix.com</a>
<b>Fresh Market</b> 4475 Kingston Pike Knoxville, TN 37919 (865)584-8699 <a href="http://www.freshmarket.com">www.freshmarket.com</a>	<b>Ingles</b> 215 Cedar Lane Knoxville, TN 37912 (865)688-0821  11817 Kingston Pike Farragut, TN 37922 (865)966-4360 <a href="http://www.ingles-markets.com">www.ingles-markets.com</a>	<b>Earth Fare</b> 104 N Forest Park Blvd Knoxville, TN 37919 (865)558-1432  10903 Parkside Drive Knoxville, TN 37922 (865)777-3837 <a href="http://www.earthfare.com">www.earthfare.com</a>
	<b>Trader Joe's</b> 8001 Kingston Pike Knoxville, TN 37919 (865)670-4088 <a href="http://www.traderjoes.com">www.traderjoes.com</a>	

*~Home Improvement/Hobby~*

**Home Depot**

9361 Kingston Pike  
Knoxville, TN 37934  
(865)769-0780

2751 Shaad Road  
Knoxville, TN 37921  
(865)938-3574  
[www.homedepot.com](http://www.homedepot.com)

**Pier 1**

8301 Kingston Pike  
Knoxville, TN 37919  
(865)693-9021

11130 Parkside Drive  
(865)671-2626  
[www.pier1.com](http://www.pier1.com)

**Bed Bath & Beyond**

244 Morrell Road  
Knoxville, TN 37919  
(865)693-3446

11263 Parkside Drive  
Knoxville, TN 37934  
(865)966-9235  
[www.bedbathandbeyond.com](http://www.bedbathandbeyond.com)

**Lowes**

210 N. Peters Rd  
Knoxville, TN 37923  
(865)690-9770

6600 Clinton Highway  
Knoxville, TN 37912  
(865)938-5600  
[www.lowes.com](http://www.lowes.com)

**A.C. Moore**

250 Morrell Road  
Knoxville, TN 37919  
(865)539-9767  
[www.acmoore.com](http://www.acmoore.com)

**Michaels**

9622 Kingston Pike  
Knoxville, TN 37922  
(865)670-9096  
[www.michaels.com](http://www.michaels.com)

**Hobby Lobby**

11040 Parkside Drive  
Knoxville, TN 37934  
(865)671-5530

[www.hobbylobby.com](http://www.hobbylobby.com)

**Home Goods**

8079 Kingston Pike  
Knoxville, TN 37919  
(865)531-1503

[www.homegoods.com](http://www.homegoods.com)

## **Restaurants**

Memphis may be known for its barbeque, but Knoxville is definitely not lacking in the food department. It would take almost an entire book to list all of the eating options Knoxville has to offer! So, here are just a few places recommended most by students. The first list is all places located on The Strip, which is located on the UTK campus. It is one of the closest places to eat from school and also very convenient when studying at the library.

### *~The Strip~*

<b>Mellow Mushroom</b> 2109 Cumberland Avenue (865)524-7979	<b>Jason's Deli</b> 2120 Cumberland Ave (865)247-5222	<b>Chipotle</b> 1701 Cumberland Avenue (865)525-0585
<b>Copper Cellar</b> 1807 Cumberland Avenue (865)673-3411	<b>Panera Bread</b> 2000 Cumberland Avenue (865)524-2253	<b>CookOut</b> 2135 Cumberland Avenue (865)525-2662
<b>Starbucks</b> 2017 Cumberland Avenue (865)673-0234	<b>Moe's</b> 1800 Cumberland Avenue (865)637-2700	<b>Sunspot</b> 1909 Cumberland Avenue (865)637-4663
<b>Hibachi Factory</b> 1815 Cumberland Avenue (865)521-6555	<b>Jimmy Johns</b> 1903 Cumberland Avenue (865)637-1414	<b>Firehouse Subs</b> 1708 Cumberland Avenue (865)673-0864

### *~Italian~*

<b>Savelli's</b> 3055 Sutherland Ave (865)521-9085	<b>Puleo's Grille</b> 7224 Region Ln (865)673-9101 <a href="http://www.puleosgrille.com">www.puleosgrille.com</a>	<b>Naples Italian Restaurant</b> 5500 Kingston Pike (865)584-5033 <a href="http://www.naplesitalianrestaurant.com">www.naplesitalianrestaurant.com</a>
<b>Bravo Cucina Italiana</b> 106 Major Reynolds Place (865)584-5510 <a href="http://www.bravoitalian.com">www.bravoitalian.com</a>	<b>Carrabba's Italian Grill</b> 324 N Peters Rd (865)692-2223 <a href="http://www.carrabbas.com">www.carrabbas.com</a>	<b>Olive Garden</b> 7206 Kingston Pike (865)584-7300 10923 Parkside Drive (865)966-43952 <a href="http://www.olivegarden.com">www.olivegarden.com</a>
<b>Hard Knox Pizza</b> 4437 Kingston Pike (865)602-2114 <a href="http://www.hardknoxpizza.com">www.hardknoxpizza.com</a>		

~Mexican~

<b>El Mezcal</b> 118 N Forest Park Blvd (865)558-6416  11110 Kingston Pike (865)966-6972 <a href="http://www.elmezcalmexican.com">www.elmezcalmexican.com</a>	<b>Soccer Taco</b> 6701 Kingston Pike (865)588-2020  9 Market Square (865)544-4471 <a href="http://www.soccertaco.com">www.soccertaco.com</a>	<b>Abuelos</b> 11299 Parkside Drive (865)966-0075 <a href="http://www.abuelos.com">www.abuelos.com</a>
<b>El Charro</b> 6502 Kingston Pike (865)584-9807  10420 Kingston Pike (865)693-9660 <a href="http://www.elcharroknoxville.com">www.elcharroknoxville.com</a>	<b>Cancun</b> 251 Harry Lane Blvd (865)690-9919  4409 Chapman Hwy (865)577-8881	<b>Pelancho's</b> 1516 Downtown West Blvd (865)694-9060 <a href="http://www.pelanchos.com">www.pelanchos.com</a>
<b>Chez Guevara</b> 8025-A Kingston Pike (865)690-5250	<b>Senor Taco</b> 3325 N Broadway (865)688-0306	<b>Agave Azul Mexican Grill</b> 4405 Kingston Pike (865)212-9966

~Oriental/Sushi~

<b>Little Bangkok (Thai)</b> 603 N Campbell Station Rd (865)675-3688 <a href="http://www.littlebangkokknoxville.com">www.littlebangkokknoxville.com</a>	<b>PF Chang's</b> 6741 Kingston Pike (865)212-5514 <a href="http://www.pfchangs.com">www.pfchangs.com</a>	<b>Taste of Thai</b> 8926 Town and Country Circle (865)691-4442 <a href="http://www.tasteofthai-knoxville.com">www.tasteofthai-knoxville.com</a>
<b>Tomo Japanese</b> 7315 Kingston Pike (865)584-0047	<b>Nama Sushi Bar</b> 506 S Gay Street (865)633-8539  5130 Kingston Pike (865)588-9811 <a href="http://www.namasushibar.com">www.namasushibar.com</a>	<b>Wasabi Japanese Steakhouse</b> 118 Major Reynolds Place (865)584-4898  226 Lovell Road (865)675-0201 <a href="http://www.wasabi-steakhouse.com">www.wasabi-steakhouse.com</a>
<b>Pei Wei</b> 11251 Parkside Dr (865)966-1610 <a href="http://www.peiwei.com">www.peiwei.com</a>	<b>Makino's Japanese Buffet</b> 8217 Kingston Pike (865)560-8878	<b>Stir Fry Café</b> 7240 Kingston Pike (865)588-2064 <a href="http://www.stirfrycafe.com">www.stirfrycafe.com</a>

~American~

**Tomato Head**  
12 Market Square  
(865)637-4067

7240 Kingston Pike  
(865)584-1075  
[www.tomatohead.com](http://www.tomatohead.com)

**Aubrey's**  
6005 Brookvale Lane  
(865)588-1111  
[www.aubreysrestaurants.com](http://www.aubreysrestaurants.com)

**Parkside Grill**  
338 N Peters Road  
(865)862-5358  
[www.parksidegrill.com](http://www.parksidegrill.com)

**Peerless**  
320 N Peters Road  
(865)691-4699  
[www.peerlessrestaurant.com](http://www.peerlessrestaurant.com)

**Tupelo Honey Café**  
1 Market Square  
(865)522-0004  
[www.tupelohoneycafe.com](http://www.tupelohoneycafe.com)

**Calhoun's**  
400 Neyland Drive  
(865)673-3355  
[www.calhouns.com](http://www.calhouns.com)

**Litton's**  
2803 Essary Drive  
(865)688-0429  
[www.littonsburgers.com](http://www.littonsburgers.com)

**The Chop House**  
9700 Kingston Pike  
(865)531-2647  
[www.thechophouse.com](http://www.thechophouse.com)

**Ruth's Chris**  
950 Volunteer Landing  
(865)546-4696  
[www.ruthschris.com](http://www.ruthschris.com)

**Café 4**  
4 Market Square  
(865)544-4144  
[www.cafe4ms.com](http://www.cafe4ms.com)

**Fleming's Steakhouse**  
11287 Parkside Drive  
(865)675-9463  
[www.flemingssteakhouse.com](http://www.flemingssteakhouse.com)

**Downtown Grill & Brewery**  
424 S Gay Street  
(865)633-8111  
[www.downtownbrewery.com](http://www.downtownbrewery.com)

**Lakeside Tavern**  
10911 Concord Park Drive  
(865)671-2980  
[www.lakeside-tavern.com](http://www.lakeside-tavern.com)

**Ye Olde Steakhouse**  
6838 Chapman Highway  
(865)577-9328  
[www.yeoldesteakhouse.com](http://www.yeoldesteakhouse.com)

## ***Nightlife in Knoxville***

First of all, major props to MetroPulse which has a section on its website [www.metropulse.com](http://www.metropulse.com) with descriptions of many of the places listed below. Knoxville is a big bar town with plenty of fun spots. The bars, clubs, and venues listed here are ones that pharmacy students applauded in the survey.

### **THE STRIP**

#### **Cool Beans Bar and Grill**

- 1817 Lake Ave., Knoxville | 865-522-6417
- There are lots of great places to hang out and get a drink on the Strip, but this is one of the two most recommended by pharmacy students. Despite the name of this place, I doubt they have a coffee machine in the kitchen. It is all bar, with pool tables and big TVs for watching sports. They also have trivia night every Tuesday at 9:00 and there is never a cover.

#### **The Tin Roof**

- 1915 Cumberland Ave., Knoxville | 865-247-4355
- This is a newer addition to the strip as of last fall and always a good time. There is a band almost every night of the week. It is also a very popular place on game days and have a great patio. They have happy hour until 10pm on most weekends and have a great menu. The quesadillas come highly recommended and are only \$5 on Wednesdays! The only downside is that there is usually a \$5 cover on weekends, but it is definitely worth it!

### **DOWNTOWN**

#### **Downtown Grill and Brewery**

- 424 S. Gay Street, Knoxville | 865-633-8111
- This restaurant bar is a Knoxville institution. The small sign and green canopy on Gay St don't do justice to its sprawling two-story interior. They make their own beer (seven types!), so you can't order a Bud Light here. Since the beer they make is so awesome, this isn't a loss. They also have a great food menu. There is street parking and a lot behind DGB - turn onto Union, then left on State and left into the first parking garage - free nights and weekends.

#### **Sapphire**

- 428 S. Gay Street, Knoxville | 865-637-8181
- Right next door to DGB, Sapphire has a more sophisticated drink menu featuring martinis and unique shots. If you are on a tight budget (aka being in pharmacy school), check it out on a Wednesday night for \$5 martinis or come during happy hour. While it doesn't get busy on weeknights, there is a swanky crowd to be seen on weekends. I recommend parking in the lot described under DGB.

### **Preservation Pub**

- 28 Market Square, Knoxville | 865-524-2224
- Preservation Pub has a laid back atmosphere with the flavor of Market Square. They have a great variety of beers and on weekends will have live music. It has a yellow awning and is on the end of Market Square with the open air stage. Park in the garage at the corner of Walnut Ave and Wall St., which is free on nights and weekends.

## **OLD CITY**

### **Barley's Taproom and Pizzeria**

- 200 E. Jackson Ave., Knoxville | 865-521-0092
- Barley's Taproom is a big 2-story brick building that can be difficult to see at night. During the day, the huge painted 'Barley's Pizzeria' on the side of the building is helpful. The place is well known for its pizza and unique beers that are brewed onsite. There is a stage on the bottom floor that features local bands from bluegrass to rock. Upstairs has plenty of extra room to hang out.

### **Urban Bar & Corner Cafe**

- 109 N. Central , Knoxville | 865-546-2800
- The good news is that there's an ATM by the Urban Bar if you find yourself in the Old City and cashless. Urban Bar has a very popular patio that has a great view of the Old City sidewalks. Inside, there are pool tables and dartboards. The staff is friendly and it's a great place to get your night started.

### **The Crown and Goose**

- 123 S. Central St., Knoxville | 865-524-2100
- This is the newest eatery to open up in the Old City. Knoxville's only gastropub, the Crown and Goose features traditional London cuisine. While its menu prices might be a little too much for a regular occasion, the drinks are doable. There is a beer garden in the back and big red leather couches in the front. When the weather is nice, every possible door is opened so you feel like you are eating al fresco.

## **CENTRAL & WEST KNOXVILLE**

### **Toddy's Back Door Tavern aka Toddy's**

- 4851 Kingston Pike, Knoxville | 865-602-7776
- Back Door Tavern is sometimes simply called Toddy's. The bar has a horseshoe pit in the back with a tournament every Wednesday night and picnic tables if you like being outdoors. They also have corn hole if you ask to get it from the back. It is a popular hang out with the college crowd.

### **Rooster's**

- 7585 S. Northshore Dr., Knoxville | 865-691-3938
- Located in the Rocky Hill neighborhood, Rooster's features wings and the sports bar vibe. The parking lot is always full since this is a convenient sports bar to catch a game or meet up with friends.

### **Union Jacks English Pub**

- 124 Northshore Drive, Knoxville | 865-584-5761
- From **Metropulse**: An English pub with a variety of 26 drafts and 220 bottles. Take the beer challenge and get your name posted on the wall plaque. They offer pool tables, steel tip darts, a jukebox, foosball, checkers, and chess.

### **Ray's Entertainment Sports Grill**

- 7355 Kingston Pike, Knoxville | 865-330-0159
- Ray's has something for everyone. It has the big TVs, the fancy drinks, the pool tables and the always-popular ladies night.

## **CLUBS**

### **Hannah's Old City**

- 102 S. Central, Knoxville | 865-637-8908
- Hannah's has two stories that become dance floors on Friday and Saturday night. The bottom floor features 80's and 90's songs, while the upstairs is hip-hop. This is a very popular dance club. You'll see a wide range of ages, but it is 21 and up only.

### **Southbound**

- 106 S. Central, Knoxville | 865-474-1038
- Southbound is another great dance venue in the Old City. They have a DJ downstairs that takes requests on Friday and Saturday nights. You'll hear just about everything from 80's to Country to Rap.

### **Sassy Ann's House of Blues**

- 820 N. 4th Ave., Knoxville | 865-525-5839
- Sassy Ann's is the place to be on Thursday nights. They have a rocking 80's night mixed with some new songs so you can dance your face off. It's unfortunate that so many tests in pharmacy school require studying on a Thursday, but definitely make it a priority to go at least once!

### **Cotton Eyed Joe's**

- 11220 Outlet Drive, Knoxville | 865-675-4563
- If you are looking for a honky-tonk hilarious time, Cotton Eyed Joe's is the place. It welcomes people of all ages, even families with little kiddies. There is dancing, bull riding, and of course, plenty of drinks to go around. Everyone should go, at least once.

## Concert Venues

### Bijou Theatre

- 803 S Gay St., Knoxville | 865-522-0832
- This year, the Bijou is celebrating its 100<sup>th</sup> year anniversary. Last year, it had a great mix of musicians and groups scheduled from the local Everybodyfield's to the more well-known Natasha Bedingfield. Check on the website [www.knoxbijou.com/](http://www.knoxbijou.com/) to see who is coming to play in Knoxville.

### Tennessee Theatre

- Right off of Gay St.; [www.tennesseetheatre.com](http://www.tennesseetheatre.com)
- You can buy a season ticket to the Tennessee Theatre and enjoy a host of local and traveling troupes performing everything from Broadway shows to famous operas. They also have musical events. Check out the website or just read the marquee as you drive by on Gay St from time and time to see what shows are coming up.

### Thompson Boling Arena

- UTK main campus; [www.tbarena.com](http://www.tbarena.com)
- This University of Tennessee building has multiple roles as a concert venue and basketball arena. Keep your ears open for big name performers that get booked for shows here.

## ***Housing***

The number one thing that students wished they had known before moving to Knoxville was information on housing options. We created a survey to get an idea of popular places that pharmacy students have chosen to live in and below are the results. Please realize that pricing, pet policy, and other details may have changed, so double check. The website [www.knoxvilleapartmentguide.com](http://www.knoxvilleapartmentguide.com) is a great resource. We hope that this gives you a good starting place to find your new home in Knoxville!

### **CHEROKEE TRAIL (PAST UT MEDICAL CENTER)**

Living up the road from UTMC is an ideal place to be. You are close to downtown, the UT main campus, and school. Since it's so central, it's very popular with undergraduate students. Cherokee Trail can get crowded and you have to be careful on this curvy road at night. There are currently four apartment complexes off of Cherokee Trail.

#### **The Woodlands of Knoxville**

- 3805 Cherokee Woods Way, Knoxville, TN 37920
  - Ph: (865)609-4034 & Website: [www.thewoodlandsofknoxville.com](http://www.thewoodlandsofknoxville.com)
- The Woodlands of Knoxville is located right up the road from the UT Medical Center off of Cherokee Trail. There are two sides to the apartment complex (called Phase 1 and Phase 2). The leasing office is on the right side of the road if you're coming from UTMC. Grocery stores and restaurants are 10-15 minutes away. The Woodlands offers 2 BR/2 BA, 3 BR/3 BA, & 4 BR/4 BA. The rent includes wireless internet and basic cable. The apartments come with a washer/dryer. There is a fitness room, tanning room, outdoor pool, tennis courts, volleyball court, basketball courts and computer room. Pets are allowed with a deposit and monthly fee. There are a lot of undergraduate students renting here – it gets loud on game days and weekends and parking can get tight.

#### **Quarry Trail**

- 3999 Highland Crest Way, Knoxville, TN 37920
  - Ph: (865)523-2727 & Website: <http://www.quarrytrail.com>
- Quarry Trail is the newest apartment complex on Cherokee Trail right before you reach the Woodlands of Knoxville. The units are already fully furnished. Quarry Trails offers several different floor plans. The rent includes wireless internet and cable. The water is \$20 per month per person added onto the rent. Pets are not allowed. There's a fitness center, pool, clubhouse, volleyball court, and tanning beds. Once again, it's mostly undergrad students and parking is tight.

### **FORT SANDERS – 'THE FORT'**

This area of town is north of UT main campus and behind Cumberland Ave. There are two hospitals in this area, East Tennessee Children's Hospital and Fort Sanders Regional Medical Center. There is a mix of older buildings, apartment complexes and newly renovated houses in the neighborhood. It's very popular with UTK students since the main campus is within walking distance.

### **Crowne at Campus Pointe**

- 2240 Grand Avenue, Knoxville, TN 37916
- Ph: (865)633-9422

Website: <http://www.crownepartners.com/communities/tennessee/pointe/index.htm>

On game days, you can walk to Neyland Stadium. It's about a 5-10 minute drive to school. The Cumberland Strip is a few blocks away. There are floorplans with details on the website. Internet, cable, and water are included in the rent, but not utilities. There's a fitness center, pool and clubhouse with computer and game room. Pets are allowed in some buildings. There is a train that runs close to the apartments that can be very loud. Since it's so close to UT, there are lots of undergrad students. This apartment complex may not be your thing if you need peace and quiet all the time.

## **NORTH KNOXVILLE & FOUNTAIN CITY**

North Knoxville encompasses a large area of town along Broadway Ave past Downtown. This is a historical district and is reminiscent of Midtown Memphis. It is an artsy part of town worth exploring. North Knoxville also includes Fourth & Gill area, which has pretty architecture and the rocking club Sassy Ann's. If you keep driving north on Broadway, you will go under I-640 and be in Fountain City.

North Knoxville and Fountain City do not have many apartment complexes, but they do have a lot of refurbished and brand-new small houses. When we sent out the surveys for students to complete on housing, many of them wrote in that they lived in houses or condominiums. If you're married, have pets or children, finding an actual house to rent or invest in for the next three years of pharmacy school is a great option. North Knoxville and Fountain City were the most mentioned areas of town for finding a house to rent or buy.

We recommend these two websites:

[www.knoxhouses.com](http://www.knoxhouses.com) & [knoxville.craigslist.org](http://knoxville.craigslist.org)

### **Bouldercrest Apartments**

- 2000 Wilson Rd., Knoxville, TN 37912
- Ph: (865)523-0441

This apartment complex is located in northwestern Knoxville, off of I-640. It takes about 10 to 15 minutes to get to school and is close to shopping areas. There is a laundry room available for the studio. Water is included in the rent. Pets are allowed with a fee. It's the basic apartment and if you're into extras like an exercise room, or pool, this isn't for you!

## **CENTRAL/WEST KNOXVILLE**

Papermill Dr. runs parallel to Kingston Pike and is Exit 383 off of Interstate 40. There are several neighborhoods and apartment complexes clustered around this exit. The area is close to school with only a 10 to 15 minute commute. It's very convenient to get to shopping areas and grocery stores. These are popular places to live due to their proximity to school, main campus, and downtown.

### **Greenbrier Ridge Apartments**

- 1505 Greenbrier Ridge Way, Knoxville, TN 37909
- Ph: (865)584-8981 & Website: [www.greenbrieridge.com](http://www.greenbrieridge.com)

There are 1 BR/1 BA units, 2 BR/2 BA units, and 3 BR/2 BA. More details with floor plans can be seen on the website. Rent includes basic cable and water. There's a washer/dryer in the unit. The apartment complex has a pool, tennis court, basketball court, and discounted membership fee to a nearby fitness center. They offer six and twelve month leases. Pets of any size are allowed with a deposit and monthly fee. The winter utilities can get high since the units are not well insulated. Students spoke highly of the staff/maintenance people and the community atmosphere of the complex.

### **West Towne Manor Apartments**

- 1567 Coleman Rd., Knoxville TN 37909
- Ph: (865)584-6271

There are 1 BR and 2 BR units. The washer and dryer are provided in the unit. There is a fitness center, tennis courts, and swimming pool. Water is included in the rent. Pets require a non-refundable deposit and there is a 25-lb limit.

### **Londontown Apartments and The Villas at Londontown**

- 6350 Lonas Dr., Knoxville, TN 37909
- Ph: (865)584-0771 & Website: [www.londontownapartmentsknoxville.com/](http://www.londontownapartmentsknoxville.com/)

This apartment complex is located off of Weisgarber Rd. The rent ranges widely based on the type of unit you want from 1 BR/1 BA to 3 BR/2 BA apartments. There are floor plans on the website. There is a washer/dryer in the community and a hook-up in some units. Internet, cable, utilities and water are not included in the rent. Pets are not allowed. There's a fitness center, pools, and clubhouse. Students report a few roaches but gave the apartment complex an overall positive review. The Villas are newer apartments just built a few years ago. They are much nicer than the older Londontown apartments, but they are more expensive. Either way, Londontown is a popular place to live among pharmacy students.

### **Sutter's Mill Apartments**

- 100 Sutters Mill Lane, Knoxville, TN 37909
- Ph: (865)584-0283 & Website: [www.suttersmillknoxville.com](http://www.suttersmillknoxville.com)

Water, cable, and internet are included in the rent, but not utilities. Pets are not allowed. There's a washer/dryer hook-up in the unit. There is a fitness center, a pool, and a clubhouse.

## **WEST KNOXVILLE**

West Knoxville encompasses Kingston Pike from Exit 384 (West Hills) and onwards to the Cedar Bluff Exit. We've listed these next apartments in the order of their proximity to school. They begin very close to West Town Mall and then head farther West. You might want to look at the map included in the beginning of the housing section to look at the apartment's location. While it may be a farther drive to school to live in West Knoxville, you save on your trips to restaurants and shopping at the mall, Wal-Mart or Target.

### **Windover Apartments**

- 301 Cheshire Dr., Knoxville, TN 37919
  - Ph: (865)588-1100
- Website: <http://freemanwebb.mynewsite.com/apartment/5O0808032253>

Windover apartments are located close to the West Hills Mall. It is very close to shopping and restaurants and is behind the Olive Garden. The website offers floor plans with pricing details. The water is included in the rent. Pets are allowed with a deposit. There is a washer/dryer in some units and also washer/dryer rooms in each building. There is a fitness center, pool and tennis courts. The neighbors are really nice and the staff is awesome! It's a great location.

### **The Grove at Deane Hill**

- 520 Windview Way, Knoxville, TN 37919
- Ph: (865)769-3900

This apartment complex is located right by the West Hills Mall at Morrell Rd & Deane Hill Dr. It is very close to shopping and restaurants (within walking distance). Utilities, cable and internet are not included in the rent. You can rent a washer/dryer from the complex to put in your unit or use the laundry facility on site. There is a fitness center and pool at the apartment complex. Pets are allowed with a deposit and monthly fee.

### **Walker's Crossing**

- 8301 Block House Way, Knoxville, TN 37923
- Ph: (865)670-8836 & Website: [www.walkerscrossing-apartments.com](http://www.walkerscrossing-apartments.com)

This apartment complex is past the West Hills Mall off of I-40's Gallaher View Exit. It's still about 15 minutes to school. Wal-Mart is right across the street from the complex! The website has floorplans and pricing. There is a washer/dryer connection in the unit and a laundry facility for the complex. Pets are allowed with a deposit, and the fees are spelled out on the website under 'Amenities.' Water is included in the rent. There is a fitness center, pool and clubhouse in the complex. Students gave the apartment complex very high praise. The only downside mentioned was that there's no stoplight at the exit outside of the complex, so turning left can be annoying because people are always coming and going from Wal-Mart.

### **The Reserve at Westland**

- 8700 Hopemont Way, Knoxville, TN 37923
- Ph: (865)531-1000 & Website: [www.thereserveatwestland.com](http://www.thereserveatwestland.com)

This apartment is located in West Knoxville south of I-40's Cedar Bluff Exit. It's at least a 20-minute commute to school. It is located near to shopping areas and grocery stores. The floor plans and pricing details are on the website. Pets are allowed with a fee. There is a washer/dryer connection in the apartments and laundromats in the apartment complex. There is a fitness center, pool and clubhouse.

### **Country Oaks**

- 1000 Country Oaks Circle, Knoxville, TN 37909
  - Ph: (865)584-8918 & Website: [www.countryoaksapartment.com](http://www.countryoaksapartment.com)
- There are several units and types available at this apartment complex. Water is included in the rent. There is a pool, clubhouse, tennis courts, and a volleyball court. There is a washer/dryer in most apartments and complex. The one-bedroom apartments do not have a washer/dryer hook-up. Pets are allowed with deposit and monthly fee. There is a dog park close by. There is also a greenway that leads to UTMC taking about 30 to 40 minutes. The apartments are a bit old, so watch out for creaky floors.

## **MIDDLEBROOK PIKE**

This is a major road that runs north and west of I-40 that has lots of housing options. These next apartments are convenient for school with a commute ranging from 15 to 20 minutes. They are still considered to be in West Knoxville with shopping nearby.

### **The Courtyards at Eagle Pointe**

- 8608 Eagle Pointe Dr., Knoxville, TN 37931
  - Ph: (865)691-1407 & Website: [www.eaglepointapts.com](http://www.eaglepointapts.com)
- The commute to school is about 15 minutes from this complex. There's plenty of restaurants and shopping close by. There are several floor plans that can be viewed on the website. Cable, internet and utilities are not included in the rent. There is an awesome fitness center, volleyball court, 3-4 pools, tennis courts and clubhouse. Washer and dryer are provided in the unit. Pets are allowed with a fee.

### **Sunchase Apartments**

- 790 Cedar Bluff Road, Knoxville, TN 37923
  - Ph: (865)690-0495
- This apartment complex is located off of the Cedar Bluff Rd. Exit, north of I-40, and close to Middlebrook Pike. The commute to school is about twenty minutes. Shopping areas and grocery stores are nearby. The complex has indoor and outdoor pools, volleyball and basketball courts, a clubhouse, and a fitness center. There is a washer/dryer connection in select apartments and community laundry room. Pets are allowed with a deposit.

### **Walden Legacy**

- 1261 Walden Legacy Way, Knoxville, TN 37931
  - Ph: (865)560-3114 & Website: [www.waldenlegacyapts.com](http://www.waldenlegacyapts.com)
- The commute to school is about 20 minutes. There are shopping areas and grocery places nearby. There are a variety of floor plans and arrangements with more information available on the website. The apartment complex has a pool, a fitness center, clubhouse and children's play area. There is a washer/dryer hook-up in the units and community laundry room available. Cable, internet and utilities are not included in the rent. Pets are allowed with a fee. They do have breed restrictions.

## ***Worship Centers***

### **Baptist**

Calvary Baptist Church  
3200 Kingston Pike  
(865)523-9419  
[www.knoxcalvary.com](http://www.knoxcalvary.com)

Central Baptist Church of Bearden  
6300 Deane Hill Drive  
(865)588-0586  
[www.cbcbearden.org](http://www.cbcbearden.org)

### **Methodist**

Church Street United Methodist Church  
900 Henley Street  
(865)524-3048  
[www.churchstreetumc.org](http://www.churchstreetumc.org)

Cokesbury United Methodist Church  
9919 Kingston Pike  
(865)693-0353  
[www.cclive.org](http://www.cclive.org)

### **Presbyterian**

Second Presbyterian Church  
2829 Kingston Pike  
(865)523-2189  
[www.2ndpres.org](http://www.2ndpres.org)

Cedar Springs Presbyterian Church  
9132 Kingston Pike  
(865)693-9331  
[www.cspc.net](http://www.cspc.net)

### **Catholic**

All Saints Catholic Church  
620 North Cedar Bluff Rd  
(865)531-0770  
[www.allsaintsknoxville.org](http://www.allsaintsknoxville.org)

John XXIII Catholic Student Center  
1710 Melrose Place  
(865)523-7931  
[www.john23rd.org](http://www.john23rd.org)

### **Episcopal**

Church of the Ascension  
800 S Northshore Drive  
(865)588-0589  
[www.knoxvilleascension.org](http://www.knoxvilleascension.org)

St. James  
1101 N Broadway  
(865)523-5687  
[www.stjamesknox.dioet.org](http://www.stjamesknox.dioet.org)

### **Lutheran**

St. John's Lutheran Church  
544 N Broadway  
(865)523-3330  
[www.sjlcknox.org](http://www.sjlcknox.org)

Messiah Lutheran  
6900 Kingston Pike  
(865)588-9753  
[www.messiahknoxville.org](http://www.messiahknoxville.org)

### **Jewish**

Temple Beth El  
3037 Kingston Pike  
(865)524-3521  
[www.tbeknox.org](http://www.tbeknox.org)

### **Church of Christ**

Laurel Church of Christ  
3457 Kingston Pike  
(865)524-1122  
[www.laurelchurchofchrist.org](http://www.laurelchurchofchrist.org)

### **Unitarian Universalist**

TN Valley Unitarian Universalist Church  
2931 Kingston Pike  
(865)523-4176  
[www.tvuuc.org](http://www.tvuuc.org)

### **Church of God**

Church of God  
7635 Middlebrook Pike  
(865)693-0144  
[www.parkwest.org](http://www.parkwest.org)

## ***Knoxville Terminology***

For those that are not familiar with Knoxville or the area, here are some words and phrases that will help you along in your understanding on where places are.

**Kingston Pike:** a long road that runs east to west almost all the way through town

**Cumberland Avenue/The Strip:** the section of Kingston Pike that runs through the UT campus area and is full of bars, restaurants, and a few shops

**The Knoxville News Sentinel:** the city's main newspaper

**The Metro Pulse:** the city's weekly alternative paper

**The Fort:** the area just north of the Strip that is home to Fort Sanders Regional Medical Center, East Tennessee Children's Hospital, and some student housing

**The Old City:** rejuvenated area near downtown that is home to a number of bars, restaurants, and funky shops

**Market Square:** the center of downtown, home to several restaurants and shops, as well as Krutch Park; Market Square is the location for Sundown in the City, a musical series on Thursday nights during the summer

**World's Fair Park:** the site of the 1982 World's Fair; some large events are held on the site, which is located on the edge of downtown

**Pellissippi Parkway/Route 140:** the bypass route that connects Oak Ridge to Maryville; intersects with I-40 in West Knoxville

**UTMCK:** University of Tennessee Medical Center Knoxville

**MMCOR:** Methodist Medical Center of Oak Ridge

**The Split:** the point in far west Knox County where I-40 and I-75 split after having been one route through town; I-40 goes west towards Nashville and I-75 goes south towards Chattanooga

**The Rock:** A guide to Knoxville created by pharmacy students for pharmacy students

# WORDS OF WISDOM

## ON HOUSING

- Although I like my apartment complex, I did not come early enough to look for a place to live. My advice is to come as soon as possible to find a place so there won't be any worries.
- Find an apartment early! Do not wait until August, because it will be more difficult to find an apartment that you will be satisfied with. It's not only a good idea to get your apartment early in the summer, but also to come early and get acquainted with the area.
- Try not to live near undergrad students if you want it to be quiet.
- Live out west, it's where all the fun is!
- Get your roommates before moving up here.
- Come visit Knoxville a couple of times to check out the options before deciding on a place to live. There are a lot of houses and condos for sale in great neighborhoods that won't be as well publicized as apartments but don't overlook them – the mortgage payments are often cheaper than rent and you get most of your money back when you leave.

## ON SCHOOL

- Have fun!! Get to know your classmates! It's a lot easier to know everyone when there are only 75 of you! Take of advantage of that! Study when you have to and don't stress too much!
- Study hard but allow yourself time to have fun too!
- Once you get on rotations, try to plan a social event at least once a month to stay close with your classmates.
- There are just as many opportunities in Knoxville as Memphis so don't worry, you made the right choice!
- Realize quickly that Therapeutics is 703 times worse than pharmacology, but don't forget to still have fun! Don't ever let the diseases and drugs keep you from frolicking!

## ON LIVING IN KNOXVILE

- Traffic is unbelievable during football games, so unless going to the game - avoid the Strip!
- You made the right choice - don't question it!
- There are a lot of great places to work, be it either hospital or community - get a job! UT Medical Center has a great intern program and if you have no hospital experience, it is a great opportunity.