PHYSICAL EXAMINATION MASTERY SKILLS

Student's Name __________________________________________

Please have your residents OBSERVE you performing these skills. They should initial in the respective Box, if completed appropriately.

▼ OBSERVER’S INITIALS

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<th>HPI</th>
<th>RESPIRATORY</th>
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<td>PMHx</td>
<td>Stethoscope technique correctly uses diaphragm bilaterally</td>
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<tr>
<td>Birth Hx</td>
<td>Correctly describes breath sounds and identifies increased or decreased breath sounds</td>
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<tr>
<td>Hosp., Surgery, Injury</td>
<td>Correctly identifies wheezes</td>
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<tr>
<td>Medication and Allergies</td>
<td>Recognizes and describes increased work of breathing (tachypnea, retractions, flaring).</td>
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<tr>
<td>Family Hx and Social</td>
<td>Correctly identifies crackles</td>
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<td>Development</td>
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GENERAL

Vital Sign Interpretation

Growth Parameters

State of Hydration

HEENT

Fontanelles

Otoscope technique

Safely performs 2 immobilizing techniques for ear exam

Examines and describes ear exam correctly of normal ear and abnormal ear (color, contour, mobility, translucency)

Correctly performs insufflation of tympanic membranes

Correctly performs eye exam on child ≤3 years old: red reflex, convergence, cover test, pupils, EOMs

Safely performs immobilizing techniques mouth/oral pharynx/teeth

Examines and correctly describes mouth/oral pharynx exam

CARDIOVASCULAR

Stethoscope technique correctly – bell & diaphragm

Correctly describes heart sounds, rate, rhythm

Correctly describes murmur and identifies pathophysiology of at least one murmur

Correctly palpates pulses and precordial activity

Correctly assesses perfusion with capillary refill

ABDOMEN

Stethoscope technique correctly uses diaphragm bilaterally

Correctly describes breath sounds and identifies increased or decreased breath sounds

Correctly identifies wheezes

Recognizes and describes increased work of breathing (tachypnea, retractions, flaring).

Correctly identifies crackles

RESPIRATORY

Describe shape and tone

Determines presence of bowel sounds

Appropriately elicits tenderness/pain from young child

Scratch percussion of liver or mass

GENITALIA

Tanner stages (at least one other than Tanner 1 stage)

Appropriate exam during well child visit of male and female genitalia

EXTREMITIES

Spine - check for scoliosis

Assess child ≤2 years old with abnormal exam of feet/ankles

SKIN

Unclothed appropriately

Accurately able to DESCRIBE skin lesions (not necessarily diagnose)

NEUROLOGIC

Correctly elicits infant reflexes or neurologic signs (moro, ATNR, head lag, landau, parachute, head control, tracking, grasp).

Determines Mental status

Tests CN II-XII

Tests for ataxia

Correctly assesses DTRs

Tests for motor strength

Tests for sensory function

Comments: ___________________________________

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