Hispanics have had a profound and positive influence on our country through their strong commitment to family, faith, hard work, and service. They have enhanced and shaped our national character with centuries-old traditions that reflect the multiethnic and multicultural customs of their community.

**National Hispanic Heritage Month (September 15 to October 15)** we recognize the contributions made and the important presence of Hispanic and Latino Americans to the United States and celebrate their heritage and culture.

**National Hispanic Heritage Month**, whose roots go back to 1968, begins each year on September 15, the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico, Chile and Belize also celebrate their independence days during this period and Columbus Day (Día de la Raza) is October 12.

The term Hispanic or Latino, refers to Puerto Rican, South or Central American, or other Spanish culture or origin regardless of race. On the 2010 Census form, people of Spanish, Hispanic and/or Latino origin could identify themselves as Mexican, Mexican American, Chicano, Puerto Rican, Cuban, or "another Hispanic, Latino, or Spanish origin."

Learn More at: [http://www.hispanicheritagemonth.gov/about/](http://www.hispanicheritagemonth.gov/about/)
Celebrating with UTHSC Employees!

Below are members of the UTHSC faculty and staff. These employees will be featured on OED’s Hispanic Heritage webpage throughout the month. You will learn some interesting facts about each HSC team member!

Julio Cordero-Morales, PhD
Assistant Professor
Department of Physiology
College of Medicine

Vanessa Morales-Tirado, PhD
Assistant Professor
Department of Ophthalmology
College of Medicine

Rozann Turner
Sr. Reference Service Specialist
UTHSC Library & Biocommunications Center

Joseph Swanson, Pharm. D., BCPS
Associate Professor
Department of Clinical Pharmacy and Pharmacology
College of Pharmacy and College of Medicine
CULTURAL AND RELIGIOUS VIEWS OF VACCINATION

Linda L. Williford Pifer, Ph.D., SM (ASCP), GS (ABB)

Christianity and the West

Most of us are aware of the recent controversy concerning vaccines and the now debunked notion that vaccines cause autism. Different cultures and religions impact individual views of vaccination, and it might be of interest to explore some of these. Roman Catholics, for example, have no objections to vaccines as long as no fetal tissues have been used in their production. Initially they were, but this is no longer the case.

The vast majority of churches arising from or following the Protestant movement (list not exhaustive) have no objection to vaccination: Baptists, Methodists, Presbyterians, Church of the Nazarene, and Church of God in Christ. Restoration churches including the Church of Christ and the Disciples of Christ also accept vaccines. The Latter Day Saints (Mormons) strongly support vaccines and child health and the majority of the German-Dutch descended Amish/Mennonites do not prohibit vaccines if they are presented well, i.e., for the “good of the community”.

Jehovah’s Witnesses have no objection to vaccines, although they do object to blood transfusions/products based on biblical scripture that prescribes “consumption” of such. Christian Science groups are variable from group to group. Some strongly oppose vaccination, cancer chemotherapy, and many types of medical intervention because they rely upon healing via prayer. The Dutch Reformed Church has refused vaccines since smallpox in the 1800’s and continues to do so. In 2013, 1226 members contracted measles (rubella) and 14.4% of these suffered serious complications. The Congregation of Universal Wisdom, which was founded by a chiropractor classifies injections or ingestion of medication as “sacrilege” because this, in their estimation, defies “natural law”. A donation of $75 per family is “customary” and membership has been used to avoid vaccination due to “religious belief”.

The Middle East: Judaism and Islam

Among the highly insular Ultra-Orthodox Jewish, many are very opposed to vaccines. The Orthodox Jewish, however, consider it a religious obligation, and Jews in general emphasize community over the individual. More liberal Jews see no conflict with vaccination and agree with Muslims on the pork gelatin issue (see below).

A number of traditional imams and Islamic religious leaders have been clear in stating that vaccination is in line with the principles of Islam. It is entirely permissible for observant Muslims to obtain vaccines containing pork gelatin because after its extreme processing, it bears little resemblance at all to the original product.

It is true, however, that many anti-Western Islamists do not trust Western vaccines and believe that they are designed to render their recipients sterile or have other nefarious purposes. The Taliban is deathly opposed to vaccines for obvious political and possibly other reasons.

Religions of the East

Although Hinduism does not take a formal position on the practice of vaccination, large countries such as India where the population is as much as 80.5% Hindu have proactively made efforts to attempt to wipe out infectious diseases such as polio through the use of vaccines. Sikhs have apparently made no official statement about the use of vaccines, but have voiced no objection to their use, much as in Jainism, where their use is not prohibited, either.

Buddhists, on the other hand, led by the Dalai Lama, have launched drives to boost the numbers of children immunized each year against the crippling polio virus. A study completed in May showed without any trace of a doubt that there was absolutely no relationship whatsoever between autism, which affects a child’s ability to communicate and relate to other people, and vaccines.

In conclusion, fear is the enemy that health providers must battle for the welfare of children against measles, mumps and rubella. Many parents apparently have no concept of science, and that is where the struggle for health must be joined. Rational persuasion often does not gain any ground with these individuals. Most have never seen the results of these viral infections and have lost all cultural memory of them. Regardless of their religious persuasion, photographs, in this writer’s experience have proven most effective. One picture does indeed speak a thousand words, and it does so in a manner that all parents can understand, regardless of language, culture or religion. Whatever it takes, healthcare providers must get the message out that vaccines are beneficial for all children.

References:
http://www.tabletmag.com/jewish
http://www.jewishjournal.com/judaism

Linda Pifer is a Professor in the Department of Clinical Laboratory Sciences where she teaches Virology, Parasitology, Human Genetics and Research.

http://www.newbuddhist.com/discussion/16787/buddhism
http://newbuddhist.com/discussion/16787/buddhism
http://www.tabletmag.com/jewish
http://www.jewishjournal.com/judaism/
Conflict is competition between individuals or groups, and it can either be healthy or unhealthy. Healthy conflict is constructive and a sign of high levels of trust; when individuals are encouraged to bring forth concerns in a respectful manner, innovation and diversity of thought occur. Unhealthy conflict is personal and emotional; it is often marked by name calling, personal attacks, cliques, and gossip. Reasonability, consideration, and respect are the foundations of civility, and practicing civility can determine whether a conflict becomes healthy or unhealthy.

Civility enables one to approach conflicts rationally by focusing on the issues rather than on the people. P.M. Forni, the civility expert, promotes listening and refusing to shift responsibility as two rules of considerate behavior, and in like manner, UC Berkeley delineates earnest apologies as one of its rules for workplace civility. According to UC Berkeley, giving earnest apologies can be achieved by:

- Stating the specific offense you are apologizing for (instead of being vague about what happened).
- Stating that you are taking responsibility for what happened (instead of making excuses for your behavior).
- Focusing only on your actions (instead of adding the criticism “but YOU also…”).
- Saying “I’m sorry” (instead of saying everything BUT “I’m sorry”).
- Saying “I should have…” (instead of refusing to state the proper actions).

Earnest apologies mitigate pride, anger, and other emotions that hamper the honest communication needed to reach a resolution. Both parties must first listen and take responsibility (the first step of conflict resolution) before common goals can be established (the second step of conflict resolution).

Civility does not call for the elimination of conflict; it merely calls for individuals to disagree respectfully. Respectful disagreements are signs of healthy conflict and are achieved by respecting different perspectives. The role of differing perspectives in conflict is best illustrated in a Jainism parable in which six blind men were asked to determine what an elephant looked like by feeling different parts of the elephant’s body. Conflict erupted as the one who felt the leg said the elephant was like a pillar; the one who felt the trunk said the elephant was like a tree branch; and the others described the elephant as a rope, a hand fan, a wall, and a solid pipe. The story illustrates the Jainism doctrine of Anekāntavāda, the notion that truth and reality are perceived differently from diverse points of view (the same principle that influenced Mahatma Gandhi to adopt principles of religious tolerance). Considering the possibility of alternate explanations permits a creative approach to resolving disagreements, and brainstorming (the third step of conflict resolution) only occurs once the involved parties have expressed and listened to all sides of the story.

Differences are at the heart of conflict, and workplace conflict is inevitable due to the myriad cultures, experiences, and personalities that must work together to achieve common goals. Workplace conflict, as in theparable, often results from poor communication and incomplete information, and unless these disparities are addressed in a civil manner (with respect, consideration, and reasonability), relationships and productivity will suffer substantially. Although workplace conflict is natural, civility helps determine whether organizations will grow or atrophy from these inexorable differences.

Using Civility to Resolve Conflicts

Jenna Fielding
Associate Equity Assurance Specialist of The Office of Equity and Diversity

Domestic violence affects every American. It thrives when we are silent, but if we take a stand and work together, we can end domestic violence. Throughout the month of October, help raise awareness about domestic violence and join in the efforts to end violence.

During National Domestic Violence Awareness Month, we acknowledge the progress made in reducing these shameful crimes, embrace the basic human right to be free from violence and abuse, and recognize that more work remains until every individual is able to live free from fear.

Information can be found at the following pages:

http://noonealone.org/events/dawsonville-open-house/
http://www.ncadv.org/
Held each October, National Disability Employment Awareness Month (NDEAM) is a time to celebrate the many and varied contributions of America’s workers with disabilities.

This year is the 70th anniversary of NDEAM and 25th anniversary of the Americans with Disabilities Act (ADA). The theme for NDEAM 2015 is “My Disability Is One Part of Who I Am.”

Signed into law in 1990, the Americans with Disabilities Act (ADA) is civil rights legislation that works to increase the inclusion of people with disabilities in all aspects of community life, including employment. At the U.S. Department of Labor, we are committed to delivering on the promise of the ADA, not only for today’s workers with disabilities, but also future generations.

Learn more about NDEAM at the following link: http://www.dol.gov/odep/topics/ndeam/

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Nominations Open for Chancellor’s Exempt Staff Award

The Chancellor’s Exempt Staff Award (CESA) was created in 2007 by Michael and Chandra Alston, co-chairs for non-exempt staff and non-faculty exempt staff groups. Similar to the Lichterman Award for non-exempt employees, CESA recognizes exempt non-faculty employees that have gone above and beyond the call of duty through providing excellent service; enhancing the quality of life; developing or improving programs; and advancing the reputation of UTHSC. Chancellor Dr. Steve Schwab, MD and Dr. Ken Brown will award the winner with a $1,500 prize and an award plaque at the annual Awards Ceremony in December. Winners will also receive permanent recognition on OED’s website.

CESA nominations will be accepted between September 1, 2015 and October 1, 2015. Nomination forms are located on the OED website under the “Chancellor’s Exempt Staff Award” tab (https://www.uthsc.edu/oed/exemptstaff.php), and completed nomination packages should be submitted to Jenna Fielding in the Office of Equity and Diversity by mail (910 Madison Ave, St. Suite 826), fax (901-448-1120), or by email to jfielding@uthsc.edu. Nominees must be endorsed by at least three nominators (alumni, faculty, staff, students, or other HSC community members), and three letters of support are encouraged. More information may be found on the nomination form. Additionally, nominees must have a minimum of three years of service to be considered. Any questions concerning the award or its nomination process may be addressed to Jenna Fielding.

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On September 17, 1787, the delegates to the Constitutional Convention met for the last time to sign the document they had created. This important day in our nation’s history. Did you also know the United States has the world’s oldest written constitution, and that it was written in Philadelphia? As part of an educational programming effort on the U.S. Constitution the Office of Equity and Diversity will have a limited number of pocket size U.S. Constitution booklets, available in English and Spanish, on September 17th.

Learn fun facts at the following link: http://www.constitutionday.com/#

Get your pocket size U.S. Constitution booklets!
September 17, 2015
Madison Plaza 10:00 a.m. –11:30a.m.
On July 17, the 2015 Tennessee Institutes for Pre-Professionals (TIP) Program came to a close, marking another successful year for all the staff and faculty involved in making the program what it is. Fifty-four students – most from undergraduate institutions across the State of Tennessee – were selected to participate in this year’s program and they were all highly motivated as demonstrated by their work over the course of the seven weeks.

There were 18 students in Track I and these students were provided the opportunity to work alongside and shadow local practitioners in their area of interest and experience the day-to-day rigors and challenges of a being a healthcare professional. We had students working in dental practices, general medicine and specialty clinics, physical and occupational rehabilitation clinics, a compounding lab, as well as Methodist-LeBonheur Hospital and the Kaplan-Amonette Department of Dermatology.

These students were required to present a poster at the end of the program showcasing something they learned over the summer or a topic related to that field. Staff from various UTHSC offices judged the students’ presentations and the overall winner was Ms. Morgan Stansell for her poster, “Weird or Unique?” that focused on Asperger’s Syndrome.

Track II had the largest number of participants with 23 students. These students were enrolled in a Kaplan test preparation course for the DAT, MCAT, or PCAT designed to help them identify deficiencies they may have in their test-taking abilities and learning skills. Through the Kaplan course and on-site instructors, students were able to focus on content review and test-taking strategies, as well as complete practice questions and a number of full-length practice tests. Each student took a full-length diagnostic test for their specific test and most students improved their overall score on their last full-length practice test.

(Additionally, seven students who participated in Track II of the 2014 TIP Program matriculated in August as first-year students in the Colleges of Dentistry and Pharmacy.)

All 13 students in Track III successfully completed the coursework similar to the first-year curriculum in their respective colleges and matriculated in August as first-year students in the Colleges of Dentistry, Medicine, and Pharmacy. This is the most rigorous track – dental and medicine students had 102 hours of instructional time and the pharmacy students had 106 hours – but Track III students receive access to Student Academic Support Services and Inclusion (SASSI) to assist them with skills including time management, test-taking strategies, as well as, information about their learning styles that will help them during the TIP program and after beginning their professional program at UTHSC.

The students reported overwhelmingly strong satisfaction with the program’s ability to help them pursue their career goals in all three tracks; however, there is always room for improvement which will help with future success of the program. To read the full 2015 annual report, please visit the Health Careers Programs webpage at http://www.uthsc.edu/hcp.
The Germantown Performance Arts Center (GPAC) is offering a 15% discount to UTHSC students, faculty, staff, residents, and postdocs by using a special code created for UTHSC, when purchasing tickets online (www.gpacweb.com) or when calling the box office at 901-751-7500. UTHSC's promotional code is UT15. GPAC has some exciting programming throughout the season that should encourage a pluralistic view because music, art, and drama enables access to everyone. http://www.gpacweb.com/

**Community Events**

**September/October**

**Germantown Festival**
Germantown Civic Club Complex
7745 Poplar Pike
September 12th, 2015 from 9:30 to 6pm and Sunday, September 13th, 2015 from Noon to 6pm

One of the longest, continuously run festivals in the area, the 44th Annual Germantown Festival will once again provide a Free Family Fun Weekend for all. Germantown for the best in arts and crafts, children’s activities, rides and games, live stage entertainment, car exhibits, community displays, the Running of the Weenies Dachshund race and festival foods for all tastes.

http://www.germantownfest.com/index.htm

**RiverArtsFest**
October 23, 24 & 25
Central Station – South Main St.

RiverArtsFest is a street celebration of the visual, performing and culinary arts with attractions and activities for all ages! Over 180 artists from around the country gather to exhibit and sell their latest works of original fine arts in what’s become the largest outdoor juried artist market and urban street festival in the Mid-South.

http://riverartsmemphis.org/

**Golden Ticket**

The Germantown Performance Arts Center (GPAC) is offering a 15% discount to UTHSC students, faculty, staff, residents, and postdocs by using a special code created for UTHSC, when purchasing tickets online (www.gpacweb.com) or when calling the box office at 901-751-7500.
### 2015 Religious Holidays

**September**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Religion</th>
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</thead>
<tbody>
<tr>
<td>September 1</td>
<td>Ecclesiastical year begins</td>
<td>Orthodox Christian</td>
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<tr>
<td>September 5</td>
<td>Krishna Janmashtami</td>
<td>Hindu</td>
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<tr>
<td>September 8</td>
<td>Nativity of Mary</td>
<td>Christian</td>
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<tr>
<td>September 14</td>
<td>Elevation of the Life Giving Cross</td>
<td>Christian</td>
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<tr>
<td>September 14-15</td>
<td>Rosh Hashanah</td>
<td>Jewish</td>
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<tr>
<td>September 17</td>
<td>Ganesh Chaturthi</td>
<td>Hindu</td>
</tr>
<tr>
<td>September 18</td>
<td>Paryushana Parva</td>
<td>Jain</td>
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<tr>
<td>September 22</td>
<td>Waqf al Arafa</td>
<td>Islam</td>
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<tr>
<td>September 23</td>
<td>Equinox Yom Kippur</td>
<td>Jewish</td>
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<tr>
<td>September 23-26</td>
<td>Eid al Adha - Sacrifice Day</td>
<td>Islam</td>
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<tr>
<td>September 27</td>
<td>Meskel</td>
<td>Ethiopian Orthodox Christian</td>
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<tr>
<td>September 28-Oct 4</td>
<td>Sukkot</td>
<td>Jewish</td>
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<tr>
<td>September 29</td>
<td>Michael and All Angels</td>
<td>Christian</td>
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</tbody>
</table>

**September**:
- September 1: Ecclesiastical year begins - Orthodox Christian
- September 5: Krishna Janmashtami - Hindu
- September 8: Nativity of Mary - Christian
- September 14: Elevation of the Life Giving Cross - Holy Cross Day - Christian
- September 14-15: Rosh Hashanah - Jewish (begins sundown on 13)
- September 17: Ganesh Chaturthi - Hindu
- September 18: Paryushana Parva - Jain
- September 22: Waqf al Arafa - Hajj - Islam (begins sundown on 21)
- September 23: Equinox Yom Kippur - Jewish (begins sundown on 22)
- September 23-26: Eid al Adha - Sacrifice Day - Islam (begins sundown on 22)
- September 27: Meskel - Ethiopian Orthodox Christian
- September 28-Oct 4: Sukkot - Jewish (begins sundown on 27)
- September 29: Michael and All Angels - Christian

**October**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Religion</th>
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<tbody>
<tr>
<td>October 4</td>
<td>Saint Francis Day</td>
<td>Christian</td>
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<tr>
<td>October 5</td>
<td>Shemini Atzeret</td>
<td>Jewish</td>
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<tr>
<td>October 6</td>
<td>Simchat Torah</td>
<td>Jewish</td>
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<tr>
<td>October 12</td>
<td>Thanksgiving - Canada</td>
<td>Interfaith</td>
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<tr>
<td>October 13-21</td>
<td>Navaratri</td>
<td>Hindu</td>
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<tr>
<td>October 14</td>
<td>Hijra - New Year</td>
<td>Islam</td>
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<tr>
<td>October 20</td>
<td>Birth of the Báb - Baha'i</td>
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<tr>
<td>October 20</td>
<td>Installation of Scriptures as Guru Granth</td>
<td>Sikh</td>
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<tr>
<td>October 22</td>
<td>Dasara - Hindu</td>
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<tr>
<td>September 23</td>
<td>Saint George's Day</td>
<td>Christian</td>
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<tr>
<td>September 23</td>
<td>Ashura - Islam</td>
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<tr>
<td>September 25</td>
<td>Reformation Day</td>
<td>Protestant Christian</td>
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<tr>
<td>September 28</td>
<td>Milvian Bridge Day</td>
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**Local Lunch 10% Discount**

- **Arepa Salsa Restaurant**
  - Address: 682 Madison Ave.
  - Memphis, TN 38105
  - Phone: 433-9980
  - Hours: Monday-Thursday 11:30am-7:00pm
  - Friday-Saturday 11:30am-10:00pm
  - Closed on Sunday
  - UT ID Required

- **Havana's Pilon**
  - Cuban Restaurant
  - Address: 143 Madison Ave.
  - Memphis, TN 38103
  - Phone: 527-2878
  - Hours: Monday-Saturday 7:30am-8:30pm

**Diversity Events**

- [http://www.latinomemphis.org/events](http://www.latinomemphis.org/events)

**Request a Workshop**

[https://jfe.qualtrics.com/forms/SV_cIdCwxBNBwB4hv](https://jfe.qualtrics.com/forms/SV_cIdCwxBNBwB4hv)

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**The University of Tennessee Health Science Center.**

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