

## HeartCode® ACLS & BLS Instructions

\*\* Internet Explorer is the preferred browser for Healthstream, the platform for HeartCode® courses. Popup blockers should be disabled and Active X should be allowed. You can check the readiness of your computer and browser by [clicking here](#).

1. If you have a Healthstream login:
  - a. And remember your User ID and Password, go to Step 3 below.
  - b. And do not remember your Password, go to <http://www.healthstream.com/hlc/uthsc> and choose "Password Reminder" or "Forgot your password". Then go to Step 3 below.
  - c. And do not remember your User ID, call (901) 448-4530 or email [simulate@uthsc.edu](mailto:simulate@uthsc.edu).
  
2. If you do not have a Healthstream login:
  - a. Go to <http://www.healthstream.com/hlc/uthsc>
  - b. Select "First time students click here to register"
  - c. Create a User ID and Password. It is highly suggested that you use your NetID as the User ID.
  
3. Register for the course:
  - a. Call (901) 448-4530 or email [simulate@uthsc.edu](mailto:simulate@uthsc.edu) with the following information:
    - i. Your name
    - ii. Your User ID for Healthstream
    - iii. Your Department or Program (e.g., 1<sup>st</sup> year medical student, Internal Medicine Resident, 2<sup>nd</sup> year Pharmacy student, etc)
  - b. You will receive email confirmation of your registration in the course within 48 hours.
  
4. Online course completion:
  - a. The course can be accessed by logging into <http://www.healthstream.com/hlc/uthsc> and selecting the "My Learning" tab.
    - i. According to the American Heart Association, the online portion for BLS takes 1-2 hours to complete while the online portion for ACLS takes 6-7 hours to complete. Often, however, times are less depending on your background and experience.
  - b. Once the course is completed, complete the Evaluation and CME forms online. **(Both must be completed in order to advance)**
  
5. Hands-On Session:
  - a. Hands-On Session must be performed at a skills station. Skills stations are accessible 24/7, are self-guided, and do not require a staff or faculty to be present.
    - i. Two skills stations are located in the lobby of Kaplan Center, 920 Madison Avenue, 7<sup>th</sup> floor.
    - ii. Residents can also access an additional skills station in the Resident Resource Room (C3) in the corridor of 910/920/930 Madison complex. This skills station is found in the back room and can be accessed with UTHSC ID 24/7.
  - b. Instructions for use will be provided at the skills station.
    - i. For technical difficulties using the skills station, please call (901) 448-4530 or email [simulate@uthsc.edu](mailto:simulate@uthsc.edu).
    - ii. Simulation program staff are only available to address technical difficulties during normal business hours.