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**OSHA Respirator Medical Evaluation Questionnaire**

**Part A. Section 1. (Mandatory)** The following information must be provided by every employee who has been selected to use any type of respirator (**please print**).

1. **Today's date:** \_\_\_\_\_ 2. **Your name:** \_\_\_\_\_  
 3. **D.O.B.** \_\_\_\_\_ 4. **Sex** (check one): Male \_\_\_\_\_ Female \_\_\_\_\_  
 5. **Your height:** \_\_\_\_\_ ft \_\_\_\_\_ in 6. **Your weight:** \_\_\_\_\_ lbs  
 7. **Your Job Title:** \_\_\_\_\_  
 8. A phone number where you can be reached by the health care professional who reviews this questionnaire (include the Area Code): \_\_\_\_\_  
 9. The best time to phone you at this number: \_\_\_\_\_

10. Has your employee health told you how to contact the health care professional who will review this questionnaire

Yes	No

11. Check the type of respirator you will use (you can check more than one category):

- a. N, R, or P disposable respirator (filter-mask, non- cartridge type only).
- b. other type (for example, half- or full-face piece type, powered-air purifying, supplied-air, self-contained breathing apparatus).

Yes	No
Yes	No

12. Have you worn a respirator  
 If "yes," what type(s): Full face, half-face, N / P -95, SCBA

**Part A. Section 2. (Mandatory)** Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (**put x in box under "yes" or "no"**).

1. Do you **currently** smoke tobacco, or have you smoked tobacco in the last month?

Yes	No

2. Have you **ever had** any of the following conditions?

Yes	No

- a) Seizures (fits)
- b) Diabetes (sugar disease)
- c) Allergic reactions that interfere with your breathing
- d) Claustrophobia (fear of closed-in places)
- e) Trouble smelling odors

**Part A. Section 2. (Mandatory)** Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (**put x in box under "yes" or "no"**).

	Yes	No
3. Have you <b>ever had</b> any of the following pulmonary or lung problems?		
a) Asbestos		
b) Asthma		
c) Chronic bronchitis		
d) Emphysema		
e) Pneumonia		
f) Tuberculosis		
g) Silicosis		
h) Pneumothorax (collapsed lungs)		
i) Lung cancer		
j) Broken ribs		
k) Any chest injuries or surgeries		
l) Any other lung problems that you've been told about		

	Yes	No
4. Any other lung problem Do you <b>currently</b> have any of the following symptoms of pulmonary or lung illness?		
a) Shortness of breath		
b) Shortness of breath when walking fast on level ground or walking up a slight hill or incline		
c) Shortness of breath when walking with other people at an ordinary pace on level ground:		
d) Have to stop for breath when walking at your own pace on level ground		
e) Shortness of breath when washing or dressing yourself		
f) Shortness of breath that interferes with your job		
g) Coughing that produces phlegm (thick sputum)		
h) Coughing that wakes you early in the morning		
i) Coughing that occurs mostly when you are lying down		
j) Coughing up blood in the last month		
k) Wheezing		
l) Wheezing that interferes with your job		
m) Chest pain when you breathe deeply		
n) Any other symptoms that you think may be related to lung problems		

**Part A. Section 2. (Mandatory)** Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (**put x in box under "yes" or "no"**).

5. Have you **ever had** any of the following cardiovascular or heart problems?
- a. Heart attack
  - b. Stroke
  - c. Angina
  - d. Heart failure
  - e. Swelling in your legs or feet (not caused by walking)
  - f. Heart arrhythmia (heart beating irregularly)
  - g. High blood pressure
  - h. Any other heart problem that you've been told about

Yes	No

6. Have you **ever had** any of the following cardiovascular or heart symptoms?
- a. Frequent pain or tightness in your chest
  - b. Pain or tightness in your chest during physical activity
  - c. Pain or tightness in your chest that interferes with your job
  - d. In the past two years, have you noticed your heart skipping or missing a beat
  - e. Heartburn or indigestion that is not related to eating
  - f. Any other symptoms that you think may be related to heart or circulation problems

Yes	No

7. Do you **currently** take medication for any of the following problems?
- a. Breathing or lung problems
  - b. Heart trouble
  - c. Blood pressure
  - d. Seizures (fits)

Yes	No

8. If you've used a respirator, have you **ever had** any of the following problems? (If you've never used a respirator, check the following space and go to question 9.)
- a. Eye irritation
  - b. Skin allergies or rashes
  - c. Anxiety
  - d. General weakness or fatigue
  - e. Any other problem that interferes with your use of a respirator

Yes	No

9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire?

Yes	No

**Questions 10 to 15** below must be answered by every employee who has been selected to use either a full-face piece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

	Yes	No
10. Have you <b>ever lost</b> vision in either eye (temporarily or permanently)?		

	Yes	No
11. Do you <b>currently</b> have any of the following vision problems?		
a) Wear contact lenses:		
b) Wear glasses:		
c) Color blind:		
d) Any other eye or vision problem:		

	Yes	No
12. Have you <b>ever had</b> an injury to your ears, including a broken ear drum?		

	Yes	No
13. Do you <b>currently</b> have any of the following hearing problems?		
a. Difficulty hearing:		
b. Wear a hearing aid:		
c. Any other hearing or ear problem:		

	Yes	No
14. Have you <b>ever had</b> a back injury?		

	Yes	No
15. Do you <b>currently</b> have any of the following musculoskeletal problems?		
a. Weakness in any of your arms, hands, legs, or feet:		
b. Back pain:		
c. Difficulty fully moving your arms and legs:		
d. Pain or stiffness when you lean forward or backward at the waist:		
e. Difficulty fully moving your head up or down:		
f. Difficulty fully moving your head side to side:		
g. Difficulty bending at your knees:		
h. Difficulty squatting to the ground:		
i. Climbing a flight of stairs or a ladder carrying more than 25 lbs:		
j. Any other muscle or skeletal problem that interferes with using a respirator:		

**Part B.** Any of the following questions, and other questions not listed, may be added to the questionnaire at the discretion of the health care professional who will review the questionnaire.

1. In your present job, are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen?

Yes	No

If "yes," do you have feelings of dizziness, shortness of breath, pounding in your chest or other symptoms when you're working under these conditions? List symptom below:

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2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals?

Yes	No

If "yes," name the chemicals if you know them:

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3. Have you ever worked with any of the materials, or under any of the conditions, listed below?

Yes	No

- a) Asbestos: \_\_\_\_\_
- b) Silica (e.g., in sandblasting): \_\_\_\_\_
- c) Tungsten/cobalt (e.g., grinding or welding this material): \_\_\_\_\_
- d) Beryllium: \_\_\_\_\_
- e) Aluminum: \_\_\_\_\_
- f) Coal (for example, mining): \_\_\_\_\_
- g) Iron: \_\_\_\_\_
- h) Tin: \_\_\_\_\_
- i) Dusty environments: \_\_\_\_\_
- j) Any other hazardous exposures: \_\_\_\_\_

4. List any second jobs or side businesses you have:

5. List your previous occupations:

6. List your current and previous hobbies:

**Part B.** Any of the following questions, and other questions not listed, may be added to the questionnaire at the discretion of the health care professional who will review the questionnaire.

7. Have you been in the military services? 

Yes	No

  
If "yes," were you exposed to biological or chemical agents (either in training or combat)?

8. Have you ever worked on a HAZMAT team? 

Yes	No

9. Other than medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications)? 

Yes	No

  
If "yes," name the medications if you know them:

10. Will you be using any of the following items with your respirator(s)? 

Yes	No

a. HEPA Filters: \_\_\_\_\_

b. Canisters (for example, gas masks): \_\_\_\_\_

c. Cartridges: \_\_\_\_\_

11. How often are you expected to use the respirator(s)? (Put **X** for "yes" or "no" for all answers that apply to you?) 

Yes	No

a. Escape only (no rescue): \_\_\_\_\_

b. Emergency rescue only: \_\_\_\_\_

c. Less than 5 hours **per week**: \_\_\_\_\_

d. Less than 2 hours **per day**: \_\_\_\_\_

e. 2 to 4 hours per day: \_\_\_\_\_

f. Over 4 hours per day: \_\_\_\_\_

12. During the period you are using the respirator(s), is your work effort: 

Yes	No

**Light** (less than 200 kcal per hour)?  
If "yes," how long does this period last during the average shift: \_\_\_\_\_ hrs. \_\_\_\_\_ mins.

Examples of a light work effort are **sitting** while writing, typing, drafting, or performing light assembly work; or **standing** while operating a drill press (1-3 lbs.) or controlling machines.

**Moderate** (200 to 350 kcal per hour):? 

Yes	No

  
If "yes," how long does this period last during the average shift: \_\_\_\_\_ hrs. \_\_\_\_\_ mins.

Examples of moderate work effort are **sitting** while nailing or filing; **driving** a truck or bus in urban traffic; **standing** while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; **walking** on a level surface about 2 mph or down a 5-degree grade about 3 mph; or **pushing** a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

Yes	No

**Heavy** (above 350 kcal per hour)?

If "yes," how long does this period last during the average shift: \_\_\_\_\_ hrs. \_\_\_\_\_ mins.

Examples of heavy work are **lifting** a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; **shoveling; standing** while bricklaying or chipping castings; **walking** up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.).

Yes	No

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you're using your respirator?

If "yes," describe this protective clothing and/or equipment:

Yes	No

14. Will you be working under hot conditions (temperature exceeding 77 deg. F):?

Yes	No

15. Will you be working under humid conditions:?

16. Describe the work you'll be doing while you're using your respirator(s):

17. Describe any special or hazardous conditions you might encounter when you're using your respirator(s) (for example, confined spaces, life-threatening gases):

18. Provide the following information, if you know it, for each toxic substance that you'll be exposed to when you're using your respirator(s):	
Name of the first toxic substance:	
Estimated maximum exposure level per shift:	
Duration of exposure per shift:	
Name of the second toxic substance	
Estimated maximum exposure level per shift:	
Duration of exposure per shift:	
Name of the third toxic substance:	
Estimated maximum exposure level per shift:	
Duration of exposure per shift	
The name of any other toxic substances that you'll be exposed to while using your respirator:	

Regulations (Standards - 29 CFR)

OSHA Respirator Medical Evaluation Questionnaire (Mandatory). - 1910.134 App C

03/26/2013/UHS

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**OSHA Respirator Medical Evaluation Questionnaire**

I have provided the correct information to the best of my abilities. My forms were review by a health care provider from UTHSC and I was made aware of the nature and purpose for getting a fit test.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
**Employee**

Signed \_\_\_\_\_ Date \_\_\_\_\_  
**University Health Provider**

Signed \_\_\_\_\_ Date \_\_\_\_\_  
**Fit Test Administrator**