



**44<sup>th</sup> Annual Family Medicine Review Course  
and the  
5<sup>th</sup> Family Medicine/Psychiatry  
CME Conference  
March 23, 24, 25, 2012**

**Fogelman Executive Center and Conference Hotel  
Memphis, TN**

**sponsored by**

**THE UNIVERSITY OF TENNESSEE DEPARTMENTS OF  
FAMILY MEDICINE AND PSYCHIATRY**

## PURPOSE

The purpose of this joint program is to provide practicing physicians, nurse practitioners, physician assistants and other health care professionals an update regarding selected topics of importance integrating family medicine and psychiatry.

## EDUCATIONAL OBJECTIVES

Following this activity, participants should be able to:

- Identify patient and physician behaviors that contribute to overprescribing.
- Effectively assist immigrant patients with their special healthcare needs.
- Safely select management options when patients are on multiple medications.
- Respond constructively to patients with occupational illness or disease.
- Develop novel approaches to patient education.
- Discuss aspects of adolescent culture which contribute to high risk behavior.
- Analyze the rationale for interpreting preventive health guidelines.
- Assess the impact of psychiatric medications on endocrine function and endocrine disease on mental health.
- Develop an integrated and comprehensive approach to ADHD diagnosis and treatment.
- Recognize and treat common dermatologic disorders.
- Select safe interventions for managing mental illness in pregnancy.
- Establish appropriate professional boundaries with patients.
- Compare various strategies for colon cancer screening.
- Assist and appropriately refer patients for fertility problems.
- Apply current evidence to interpretation of Pap smears.
- Describe indications for ECT and TMS.
- Utilize intensive outpatient psychiatry resources appropriately.
- Select effective interventions for treatment resistant depression.
- Evaluate suicidality in a manner that minimizes risk.
- Implement provisions of the Affordable Care Act to improve care quality in ambulatory care settings.
- Formulate management strategies for chronic pain that are effective and avoid medical complications.
- Recognize the interplay between depression and somatic illness.
- Discuss strategies for improving access to primary care services in Tennessee.
- Educate addiction patients about potential medical side effects and complications.
- Anticipate expected changes in the rubric for psychiatric diagnosis in DSM V.

## ACCREDITATION

The University Of Tennessee College Of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT

The University Of Tennessee College Of Medicine designates this live activity for a maximum of 21 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

This Live activity, 44th Annual Family Medicine Review Course and 5th Annual Family Medicine/Psychiatry CME Conference, with a beginning date of March 23, 2012, has been reviewed and is acceptable for up to 22.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**\*Prescriber's response to Tennessee's Prescription Drug Abuse Crisis** meets the Tennessee Board of Medical examiners requirement for one hour CME for license renewal, which addresses prescribing practices.

## LODGING

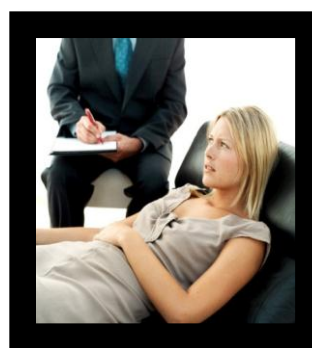
A block of rooms are available at the University Holiday Inn Hotel, 3700 Central Avenue, Memphis TN 38152, (901) 678-8200, directly across from the Fogelman Executive Conference Center. The special conference rate is \$115.00 single/double plus taxes. Please make your own reservations if overnight accommodations are needed. Rooms have been blocked for your convenience. Special rates are available until February 23, 2012, or until the block is full whichever occurs first. Should this hotel be unavailable, please call our office at (901) 448-0240 for further lodging information.

## LOCATION

This symposium will be held at the Fogelman Executive Conference Center, Memphis, TN. 330 Innovation Drive, Memphis, TN 38152.

## PARKING

For free parking participants should park in the parking garage next door to the Fogelman Executive Conference Center at 330 Innovation Drive. Please bring in your white ticket in exchange for an exit ticket. Parking in other locations will not be validated.



## COURSE DIRECTORS

**Robert Hoover, MD, FAAFP**, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

**James A. Greene, MD, DLFAPA, FACP**, Professor and Chair, Department of Psychiatry UTHSC, Memphis, TN

## FACULTY PRESENTERS

**Valerie Arnold, MD**, Assistant Professor of Psychiatry, and Chief, Division of Child and Adolescent Psychiatry, UTHSC, Memphis, TN

**Iverson Bell, MD**, Assistant Professor and Residency Program Director, Department of Psychiatry, UTHSC, Memphis, TN

**Adrian Blotner, MD**, Clinical Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN

**Lyle Bohlman, MD**, Assistant Professor and Medical Director, St. Francis Residency Program, Department of Family Medicine, UTHSC, Memphis, TN

**Beth Choby, MD**, Associate Professor, Department of Family Medicine, UTHSC, Memphis, TN

**Keith Ellis, MD**, Assistant Professor, Department of Family Medicine, UTHSC, Jackson, TN

**Jennifer Goodfred, DO**, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

**Aidar R. Gosmanov, MD, PhD, DMSc**, Assistant Professor, Department of Medicine, Division of Endocrinology, UTHSC, Memphis, TN

**Carolyn Harraway-Smith, MD, FACOG**, Assistant Professor, Advanced Women's Health Fellowship Director, Department of Family Medicine, Memphis, TN

**Radwan F. Haykal, MD, DFAPA**, Clinical Professor of Psychiatry, & Clinical Associate Professor of Family Medicine, UTHSC & Director, Bipolar Spectrum Program, Lakeside BHS, Memphis, TN

**Stephan H. Heckers MD**, Chairman Department of Psychiatry, Vanderbilt University, Nashville, TN.

**Juan Jaramillo, MD**, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN

**Muneeza Khan, MD**, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

**Kent Lee, MD, MA**, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

**Sudhakar Madakasira, MD, FAPA**, Clinical Associate Professor of Psychiatry at the University of Mississippi, Jackson, MS

**David Maness, DO, MSS**, Professor and Chair, Department of Family Medicine, UTHSC, Memphis, TN

**Robert E. Murray MD, PhD**, Department of Psychiatry, UTHSC, & Consultant Psychiatrist, La Paloma, Memphis, TN

**G. Stephen Nace, MD** Associate Professor, Department of Internal Medicine UTHSC, Memphis, TN

**Michol Polson, PhD, LMFT**, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

**Joel Reisman, MD**, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN

**Renate Rosenthal, PhD**, Professor and Director of Medical Student Education in Psychiatry, UTHSC, Memphis, TN

**Kenneth Sakaue, MD**, Professor and Vice Chair, Director of Geriatric Psychiatry, UTHSC, Memphis, TN

**Steve Schrock, MD**, Assistant Professor and Program Director, St. Francis Residency Program, Department of Family Medicine, UTHSC, Memphis, TN

**Kim Stuckey, MD**, Assistant Professor, Department of Family Medicine, UTHSC, Memphis, TN

**S. Taylor Williams, MD**, Assistant Professor, Department of Psychiatry, UTHSC, Memphis, TN

**Jim Woods, MD**, Assistant Professor, Department of Psychiatry, UTHSC, The Psychiatry Group, Memphis, TN



St. Francis Family Practice Center  
1301 Primacy Parkway  
Memphis, TN 38119

## PROGRAM

### FRIDAY, MARCH 23, 2012

- 7:30 a.m. **Registration and Continental Breakfast**
- 8:00 a.m. **Welcome & Introduction:** Bob Hoover, MD
- 8:10 a.m. **Keynote: Improving Access to Primary Care Services in Tennessee: A Strategy for Success:** David Maness, DO
- 9:10 a.m. **Somatic Presentations of Depression in Primary Care:** G. Stephen Nace, MD
- 10:10 a.m. **Break:** Refreshments
- 10:25 a.m. **Polypharmacy-How Do You Know when a Patient is Taking Too Many Medicines:** Radwan Haykal, MD
- 11:15 a.m. **Occupational Medicine: Approach to Work Related Health Problems:** Jennifer Goodfred, DO
- 12:05 p.m. **Lunch presentation: Using Humor and Movies in Teaching Patients and Trainees:** Taylor Williams, MD
- 1:00 p.m. **Case Based Review of Common Dermatologic Problems:** Kim Stuckey, MD
- 2:00 p.m. **The Infertile Couple, the Role of the Family Physician:** Carolyn Harraway-Smith, MD
- 3:00 p.m. **Break:** Refreshments
- 3:10 p.m. **An Endocrinologist looks at Psychiatric Conditions and Treatment:** Aidar Gosmanov, MD
- 4:10 p.m. **Integrated care of ADHD: Medical Approaches and Behavioral Management:** Valerie Arnold, MD, Bob Hoover, MD, and Michol Polson, PhD
- 5:40 p.m. End of day's program

### SATURDAY, MARCH 24, 2012

- 7:30 a.m. **Registration and Continental Breakfast**
- 8:00 a.m. **Sex and Drugs and Rock and Roll- Adolescent Substance Abuse:** Valerie Arnold, MD
- 9:00 a.m. **Management of Mental Illness in Pregnancy:** Juan Jaramillo, MD
- 10:00 a.m. **Break:** Refreshments
- 10:15 a.m. **Maintaining Boundaries in Physician-Patient Relationships:** Beth Choby, MD and Renate Rosenthal, PhD
- 11:15 a.m. **Immigrant Health: Meeting the Unique Healthcare Needs of Newly Arrived Immigrant Patients:** Muneeza Khan MD
- 12:15 p.m. **Lunch Presentation: Prescriber's response to Tennessee's Prescription Drug Abuse Crisis - Tennessee Prescription Drug Safety Program\*.**

All participants are welcome to attend presentations in either track

### CLINICAL MEDICINE TOPICS TRACK

- Moderator: Bob Hoover, MD
- 1:15 p.m. **Colon Cancer Screening:** Steve Schrock, MD
- 2:15 p.m. **Guidelines for Disease Prevention- Understanding the Recommendations of the USPSTF:** Kent Lee, MD
- 3:15 p.m. **Break:** Refreshments
- 3:30 p.m. **Risk factor intervention: How can we assist our patients in preventing cardiovascular disease:** Keith Ellis, MD
- 4:30 p.m. **Abnormal Pap Smear-Evidence Based Approaches to Cervical Cancer Prevention:** Bob Hoover, MD
- 5:30 p.m. End of the day's program

### IN DEPTH PSYCHIATRY TOPICS TRACK

- Moderator: Jim Greene, MD
- 1:15 p.m. **DSM 5- A Preview:** Stephan H. Heckers, MD
- 2:15 p.m. **Review of Clinical Indications for ECT and TMS:** Ken Sakauye, M.D.
- 3:15 p.m. **Break:** Refreshments
- 3:30 p.m. **Intensive Outpatient Psychiatry Indications, Utilization and Business Management Approaches for Children, Adolescents, Adults and Geriatric Patients:** Iverson Bell MD, Jim Greene MD, Valerie Arnold MD, and Sudhakar Madakasira, MD
- 4:30 p.m. **Evaluating Liability Risk in Suicidal Patients:** Joel Reisman, MD
- 5:30 p.m. End of the day's program

### SUNDAY, MARCH 25, 2012

- 7:30 a.m. **Registration and Continental Breakfast – Welcome and Introduction:** Jim Greene, MD
- 8:00 a.m. **Management of Treatment Resistant Depression:** Jim Woods, MD
- 8:45 a.m. **Transforming Your Practice into a Medical Home: The Benefits of the Affordable Care Act:** Lyle Bohlman, MD
- 9:30 a.m. **Break:** Refreshments
- 9:45 a.m. **Update on Addiction Medication:** Robert E. Murray, MD, PhD
- 10:30 a.m. **Behavioral and Medical Approaches to Chronic Pain:** Adrian Blotner, MD and Renate Rosenthal, PhD
- 12:00 p.m. **Evaluation and Post Test**
- 12:30 p.m. **Conclusion**

**Program Registration**  
44<sup>th</sup> Annual Family Medicine Review Course and the  
5<sup>th</sup> Family Medicine/Psychiatry CME Conference  
March 23-25, 2012

Name: \_\_\_\_\_

MD · DO · NP · PA · RN Other: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ Fax: (    ) \_\_\_\_\_

Specialty: \_\_\_\_\_ SS# \_\_\_\_\_ (optional: last 4 digits for CME tracking)

Email: \_\_\_\_\_

May we send educational activity announcements via email? Yes \_\_\_ No \_\_\_

**Method of Payment**

Check for \$ \_\_\_\_\_ enclosed (payable to UT Family Medicine)

Credit Card: Charge \$ \_\_\_\_\_ to my: MasterCard · VISA

Credit Card #: \_\_\_\_\_ \*\*\*CSC# : \_\_\_\_\_ ( 3 digit on back)

Exp. Date: \_\_\_\_\_ Card Holders Name: \_\_\_\_\_ (Please Print)

Signature: \_\_\_\_\_ (Card Holder Signature)

**Tuition Information**

Physicians	\$550.00
Other UT Faculty (non-presenter)	\$425.00
Other Health Care Professionals	\$400.00 (Nurse Practitioners, Nurses, Physician Assistants)
Special Physician Rate for Saturday and Sunday only	\$400.00
Residents	\$250.00

(Need letter of validation from course director to accompany registration)

Tuition includes syllabus materials, breakfast, breaks & lunches. Confirmation of payment will be sent via email.

Meal Preferences: Vegetarian Yes \_\_\_ No \_\_\_

For other questions concerning registration please call:

Marilyn Ward at (901) 448-6032 · Fax (901) 448-8006 or email: [mward9@uthsc.edu](mailto:mward9@uthsc.edu) or:

Courtne Holliday at (901) 448-0240 · Fax (901) 448-0404 or email: [chollid3@uthsc.edu](mailto:chollid3@uthsc.edu)

Written notice of cancellation (mail or fax) must be received by March 5, 2012.

No registration fees will be refunded after March 5, 2012.

**Mail or fax your completed registration form and tuition to:**

Marilyn Ward,  
UT Family Medicine  
711 Jefferson, Suite 137  
Memphis, TN 38105,  
901-448-8006 (fax)