Creating Optimal Health: Integration of Medicine & Dentistry
Saturday, July 11, 2015
Franklin Marriott Cool Springs
700 Cool Springs Blvd. - Franklin, TN 37067

Tuition: $449.00 - Doctor
$249.00 - Auxiliary or Staff Member

Tuition includes beverages and any course handouts. Lunch is on your own. All tuition and fees are due in full at the time of registration. Class space is limited; registration is on a first-come, first-served basis. Registration less than 10 business days prior to the course is subject to available space and a $25 late registration fee.

For more course information or registration, call the UT Office of Continuing Dental Education at (901) 448-5386 or online

uthsc.edu/dentistry/CE

To view the cancellation/refund policy, visit http://www.uthsc.edu/dentistry/CE/refund.php
Medicine and Dentistry are at major crossroads ... blending Oral Health with General Health has numerous patient benefits. Thus, a unique opportunity exists by joining forces in defeating heart attacks, strokes and Type 2 Diabetes. Studies continue to emerge demonstrating that inflammation is the cause of arterial disease. While there are numerous sources of systemic inflammation which fuels arterial disease, one of the most prevalent is chronic inflammatory periodontal infection. Dentists and their teams must learn this unique responsibility within the world of preventive cardiovascular medicine and preventive periodontal medicine. This course will describe this new path for all clinicians. It will elucidate the new model of combating cardiovascular disease. Together we can win this war.

Oral health and general health participants will learn:

- Practical clinical tools to identify subclinical atherosclerosis.
- Why risk factor based prediction models are inferior to finding arterial disease.
- What non-cardiovascular health issues can be red flags for CVD risk.
- The evolving science placing inflammation as the driver of arterial disease.
- The need for a holistic approach to mitigate cardiovascular disease.
- What bio-markers exist to assess arterial inflammation.
- Why dentists are on the front lines in preventive medicine.
- How specific periodontal disease pathogens drive systemic inflammation.
- “3” things every dentist must know about Type II diabetes.
- Saliva tests every dentist must know in this new world of prevention.
- Oral health lowers health-care costs.
- The necessity of integrating medical and oral healthcare.

COURSE PRESENTERS

Bradley Bale, M.D., is an Adjunct Professor at Texas Tech Health Science Center, Medical Director of the Heart Health Program at Grace Clinic, Lubbock, Texas and runs a private practice in Gallatin, TN. Dr. Bradley Bale is one of the nation’s leading specialists in preventing heart attacks, stroke and diabetes. Since 2001, he’s given numerous presentations to medical and dental groups in the US and abroad.

Convinced that standard of care wasn’t doing enough to identify early stages of CVD and avert recurrences in heart attack and stroke survivors, he cofounded the Bale/Doneen Method with Amy Doneen in 2001. Four years ago this personalized approach of CV risk assessment and management evolved to an effectiveness level sufficient enough to allow them to attach a ‘guarantee’ to their clinical practices.

Their research on CVD prevention has been published in many respected medical journals. Dr. Bale is on the editorial board for the medical journal Healthcare in Low-resource Settings. Dr. Bale has also served as a reviewer for American Journal of Cardiology and the CDC’s Preventing Chronic Disease. Co-author Bale BF, Doneen AL (2014) Beat the Heart Attack Gene. Wiley General Trade, New York, NY. He was a keynote speaker at the 4th International Conference on Clinical and Experimental Cardiology April 14, 2014 in San Antonio, TX. (Disclosure: Cleveland Heart Lab, Speaker Consultant – Arterial Inflammation)

Amy L. Doneen, DNP, ARNP, is an international leader in preventing heart attacks, stroke, and diabetes. She is the co-founders of the Bale/ Doneen Method and the co-principle lecturer and researcher for this method of CVD Prevention. Her research on CVD prevention has been published in many respected medical journals as Atherosclerosis, Post Graduate Medicine, Journal of the National Medical Association, Journal of Clinical Lipidology, Cardiology Reviews, Physician’s Weekly, Cardiovascular Nursing, Dental Economics, Alternative Therapies in Health and Medicine and ADVANCE for Healthy Aging and others.

Having given well over a thousand lectures to global medical groups, including to the International Atherosclerosis Society, International Symposium on Atherosclerosis; Women’s Heart Symposium, American Heart Association, Cleveland Heart Lab, National Dental and Family Practice Organizations, she is a sought-after thought leader in vascular wellness. Doneen has served as a reviewer for medical journals on topics revolving around vascular imaging and served on the appropriate use committee for the Society of Atherosclerotic Imaging and Prevention. Doneen is the medical director of Heart Attack & Stroke Prevention Center and adjunct professor at Texas Tech Health Sciences School of Nursing. She is also the past chair of the Pacific Northwest Preventive Cardiovascular Nurses Association. (Disclosure: Cleveland Heart Lab, Speaker Consultant – Arterial Inflammation)

Thomas W. Nabors, DDS, FACD, lectured extensively for many years to numerous universities, numerous dental state meetings and associations, and physician groups on the subjects of the Oral/ Systemic Link, molecular diagnostics, and its practical application to periodontal disease, peri-implant diseases, genetics, risk management, classification and therapy.

His interest in microbiology, genetics, and molecular diagnostics spans 30 years. His experience in the clinical application of DNA-PCR (nucleic acid) tests and the founder of a molecular diagnostics CLIA certified clinical laboratory makes him uniquely qualified as an educator. He has published a number of articles related to molecular diagnostics, its clinical application, and the use of whole saliva as a diagnostics platform. Dr. Nabors saw the need for earlier and more accurate disease detection and management for periodontal infections. And, with the advancement of molecular diagnostics in medicine, he founded Oral DNA Labs, Inc. with the help of an experienced team in 2008. He also has a firm grasp on the relationships between periodontal pathogens and the risk for heart attack, stroke and diabetes. The pathogen reports that he created using DNA technology are confirmed by literature as causative agents for periodontal and peri-implant infections. Plus, more importantly, these same pathogen reports help to define the potential risks for heart attack and stroke. (No disclosures)