

THRIVING, NOT JUST SURVIVING

COLLEGE OF MEDICINE EVENTS | FEBRUARY 11–19

Please join the Campus in supporting you with the Spring #TakeCare Campaign events: “Thriving, Not Just Surviving.” These events are sponsored by SASSI, Student Life and the College of Medicine Wellness Committee. Please find the events listed below along with a flyer attached identifying each event, the locations, and online access, when available.

- **Thriving Fair** - Monday, Feb. 11th, SAC, 11:30 AM – 1:30 PM – Free Food (One & Only Barbeque, Vegetarian choices, also), games, prizes, Reiki, Massage, and Music.
- **Sweetheart Sundaes, Wed., Feb. 13th**, 11 AM – 1 PM, GEB
- **“Thriving in the Health Sciences” with Dr. Kwabena Blankson**, Thursday, Feb. 14th, 12 – 1 PM, GEB, A102, **Free food for first 100 students.** *Dr. Blankson is an URM physician and a veteran who works with Good Think, Inc. The link to his page and bio. can be found here. For students who cannot attend in person or want to watch online, [here](#) is the Mediasite link:*
<https://mediaserver.uthsc.edu/uthscms/Play/6325f3e641f54becb5ec56803aa30a591d>
- **More Thriving in Medical School - Break-Out Session for College of Medicine Students with Dr. Blankson**, Thursday, Feb. 14th, 1-2 PM, GEB, A102.
- **“Warrior Within” Student Panel**, Tuesday, Feb. 19th, 12 – 1 PM (GEB, A104), **Free food for first 50 students.** *These UTHSC “Warriors” will be sharing their stories and experiences that worked in thriving at UTHSC - how they met challenges and what worked, etc. For students who are off campus, here is the Mediasite information:*
<https://mediaserver.uthsc.edu/uthscms/Play/4a236b4c156942c0b74f2d10fd251f021d>