

Explanation of UTHSC MPOWER Sessions

1. Large Group Sessions
 - Office of Student Affairs will host four large group sessions throughout the year. M1 students will be the targeted audience and speakers will be invited to present on designated topics.
 - *See UTHSC MPOWER Session/Activity Structure for topics.*
2. Peer to Peer Sessions
 - M3/M4 Peer Advisors will host four peer to peer sessions throughout the year for the M1 and M2 students.
 - All UTHSC MPOWER students will meet collectively with their house for each peer to peer session.
 - *See UTHSC MPOWER Session/Activity Structure for topics and highlights/spotlights.*
3. House Activities
 - M2-M4 Peer Advisors and Residents of each house will host four house activities throughout the year for the M1 & M2 students in order to forge identities of the houses.
 - Peer Advisors will be given a list of M1 objectives to meet by the end of the academic year. The objectives will help you structure your house activities.
 - At least 1 house activity should include an activity with another house.
 - Office of Student Affairs will be available to assist, if needed.

Roles of House Members:

Faculty Mentors: (Including all Faculty Mentors, Research Faculty, MD/Ph.D faculty, and Military Faculty)

- Offer support and perspective to students in a group or individualized setting.
- Meet one on one with M1 students during the academic year to discuss professional and personal development, well-being, and answer any questions or concerns from the students.
- Work closely with the M2 Peer Advisors to create an environment of open, honest discussion, flexibility and mutual respect. Enhance student development as professionals through self-knowledge, career planning, professionalism, and humanism.
- Organize at least 4 social gatherings (2 in the fall and 2 in the spring) with your M1 and M2 students. Office of Student Affairs will pay for one social gathering/activity, at your discretion, for all students in your group (M1-M4 Students).
- Attend large group sessions if schedule permits.

M1 Students:

- Develop supportive relationships through faculty engagement to enhance academic success in a supportive team environment driven by an interactive discussion format.
- Attend four large group sessions sponsored by the Office of Student Affairs, four peer-to-peer sessions, and four house activities throughout the year focusing on various topics. Each session will last only one hour.
- Meet one on one with your faculty member at least one time during the academic year.

M2-M4 Peer Advisors and Residents

- M2 Peer Advisors will serve as a liaison to the faculty mentors, assist in scheduling at least four social outings throughout the year, and attend all peer-to-peer sessions and house activities.
- M3/M4 Peer Advisors and Residents will work with M2 Peer Advisors to create 4 house activities for the M1 students.
- M3/M4 Peer Advisors will create and sponsor all peer-to-peer sessions for the M1 and M2 students.
- *See UTHSC MPOWER Session/Activity Structure for topics and highlights/spotlights.*

Staff Support

Office of Student Affairs will be your point of contact for all UTHSC MPOWER activities:

- Dr. Brewer and Debbey Hester will be available to offer support and assistance to all students.
- Courtney Cook will be the point of contact and provide career counseling for M1 and M2 Students.
- Taylor Smith will be the point of contact for M3 and M4 Students.
- Dr. Ennis will be the point of contact for students with questions regarding research.