

### Lunch & Learn Webinar: Building Resilience in Children During COVID-19 Thursday, May 7, 2020 11:00 am – 1:00 pm

Hosted by Pastor Dianne Young Executive Director Family Advocate Center & Empowerment Services (F.A.C.E.S.) of Memphis

#### Panelists:

- ❖ Dr. Altha Stewart, UTHSC Sr. Associate Dean for Community Health Engagement, Director of the Center for Health in Justice Involved Youth (CHJIY)
- ❖ Ms. Keri Virgo, Director, Office of Children, Young Adults, and Families, Tennessee State Department of Mental Health and Substance Abuse Services









Resources

#### UTHSC Center for Health in Justice Involved Youth (CHJIY) Resources

• Family COVID-19 Mental Health UTHSC COVID-19 Facts for Kids (<a href="https://www.uthsc.edu/chjiy/mental-health-awareness.php">https://www.uthsc.edu/chjiy/mental-health-awareness.php</a>)

Family Advocate Center & Empowerment Services (F.A.C.E.S.) Resources

http://facesofmemphis.org/









Resources (cont.)

System of Care Across Tennessee (SOCAT) COVID-19 Resources <u>https://socacrosstn.org/topics/covid-19-articles/</u>

Tennessee Department of Mental Health and Substance Abuse Services COVID-19 Resources - <a href="https://www.tn.gov/behavioral-health/covid19.html">https://www.tn.gov/behavioral-health/covid19.html</a>

UTHSC Office of Community Health Engagement Coronavirus Disease Information & Resources - <a href="https://uthsc.edu/coronavirus/resources.php">https://uthsc.edu/coronavirus/resources.php</a>









Resources (cont.)

#### **Food Distribution Locations**

- Shelby County Schools/YMCA <a href="http://www.scsk12.org/coronavirusfacts/studentmeals">http://www.scsk12.org/coronavirusfacts/studentmeals</a>
- Mid-South Foodbank Scheduled Mobile Pantry Distributions https://www.midsouthfoodbank.org/coronavirus-response

United Way of the Mid-South - <a href="https://www.uwmidsouth.org/covid-19/#relief">https://www.uwmidsouth.org/covid-19/#relief</a>

COVID-19 Testing Sites in Shelby County - <a href="https://covid19.memphistn.gov/resources/covid-19-testing-sites-in-shelby-county/">https://covid19.memphistn.gov/resources/covid-19-testing-sites-in-shelby-county/</a>









Resources (cont.)

24/7 Crisis Line: If you are experiencing a mental health emergency, call now for confidential help from a mental health professional in your area: 855-CRISIS-1 or 855-274-7471. For non-emergencies, call our Helpline at 800-560-5767 or email <a href="https://oca.ncbi.nlm.nih.gov">OCA.TDMHSAS@tn.gov</a>.

Office of Minority Health Disparities and Elimination - <a href="https://www.tn.gov/health/health-program-areas/dmhde/office-reports-/resources-for-parents-and-families.html">https://www.tn.gov/health/health-program-areas/dmhde/office-reports-/resources-for-parents-and-families.html</a>









**Q&A** 

For questions that are not addressed during the session, please click the following link and complete the attached form: <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=2RNYUX1x3UWeypqhnAnW-RNt3kT9M1ICttqfQJ06FEtURDBFNTJQVIZFSFczSIQ2SjY2RUFGM0tNRS4u">https://forms.office.com/Pages/ResponsePage.aspx?id=2RNYUX1x3UWeypqhnAnW-RNt3kT9M1ICttqfQJ06FEtURDBFNTJQVIZFSFczSIQ2SjY2RUFGM0tNRS4u</a>

If you are a telephone participant, you can contact Dr. Melody Princes-Kelley at 901-448-3452 or email her at <a href="mailto:mprinces@uthsc.edu">mprinces@uthsc.edu</a>. You will be contacted within 5 business days of receipt.

Remember to complete the post-event survey (click the following link <a href="https://resilienceandcovid19.questionpro.com">https://resilienceandcovid19.questionpro.com</a>), your feedback counts!

**NOTE:** If you want a certificate of completion you MUST complete the survey and it will be sent within 10 days.









# Thank you again for your time and support of Children's Mental Health in Memphis. Stay safe and healthy!





