

Choosing a Specialty

The Five Ps:

- Patients: who are the **people** you'll be seeing?
- Pathology: which the **disease states** you'll address?
- Procedures: what will **your hands** be doing?
- Personality: who are **your colleagues** in the field?
- **Presence: Passion, "Gut", Reality Check**

Procedural

vs

Non-Procedural

Surgical vs Medicine

Why??

Intellectual Stimulation

Role models

Personality

Passion/GUT!!!!!!

When???

- Later part of M3/early M4 year!

Surgical vs Medicine ED

General

Sub Specialty

Ophthalmology

Urology

ENT

Orthopedics

Plastics

Neurosurgery

General

Sub Specialty

- Cardiology
- GI
- Nephrology
- ID
- Rheumatology
- Endocrinology
- Heme Onc

Academic vs. Non-Academic Focus

UNSURE???

- Maximize your opportunities/Seek opportunities
- Work hard
- BE PROACTIVE -Find a Mentor
(Advisor, Network, Advocate, Friend)
- Always have your CV READY!!!!!!

MENTOR

- Advisor: consultant for career decisions
- Network:
- Advocate: gratefully request and accept support
- Friend: life-long relationship
- Faculty from M1, M2, research, clerkship attending

Maximize Opportunities

- Build your Portfolio

Change is OK

- Options
- Transitional Year
- Preliminary Year